

Table T129-F

Mondays to Fridays

21 May to 7 December

Shrewsbury - Swansea

Miles		AW ◇	AW ◇	AW ◇	AW ◇	AW ◇	AW ◇													
0	Shrewsbury	d	04 49			05 56	10 09	14 05	18 24											
12½	Church Stretton	d	05 07			06 14	10 27	14 23	18 42											
20	Craven Arms	d	05 18			06 26	10 37	14 34	18 54											
22½	Broome	d				06x32	10x43	14x40	19x00											
25	Hopton Heath	d				06x36	10x47	14x44	19x04											
28	Bucknell	d				06x41	10x52	14x49	19x09											
32½	Knighton	a	05 37			06 47	10 59	14 55	19 15											
—		d	05 40			06 56	11 01	14 58	19 18											
34½	Knucklas	d				07x02	11x07	15x03	19x23											
38½	Llangynllo	d				07x10	11x15	15x11	19x31											
41½	Llanbister Road	d				07x15	11x20	15x16	19x36											
45½	Dolau	d				07x21	11x26	15x22	19x42											
48½	Pen-y-bont	d				07x25	11x30	15x27	19x47											
51½	Llandrindod	a	06 14			07 34	11 39	15 36	19 56											
—		d				07 35	12 00	15 41	19 56											
57½	Builth Road	d				07x44	12x09	15x50	20x06											
59½	Cilmeri	d				07x48	12x13	15x54	20x09											
63	Garth (Powys)	d				07x53	12x18	15x59	20x15											
64½	Llangammarch	d				07x57	12x22	16x03	20x19											
68	Llanwrtyd	a				08 03	12 28	16 09	20 25											
—		d				08 09	12 31	16 23	20 30											
70½	Sugar Loaf	d				08x15	12x37	16x29	20x37											
74½	Cyngordy	d				08x22	12x44	16x36	20x44											
79½	Llandovery	a				08 32	12 54	16 46	20 53											
—		d		06 42		08 34	12 56	16 48	20 56											
83½	Llanwrda	d		06x48		08x40	13x02	16x54	21x02											
85	Llangadog	d		06x52		08x44	13x06	16x58	21x06											
90½	Llandeilo	a		07 01		08 53	13 15	17 07	21 15											
—		d		07 03		08 56	13 18	17 10	21 17											
91½	Ffairfach	d		07 06		08 58	13 20	17 12	21 20											
95½	Llandybie	d		07x13		09x06	13x28	17x20	21x27											
97½	Ammanford	d		07x18		09x10	13x32	17x24	21x32											
98½	Pantyffynnon	d		07 21		09 13	13 35	17 27	21 35											
103½	Pontarddulais	d		07x28		09x20	13x42	17x34	21x42											
105½	Llangennech	d		07x32		09x25	13x47	17x39	21x46											
107½	Bynea	d		07x36		09x28	13x50	17x42	21x50											
110½	Llanelli	a		07 41		09 33	13 58	17 47	21 55											
116	Gowerton	a		07 54		09 46	14 11	17 59	22 08											
121½	Swansea	a		08 08		10 01	14 25	18 14	22 25											

Saturdays

26 May to 8 December

	AW ◇	AW ◇	AW ◇	AW ◇																
Shrewsbury	d	05 16	09 00	13 58	17 57															
Church Stretton	d	05 33	09 19	14 16	18 13															
Craven Arms	d	05 47	09 29	14 26	18 24															
Broome	d	05x52	09x35	14x37	18x30															
Hopton Heath	d	05x56	09x39	14x41	18x34															
Bucknell	d	06x00	09x44	14x46	18x39															
Knighton	a	06 07	09 51	14 53	18 46															
—	d	06 12	09 53	14 55	18 48															
Knucklas	d	06x17	09x59	15x01	18x54															
Llangynllo	d	06x25	10x07	15x09	19x02															
Llanbister Road	d	06x30	10x12	15x14	19x07															
Dolau	d	06x35	10x18	15x20	19x13															
Pen-y-bont	d	06x39	10x22	15x24	19x17															
Llandrindod	a	06 46	10 31	15 33	19 26															
—	d	06 54	10 34	15 40	19 27															
Builth Road	d	07x03	10x41	15x49	19x36															
Cilmeri	d	07x06	10x45	15x53	19x40															
Garth (Powys)	d	07x11	10x50	15x58	19x45															
Llangammarch	d	07x14	10x54	16x02	19x49															
Llanwrtyd	a	07 20	11 00	16 08	19 55															
—	d	07 23	11 07	16 11	20 08															
Sugar Loaf	d	07x29	11x13	16x17	20x15															
Cyngordy	d	07x35	11x20	16x24	20x22															
Llandovery	a	07 45	11 30	16 34	20 31															
—	d	07 47	11 32	16 36	20 34															
Llanwrda	d	07x53	11x38	16x42	20x40															
Llangadog	d	07x56	11x42	16x46	20x44															
Llandeilo	a	08 05	11 51	16 55	20 53															
—	d	08 08	11 54	16 58	20 55															
Ffairfach	d	08 10	11 56	17 00	20 58															
Llandybie	d	08x18	12x04	17x08	21x05															
Ammanford	d	08x22	12x08	17x12	21x10															
Pantyffynnon	d	08 25	12 11	17 15	21 13															
Pontarddulais	d	08x32	12x18	17x22	21x20															
Llangennech	d	08x37	12x23	17x27	21x24															
Bynea	d	08x40	12x26	17x30	21x28															
Llanelli	a	08 48	12 35	17 35	21 33															
—	d	08 48	12 35	17 35	21 33															
Gowerton	a	09 04		17 47	21 46															
Swansea	a	09 22	13 01	18 09	22 06															

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Table T129-F

**Sundays**

20 May to 2 December

**Shrewsbury - Swansea**

	AW	AW																		
	◇	◇																		
<b>Shrewsbury</b> .....	d 12 04	16 18																		
Church Stretton .....	d 12 22	16 36																		
Craven Arms .....	d 12 33	16 47																		
Broome .....	d 12x39	16x53																		
Hopton Heath .....	d 12x43	16x57																		
Bucknell .....	d 12x48	17x02																		
Knighton .....	a 12 55	17 08																		
	d 12 57	17 11																		
Knucklas .....	d 13x03	17x16																		
Llangynllo .....	d 13x11	17x24																		
Llanbister Road .....	d 13x16	17x29																		
Dolau .....	d 13x22	17x35																		
Pen-y-bont .....	d 13x26	17x40																		
Llandrindod .....	a 13 35	17 49																		
	d 13 41	18 03																		
Builth Road .....	d 13x50	18x13																		
Cilmeri .....	d 13x54	18x16																		
Garth (Powys) .....	d 13x59	18x22																		
Llangammarch .....	d 14x03	18x26																		
Llanwrtyd .....	a 14 09	18 32																		
	d 14 12	18 34																		
Sugar Loaf .....	d 14x18	18x41																		
Cynghordy .....	d 14x25	18x48																		
Llandovery .....	a 14 35	18 57																		
	d 14 37	19 00																		
Llanwrda .....	d 14x43	19x06																		
Llangadog .....	d 14x47	19x10																		
Llandeilo .....	a 14 56	19 19																		
	d 14 59	19 21																		
Ffairfach .....	d 15 01	19 24																		
Llandybie .....	d 15x09	19x31																		
Ammanford .....	d 15x13	19x36																		
Pantyyfynnon .....	d 15 16	19 39																		
Pontarddulais .....	d 15x23	19x46																		
Llangennech .....	d 15x28	19x50																		
Bynea .....	d 15x31	19x54																		
Llanelli .....	a 15 37	19 59																		
Gowerton .....	a 15 50	20 11																		
<b>Swansea</b> .....	a 16 03	20 25																		

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Table T129-R

Mondays to Fridays

21 May to 7 December

Swansea - Shrewsbury

Miles		AW	AW	AW	AW	AW	AW													
		◇	◇	◇	◇	◇	◇													
0	Swansea	d			06 04	09 34	14 35	18 21												
5½	Gowerton	d			06 15	09 45		18 32												
11¼	Llanelli	d	05 20		06 25	09 55	14 53	18 42												
14	Bynea	d	05x23		06x28	09x58	14x56	18x45												
16	Llangennech	d	05x27		06x32	10x02	15x00	18x49												
18½	Pontarddulais	d	05x31		06x37	10x06	15x05	18x53												
23	Pantyyffynnon	d	05 39		06 44	10 14	15 12	19 01												
24¼	Ammanford	d	05 42		06 47	10 17	15 15	19 04												
26	Llandybie	d	05 46		06 52	10 21	15 20	19 08												
30	Ffairfach	d	05x54		06x59	10x29	15x27	19x16												
30¾	Llandeilo	a	05 56		07 02	10 31	15 30	19 18												
—		d	05 59		07 06	10 34	15 32	19 21												
36¼	Llangadog	d	06 08		07 16	10 43	15 42	19 30												
38½	Llanwrda	d	06 12		07 19	10 47	15 45	19 34												
42	Llandovery	a	06 22		07 26	10 53	15 52	19 40												
—		d			07 28	10 56	15 54	19 43												
46¼	Cynghordy	d			07x37	11x04	16x03	19x51												
49½	Sugar Loaf	d			07x45	11x13	16x11	20x00												
53¼	Llanwrtyd	a			07 51	11 19	16 17	20 06												
—		d			08 08	11 21	16 24	20 31												
56¼	Llangammarch	d			08x14	11x27	16x30	20x37												
58½	Garth (Powys)	d			08x18	11x31	16x34	20x41												
62	Cilmeri	d			08x23	11x37	16x39	20x47												
64	Builth Road	d			08x27	11x40	16x43	20x50												
69¼	Llandrindod	d			08 38	11 52	16 54	21 02												
—		a		06 18	08 45	12 01	16 59	21 19												
73¼	Pen-y-bont	d		06x25	08x52	12x09	17x06	21x27												
76¼	Dolau	d		06 30	08 57	12 14	17 11	21 32												
79¼	Llanbister Road	d		06x36	09x03	12x20	17x17	21x38												
82¼	Llangynllo	d		06x42	09x09	12x25	17x23	21x43												
86¼	Knucklas	d		06x48	09x15	12x32	17x29	21x50												
89¼	Knighton	a		06 54	09 21	12 37	17 35	21 55												
—		d		07 03	09 23	12 40	17 37	21 58												
93¼	Bucknell	d		07 09	09 29	12 46	17 43	22 04												
96¼	Hopton Heath	d		07x14	09x34	12x50	17x48	22x08												
99	Broome	d		07x18	09x38	12x55	17x52	22x13												
101¼	Craven Arms	a		07 27	09 46	13 02	17 59	22 20												
108¼	Church Stretton	a		07 42	09 58	13 17	18 12	22 35												
121¼	Shrewsbury	a		07 57	10 14	13 32	18 28	22 54												

Saturdays

26 May to 8 December

	AW	AW	AW	AW																
	◇	◇	◇	◇																
Swansea	d	04 31	09 15	13 12	18 17															
Gowerton	d	04 42	09 26	13 23	18 28															
Llanelli	d	04 50	09 34	13 32	18 40															
Bynea	d	04x55	09x39	13x37	18x44															
Llangennech	d	04x58	09x43	13x41	18x48															
Pontarddulais	d	05x02	09x47	13x46	18x52															
Pantyyffynnon	d	05 10	09 55	13 53	18 59															
Ammanford	d	05 13	09 58	13 56	19 02															
Llandybie	d	05 17	10 02	14 01	19 07															
Ffairfach	d	05x24	10x10	14x08	19x14															
Llandeilo	a	05 27	10 12	14 11	19 16															
—	d	05 29	10 15	14 13	19 19															
Llangadog	d	05 39	10 24	14 23	19 28															
Llanwrda	d	05 42	10 28	14 26	19 32															
Llandovery	a	05 49	10 34	14 33	19 38															
—	d	05 51	10 37	14 35	19 41															
Cynghordy	d	05x59	10x45	14x44	19x49															
Sugar Loaf	d	06x07	10x54	14x52	19x57															
Llanwrtyd	a	06 13	11 00	14 58	20 03															
—	d	06 16	11 05	15 01	20 08															
Llangammarch	d	06x21	11x11	15x07	20x14															
Garth (Powys)	d	06x25	11x15	15x11	20x18															
Cilmeri	d	06x30	11x21	15x16	20x23															
Builth Road	d	06x33	11x24	15x20	20x26															
Llandrindod	a	06 44	11 36	15 31	20 37															
—	d	06 55	11 40	15 42	20 42															
Pen-y-bont	d	07x02	11x48	15x50	20x49															
Dolau	d	07x07	11 53	15 55	20 54															
Llanbister Road	d	07x13	11x59	16x01	20x59															
Llangynllo	d	07x18	12x05	16x06	21x04															
Knucklas	d	07x24	12x11	16x13	21x10															
Knighton	a	07 29	12 16	16 18	21 16															
—	d	07 32	12 18	16 21	21 18															
Bucknell	d	07 38	12 24	16 27	21 24															
Hopton Heath	d	07x42	12x28	16x31	21x28															
Broome	d	07x46	12x32	16x36	21x32															
Craven Arms	a	07 53	12 40	16 42	21 39															
Church Stretton	a	08 06	12 53	16 55	21 52															
Shrewsbury	a	08 22	13 09	17 11	22 08															

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Table T129-R

**Sundays**

20 May to 2 December

**Swansea - Shrewsbury**

	AW	AW																		
	◇	◇																		
Swansea	d 11 12	15 29																		
Gowerton	d 11 20	15 39																		
Llanelli	d 11 32	15 49																		
Bynea	d 11x37	15x54																		
Llangennech	d 11x41	15x58																		
Pontarddulais	d 11x45	16x05																		
Pantyyfynnon	d 11 53	16 12																		
Ammanford	d 11 56	16 15																		
Llandybie	d 12 00	16 20																		
Ffairfach	d 12x08	16x27																		
Llandeilo	a 12 10	16 30																		
	d 12 13	16 32																		
Llangadog	d 12 22	16 42																		
Llanwrda	d 12 26	16 45																		
Llandovery	a 12 32	16 52																		
	d 12 35	16 54																		
Cynghordy	d 12x43	17x03																		
Sugar Loaf	d 12x52	17x11																		
Llanwrtyd	a 12 58	17 17																		
	d 13 00	17 20																		
Llangammarch	d 13x06	17x26																		
Garth (Powys)	d 13x10	17x30																		
Cilmeri	d 13x16	17x35																		
Builth Road	d 13x19	17x39																		
Llandrindod	a 13 31	17 50																		
	d 13 43	18 01																		
Pen-y-bont	d 13x51	18x09																		
Dolau	d 13 56	18 14																		
Llanbister Road	d 14x02	18x20																		
Llangynllo	d 14x07	18x25																		
Knucklas	d 14x14	18x32																		
Knighton	a 14 19	18 37																		
	d 14 22	18 40																		
Bucknell	d 14 28	18 46																		
Hopton Heath	d 14x32	18x50																		
Broome	d 14x37	18x55																		
Craven Arms	a 14 44	19 02																		
Church Stretton	a 14 57	19 17																		
Shrewsbury	a 15 12	19 38																		

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