

Table T130-F

Mondays to Fridays

21 May to 7 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

Miles	Miles	Miles	Miles	Miles		AW MX A	AW B	AW	AW	AW C	AW D	AW E	AW F	AW G	AW H	AW E	AW I	AW J	AW H
0	—	—	—	—	Treherbert	d					05 46								
0½	—	—	—	—	Ynyswen	d					05 48								
1¼	—	—	—	—	Treorchy	d					05 50								
2¾	—	—	—	—	Ton Pentre	d					05 52								
3¼	—	—	—	—	Ystrad Rhondda	a					05 55								
—	—	—	—	—		d					05 58								
4½	—	—	—	—	Llwynypia	d					06 00								
5½	—	—	—	—	Tonypanyd	d					06 03								
6	—	—	—	—	Dinas Rhondda	d					06 05								
7½	—	—	—	—	Porth	a					06 08								
—	—	—	—	—		d					06 09								
8¼	—	—	—	—	Trehafoed	d					06 12								
—	—	0	—	—	Merthyr Tydfil	d													
—	—	1½	—	—	Pentre-bach	d													
—	—	2¼	—	—	Troed Y Rhiw	d													
—	—	4½	—	—	Merthyr Vale	a													
—	—	6¼	—	—	Quakers Yard	d													
—	—	—	—	0	Aberdare	d													
—	—	—	—	1½	Cwmbach	d													
—	—	—	—	2¼	Fernhill	d													
—	—	—	—	3¼	Mountain Ash	a													
—	—	—	—	—		d													
—	—	—	—	5	Penrhiwceiber	d													
—	—	8¼	—	7¼	Abercynon	d													
10¼	—	11¼	—	11	Pontypridd	a					06 17								
—	—	—	—	—		d					06 18								
11½	—	—	—	—	Trefforest	d			05 18		06 21								
—	—	—	—	—	Trefforest Estate	d			05 21		06 21								
14	—	—	—	—	Taffs Well	d			05 25		06 28								
16¼	—	—	—	—	Radyr	d			05 28		06 31							06 53	06 53
18¼	—	—	0	—		a			05 31		06 31							06 56	06 56
—	—	—	—	—		d			05 31		06 31							07 04	07 04
—	—	—	1½	—	Danescourt	d												↔	↔
—	—	—	2	—	Fairwater	d													
—	—	—	2¼	—	Wauan-gron Park	d													
—	—	—	3¼	—	Ninian Park	d													
19¼	—	—	—	—	Llandaf	d			05 34		06 34								
21¼	—	—	—	—	Cathays	d			05 39		06 39								
—	—	0	—	—	Rhymney	d								06 08	06 08	06 32	06 32		07 00
—	—	1	—	—	Pontlottyn	d								06 11	06 11	06 35	06 35		07 03
—	—	3½	—	—	Tir-phil	d								06 16	06 16	06 40	06 40		07 08
—	—	4½	—	—	Brithdir	d								06 18	06 18	06 42	06 42		07 10
—	—	6	—	—	Bargoed	a								06 22	06 22	06 46	06 46		07 14
—	—	—	—	—		d								06 25	06 25	06 46	06 46	07 02	07 15
—	—	6½	—	—	Gilfach Fargoed	d								06 28	06 28		07 04		07 18
—	—	7½	—	—	Pengam	d								06 30	06 30	06 51	06 51	07 07	07 20
—	—	9¼	—	—	Hengoed	d								06 34	06 34	06 54	06 54	07 10	07 24
—	—	10½	—	—	Ystrad Mynach	d								06 37	06 37	06 57	06 57	07 13	07 27
—	—	13	—	—	Llanbradach	d								06 41	06 41	07 01	07 01	07 18	07 31
—	—	14¼	—	—	Energlyn & Churchill Park	d								06 45	06 45	07 05	07 05		07 35
—	—	15	—	—	Aber	d								06 47	06 47	07 08	07 08	07 23	07 38
—	—	15¼	—	—	Caerphilly	d				06 10				06 50	06 50	07 10	07 10	07 25	07 40
—	—	18¼	—	—	Lisvane & Thornhill	d				06 14				06 54	06 54	07 15	07 15	07 30	07 45
—	—	19¼	—	—	Llanishen	d				06 16				06 56	06 56	07 17	07 17	07 32	07 47
—	—	20¼	—	—	Heath High Level	d				06 19				06 59	06 59	07 20	07 20	07 35	07 50
—	—	0	—	—	Coryton	d								06 45					
—	—	0½	—	—	Whitchurch (Cardiff)	d								06 46					
—	—	0½	—	—	Rhiwbina	d								06 48					
—	—	1¼	—	—	Birchgrove	d								06 50					
—	—	1½	—	—	Ty Glas	d								06 51					
—	—	2¼	—	—	Heath Low Level	d								06 54					
22¼	22¼	4¼	—	—	Cardiff Queen Street	a	00 01		05 43		06 25	06 43		06 59	07 04	07 04	07 25	07 25	07 40
—	—	—	—	—		d			05 45		06 26	06 45		07 01	07 05	07 05	07 26	07 26	07 41
23	23¼	—	4¼	—	Cardiff Central	a	00 05		05 48		06 29	06 49		07 04	07 08	07 08	↔	↔	↔
—	—	—	—	—		d			05 20	05 41	05 55	06 41		07 10					
24	24¼	—	—	—	Grangetown	d			05 24	05 45	05 59	06 45		06 59	07 05				
—	—	26¼	—	—	Dingle Road	d								07 11					
—	—	27	—	—	Penarth	a								07 16					
25¼	—	—	—	—	Cogan	d			05 28	05 48	06 03	06 48		07 03					
26¼	—	—	—	—	Eastbrook	d			05 30	05 51	06 05	06 51		07 05					
27¼	—	—	—	—	Dinas Powys	d			05 32	05 53	06 07	06 53		07 07					
29¼	—	—	—	—	Cadoxton	d			05 37	05 57	06 12	06 57		07 12					
30¼	—	—	—	—	Barry Docks	d			05 39	06 00	06 14	06 57		07 14					
31¼	—	0	—	—	Barry	a			05 44	06 05	06 19	06 57		07 19					
32¼	—	—	—	—	Barry Island	a			05 50		06 25	06 55		07 25					
—	—	3¼	—	—	Rhoose Cardiff Int Airport	d			06 12		07 12								
—	—	9¼	—	—	Llantwit Major	d			06 23		07 22								
—	—	19	—	—	Bridgend	a			06 40		07 39								

- A From Cardiff Bay
- B From Cardiff Canton Sidings
- C From Barry Island
- D From Hereford
- E To Rhymney
- F From Barry Island to Radyr
- G To Aberdare
- H To Treherbert
- I From Cardiff Canton Sidings to Rhymney
- J To Coryton

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

21 May to 7 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW A	AW B	AW C	AW D	AW B	AW A	AW E	AW F		AW G	AW H	AW I	AW J	AW K	AW L	AW M	AW		AW G	AW N	AW F
Treherbert	d						06 16											06 46				
Ynyswen	d						06 18											06 48				
Treorchy	d						06 20											06 50				
Ton Pentre	d						06 22											06 52				
Ystrad Rhondda	a						06 25											06 55				
	d						06 28											06 58				
Llwynypia	d						06 30											07 00				
Tonypanyd	d						06 33											07 03				
Dinas Rhondda	d						06 35											07 05				
Porth	a						06 38											07 08				
	d						06 39											07 09				
Trehafod	d						06 42											07 12				
Merthyr Tydfil	d														06 38							
Pentre-bach	d														06 42							
Troed Y Rhiw	d														06 45							
Merthyr Vale	a														06 48							
	d														06 50							
Quakers Yard	d														06 55							
Aberdare	d								06 22													06 52
Cwmbach	d								06 25													06 55
Fernhill	d								06 28													06 58
Mountain Ash	a								06 31													07 01
	d								06 34													07 04
Penrhiwceiber	d								06 37													07 07
Abercynon	d								06 45													07 15
Pontypridd	a						06 47															07 07
	d						06 48															07 08
Trefforest	d						06 51															07 11
Trefforest Estate	d								06 54													07 15
Taffs Well	d						06 58															07 19
Radyr	a						07 01		06 56													07 23
	d						07 01		07 04													07 23
Danescourt	d								07 08													07 31
Fairwater	d								07 08													07 31
Waun-gron Park	d								07 10													07 38
Ninian Park	d								07 12													07 38
	d								07 15													07 45
Llandaf	d						07 04															07 41
Cathays	d						07 09								07 31			07 40				07 46
Rhymney	d	07 00		07 24	07 42																	
Pontllynn	d	07 03		07 27	07 45																	
Tir-phil	d	07 08		07 32	07 50																	
Brithdir	d	07 10		07 34	07 52																	
Bargoed	a	07 14		07 38	07 59		08 31															
	d	07 15	07 32	07 42	08 00	08 15	08 32															
Gilfach Fargoed	d	07 18		07 45		08 18																
Pengam	d	07 20	07 37	07 48	08 05	08 20	08 37															
Hengoed	d	07 24	07 40	07 52	08 09	08 24	08 40															
Ystrad Mynach	d	07 27	07 43	07 55	08 12	08 27	08 43															
Llanbradach	d	07 31	07 48	08 00	08 16	08 31	08 48															
Energlyn & Churchill Park	d	07 35		08 04	08 20	08 35																
Aber	d	07 38	07 53	08 07	08 22	08 37	08 52															
Caerphilly	d	07 40	07 55	08 10	08 25	08 40	08 55															
Lisvane & Thornhill	d	07 45	08 00	08 15	08 29	08 44	08 59															
Llanishen	d	07 47	08 02	08 18	08 31	08 46	09 01															
Heath High Level	d	07 50	08 05	08 21	08 34	08 49	09 04															
Coryton	d								07 45													07 15
Whitchurch (Cardiff)	d								07 46													07 16
Rhiwbina	d								07 48													07 18
Birchgrove	d								07 50													07 20
Ty Glas	d								07 51													07 21
Heath Low Level	d								07 54													07 24
Cardiff Queen Street	a	07 55	08 09	08 25	08 39	08 54	09 09		07 59	07 19		07 25	07 29	07 34	07 40	07 45						08 15
	d	07 56	08 11	08 26	08 41	08 56	09 11		08 01	07 21		07 26	07 31	07 36	07 41	07 46						08 16
Cardiff Central	a								07 20			07 29	07 34	07 38	07 44	07 51						08 32
	d								07 25			07 31	07 35	07 41	07 46							08 33
Grangetown	d								07 29			07 35	07 41	07 46								08 33
Dingle Road	d											07 41	07 46	07 50								08 33
Penarth	a											07 46	07 51	07 56								08 33
Cogan	d																					08 03
Eastbrook	d																					08 05
Dinas Powys	d																					08 07
Cadoxton	d																					08 12
Barry Docks	d																					08 14
Barry	d																					08 19
	d																					08 19
Barry Island	a																					08 25
Rhoose Cardiff Int Airport	a																					08 25
Llantwit Major	d																					08 22
Bridgend	a																					08 39

- A To Bargoed
- B From Cardiff Central to Bargoed
- C To Penarth
- D To Cardiff Central
- E From Taffs Well to Coryton
- F From Taffs Well to Radyr
- G From Rhymney to Treherbert
- H From Rhymney to Penarth continues to Rhymney
- I From Cardiff Central to Radyr
- J From Cardiff Central
- K From Cardiff Canton Sidings to Rhymney
- L From Carmarthen
- M To Radyr
- N From Rhymney to Bargoed

When events are being

Table T130-F

Mondays to Fridays

21 May to 7 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW B	AW C	AW	AW A	AW	AW	AW D	AW E	AW A	AW B	AW D	AW A	AW	AW C	AW E	AW F	AW G	AW	AW A	AW	
Treherbert	d			07 16										07 45							08 16	
Ynyswen	d			07 18										07 47							08 18	
Treorchy	d			07 20										07 49							08 20	
Ton Pentre	d			07 22										07 51							08 22	
Ystrad Rhondda	d			07 25										07 54							08 25	
Llwynypia	d			07 28										07 58							08 28	
Tonypanyd	d			07 30										08 00							08 30	
Dinas Rhondda	d			07 33										08 03							08 33	
Porth	d			07 36										08 05							08 35	
Trehafod	d			07 39										08 08							08 38	
	d			07 40										08 09							08 39	
	d			07 43										08 12							08 42	
Merthyr Tydfil	d	07 08										07 38									08 08	
Pentre-bach	d	07 12										07 42									08 12	
Troed Y Rhiw	d	07 15										07 45									08 15	
Merthyr Vale	a	07 18										07 48									08 18	
	d	07 20										07 50									08 20	
Quakers Yard	d	07 25										07 55									08 25	
Aberdare	d					07 22										07 52						08 22
Cwmbach	d					07 25										07 55						08 25
Fernhill	d					07 28										07 58						08 28
Mountain Ash	a					07 31										08 01						08 31
	d					07 34										08 04						08 34
Penrhiwceiber	d					07 37										08 07						08 37
Abercynon	d	07 30				07 45						08 00				08 15				08 30		08 45
Pontypridd	a	07 37		07 48		07 53						08 07		08 17		08 23				08 37		08 47
	d	07 38		07 49		07 54						08 08		08 18		08 24				08 38		08 48
Trefforest	d	07 41		07 52		07 57						08 11		08 21		08 27				08 41		08 51
Trefforest Estate	d	07 45										08 15								08 45		08 57
Taffs Well	d	07 49		07 59		08 04						08 19		08 28		08 34				08 49		08 58
Radyr	a	07 53		08 03		08 08						08 23		08 31		08 38				08 53		09 01
	d	07 53		08 03		08 04	08 08	08 13				08 23		08 31		08 34	08 38			08 53		09 01
Danescourt	d					08 08										08 38						09 08
Fairwater	d					08 10										08 40						09 10
Waun-gron Park	d					08 12										08 42						09 12
Ninian Park	d					08 15										08 45						09 15
Llandaf	d	07 56		08 06				08 16				08 26		08 34		08 41				08 56		09 04
Cathays	d	08 01		08 11		08 15		08 20				08 31		08 39		08 46				09 01		09 09
Rhymney	d																					09 11
Pontlottyn	d																					09 16
Tir-phil	d																					09 21
Brithdir	d																					09 26
Bargoed	a																					09 31
	d																					09 36
Gilfach Fargoed	d																					09 41
Pengam	d																					09 46
Hengoed	d																					09 51
Ystrad Mynach	d																					09 56
Llanbradach	d																					10 01
Energlyn & Churchill Park	d																					10 06
Aber	d																					10 11
Caerphilly	d																					10 16
Lisvane & Thornhill	d																					10 21
Llanishen	d																					10 26
Heath High Level	d																					10 31
Coryton	d	07 45				08 45								09 15								09 45
Whitchurch (Cardiff)	d	07 46				08 46								09 16								09 46
Rhiwbina	d	07 48				08 48								09 18								09 48
Birchgrove	d	07 50				08 50								09 20								09 50
Ty Glas	d	07 51				08 51								09 21								09 51
Heath Low Level	d	07 54				08 54								09 24								09 54
Cardiff Queen Street	a	07 59	08 04	08 09	08 14	08 19	08 18	08 23	08 25	08 32	08 32	08 34	08 39	08 44	09 29	08 49	08 54	08 59	09 04	09 09	09 14	09 19
	d	08 01	08 06	08 11	08 15	09 01	08 19	08 24	08 26	08 33	08 33	08 36	08 41	08 46	09 31	08 51	08 56	09 01	09 06	09 11	09 16	09 21
Cardiff Central	a	08 04	08 09	08 14	08 21	→	08 22	08 30	08 29	08 36	08 36	08 39	08 47	08 52	→	08 54	08 59	09 04	09 09	09 14	09 21	→
	d	08 10	08 16				08 25	08 31				08 41				08 55	09 01	09 10	09 16			09 25
Grangetown	d	08 14	08 20				08 29	08 35				08 45				08 59	09 05	09 14	09 20			09 29
Dingle Road	d		08 26					08 41									09 11			09 26		
Penarth	a		08 32					08 46									09 17			09 31		
Cogan	d	08 18				08 33						08 48				09 03				09 18		09 33
Eastbrook	d	08 20				08 35						08 51				09 05				09 20		09 35
Dinas Powys	d	08 22				08 37						08 53				09 07				09 22		09 37
Cadoxton	d	08 27				08 42						08 57				09 12				09 27		09 42
Barry Docks	d	08 29				08 44						08 59				09 14				09 29		09 44
Barry	d	08 34				08 49						09 03				09 19				09 34		09 49
Barry Island	a	08 40				08 55										09 25				09 40		09 55
Rhose Cardiff Int Airport	d											09 10										
Llantwit Major	d											09 19										
Bridgend	a											09 36										

Table T130-F

Mondays to Fridays

21 May to 7 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW B	AW C	AW B	AW D	AW E	AW A	AW B	AW C	AW E	AW B	AW A	AW B	AW C	AW F	AW					
Treherbert	d		08 46							09 16						09 46					
Ynyswen	d		08 48							09 18						09 48					
Treorchy	d		08 50							09 20						09 50					
Ton Pentre	d		08 52							09 22						09 52					
Ystrad Rhondda	a		08 55							09 25						09 55					
	d		08 58							09 28						09 58					
Llwynypia	d		09 00							09 30						10 00					
Tonypanyd	d		09 03							09 33						10 03					
Dinas Rhondda	d		09 05							09 35						10 05					
Porth	a		09 08							09 38						10 08					
	d		09 09							09 39						10 09					
Trehafof	d		09 12							09 42						10 12					
Merthyr Tydfil	d		08 38						09 08						09 38						
Pentre-bach	d		08 42						09 12						09 42						
Troed Y Rhiw	d		08 45						09 15						09 45						
Merthyr Vale	a		08 48						09 18						09 48						
	d		08 50						09 20						09 50						
Quakers Yard	d		08 55						09 25						09 55						
Aberdare	d				08 52								09 22								
Cwmbach	d				08 55								09 25								
Fernhill	d				08 58								09 28								
Mountain Ash	a				09 01								09 31								
	d				09 04								09 34								
Penrhiwceiber	d				09 07								09 37								
Abercynon	d		09 00		09 15				09 30				09 45		10 00						
Pontypridd	a		09 07	09 17	09 23				09 37		09 47	09 53			10 07	10 17					
	d		09 08	09 18	09 24				09 38		09 48	09 54			10 08	10 18					
Trefforest	d		09 11	09 21	09 27				09 41		09 51	09 57			10 11	10 21					
Trefforest Estate	d		09 15						09 45						10 15						
Taffs Well	d		09 19	09 28	09 34				09 49		09 58	10 04			10 19	10 28					
Radyr	a		09 23	09 31	09 38				09 53		10 01	10 08			10 23	10 31					
	d		09 23	09 31	09 38				09 53		10 01	10 08			10 23	10 31					
Danescourt	d			09 34	09 38						10 01	10 04	10 08								
Fairwater	d			09 38								10 08									
Wauan-gron Park	d			09 40								10 10									
Ninian Park	d			09 42								10 12									
	d			09 45								10 15									
Llandaf	d		09 26	09 34	09 41				09 56		10 04	10 11			10 26	10 34					
Cathays	d		09 31	09 39	09 46				10 01		10 09	10 16			10 31	10 39					
Rhymney	d				08 32								09 27								
Pontlottyn	d				08 35								09 30								
Tir-phil	d				08 39								09 35								
Brithdir	d				08 42								09 37								
Bargoed	a				08 46								09 41								
	d				08 47	09 17				09 32			09 45		10 00						
Gilfach Fargoed	d				10 43	09 19															
Pengam	d				→	09 22				09 37			09 50		10 05						
Hengoed	d					09 25				09 40			09 54		10 09						
Ystrad Mynach	d					09 28				09 43			09 57		10 12						
Llanbradach	d					09 33				09 48			10 01		10 16						
Energlyn & Churchill Park	d												10 05		10 20						
Aber	d					09 37				09 52			10 07		10 22						
Caerphilly	d					09 40				09 55			10 10		10 25						
Lisvane & Thornhill	d					09 44				09 59			10 14		10 29						
Llanishen	d					09 46				10 01			10 16		10 31						
Heath High Level	d					09 49				10 04			10 19		10 34						
Coryton	d	09 15			10 15				09 45				10 45		10 15						
Whitchurch (Cardiff)	d	09 16			10 16				09 46				10 46		10 16						
Rhiwbina	d	09 18			10 18				09 48				10 48		10 18						
Birchgrove	d	09 20			10 20				09 50				10 50		10 20						
Ty Glas	d	09 21			10 21				09 51				10 51		10 21						
Heath Low Level	d	←	09 24		10 24			←	09 54				10 54		10 24						
Cardiff Queen Street	a	09 29	09 29	09 34	09 44	10 29	09 49	09 54	09 59	09 59	10 04	10 09	10 14	10 59	10 19	10 24	10 29	10 34	10 39	10 44	
	d	09 31	09 31	09 36	09 46	10 31	09 51	09 56	10 01	10 01	10 06	10 11	10 16	11 01	10 21	10 26	10 31	10 31	10 36	10 41	
Cardiff Central	a	09 34	09 34	09 39	09 51	→	09 54	09 59	10 04	10 04	10 09	10 14	10 21	→	10 24	10 29	10 34	10 34	10 39	10 44	
	d			09 41	09 55		10 01	10 05	10 10	10 10	10 16	10 21	→	10 25	10 31	10 34	10 34	10 34	10 41	10 46	
Grangetown	d			09 45	09 59		10 05	10 10	10 14	10 20	10 20	10 26	→	10 29	10 35	10 35	10 35	10 41	10 46	10 50	
Dingle Road	d						10 11	10 16	10 20	10 26	10 31	10 36	→	10 41	10 46	10 46	10 46	10 51	10 56	11 01	
Penarth	a																				
Cogan	d		09 48		10 03				10 18				10 33						10 48		
Eastbrook	d		09 51		10 05				10 20				10 35						10 51		
Dinas Powys	d		09 53		10 07				10 22				10 37						10 53		
Cadoxton	d		09 57		10 12				10 27				10 42						10 57		
Barry Docks	d		09 59		10 14				10 29				10 44						11 00		
Barry	d		10 03		10 19				10 34				10 49						11 05		
Barry Island	a				10 25				10 40				10 55								
Rhoose Cardiff Int Airport	d		10 10																11 12		
Llantwit Major	d		10 19																11 22		
Bridgend	a		10 36																11 39		

A From Radyr to Cardiff Central continues to C From Barry Island F From Penarth to Rhymney
 B To Radyr D To Rhymney
 E From Penarth

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

21 May to 7 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW B	AW C	AW D	AW A	AW C	AW A	AW E	AW D	AW A	AW B	AW F	AW A	AW A	AW C	AW D	AW A				
Treherbert	d										10 16		10 46								
Ynyswen	d										10 18		10 48								
Treorchy	d										10 20		10 50								
Ton Pentre	d										10 22		10 52								
Ystrad Rhondda	d										10 25		10 55								
Llwynypia	d										10 28		10 58								
Tonypanyd	d										10 30		11 00								
Dinas Rhondda	d										10 33		11 03								
Porth	d										10 35		11 05								
Trehafod	d										10 38		11 08								
	d										10 52		11 09								
	d										10 55		11 12								
Merthyr Tydfil	d		10 04										10 38								
Pentre-bach	d		10 08										10 42								
Troed Y Rhiw	d		10 11										10 45								
Merthyr Vale	a		10 14										10 48								
	d		10 15										10 50								
Quakers Yard	d		10 21										10 55								
Aberdare	d	09 52						10 22									10 52				
Cwmbach	d	09 55						10 25									10 55				
Fernhill	d	09 58						10 28									10 58				
Mountain Ash	a	10 01						10 31									11 01				
	d	10 04						10 34									11 04				
Penrhiwceiber	d	10 07						10 37									11 07				
Abercynon	d	10 15	10 25					10 45				11 00					11 15				
Pontypridd	a	10 23	10 33					10 53			11 00	11 06	11 17				11 23				
	d	10 24				10 38		10 54			11 04	11 08	11 18				11 24				
Trefforest	d	10 27				10 41		10 57			11 07	11 11	11 21				11 27				
Trefforest Estate	d										11 15										
Taffs Well	d	10 34				10 49		11 04			11 14	11 19	11 28				11 34				
Radyr	a	10 38				10 53		11 08			11 17	11 23	11 31				11 38				
	d	10 34	10 38			10 53		11 04	11 08		11 21	11 23	11 31			11 34	11 38				
Danescourt	d	10 38						11 08									11 38				
Fairwater	d	10 40						11 10									11 40				
Waun-gron Park	d	10 42						11 12									11 42				
Ninian Park	d	10 45						11 15									11 45				
Llandaf	d	10 41				10 56		11 11				11 26	11 34				11 41				
Cathays	d	10 46				11 01		11 16				11 31	11 39				11 46				
Rhymney	d									10 27											
Pontlottyn	d									10 30											
Tir-phil	d									10 35											
Brithdir	d									10 37											
Bargoed	a									10 41											
	d									10 45							11 17				
Gilfach Fargoad	d		10 17			10 32							10 43				11 19				
Pengam	d		10 19										11 05				11 22				
Hengoed	d		10 22			10 37				10 50			11 09				11 25				
Ystrad Mynach	d		10 25			10 40				10 54			11 12				11 28				
Llanbradach	d		10 28			10 43				10 57			11 16				11 33				
Energlyn & Churchill Park	d		10 33			10 48				11 01			11 20				11 37				
Aber	d		10 37			10 52				11 05			11 22				11 40				
Caerphilly	d		10 40			10 55				11 07			11 25				11 44				
Lisvane & Thornhill	d		10 44			10 59				11 10			11 29				11 46				
Llanishen	d		10 46			11 01				11 14			11 31				11 49				
Heath High Level	d		10 49			11 04				11 16			11 34				11 49				
	d									11 19			11 34				11 49				
Coryton	d	11 15				10 45		11 45			11 15				12 15		11 45				
Whitchurch (Cardiff)	d	11 16				10 46		11 46			11 16				12 16		11 46				
Rhiwbina	d	11 18				10 48		11 48			11 18				12 18		11 48				
Birchgrove	d	11 20				10 50		11 50			11 20				12 20		11 50				
Ty Glas	d	11 21				10 51		11 51			11 21				12 21		11 51				
Heath Low Level	d	11 24				10 54		11 54			11 24				12 24		11 54				
Cardiff Queen Street	a	11 29	10 49	10 54	10 59	10 59	11 04	11 09	11 59	11 19	11 24	11 29	11 29	11 34	11 39	11 44	12 29	11 49	11 54	11 59	11 59
	d	11 31	10 51	10 56	11 01	11 01	11 06	11 11	12 01	11 21	11 26	11 31	11 31	11 36	11 41	11 46	12 31	11 51	11 56	12 01	12 01
Cardiff Central	a	11 31	10 54	10 59	11 04	11 04	11 09	11 14	12 01	11 24	11 29	11 34	11 34	11 39	11 44	11 51	12 31	11 54	11 59	12 04	12 04
	d	11 31	10 55	11 01	11 01	11 01	11 10	11 16	12 01	11 25	11 31	11 36	11 36	11 41	11 46	11 51	12 31	11 54	11 59	12 04	12 04
Grange Town	d	11 31	10 59	11 05	11 05	11 14	11 20	11 26	12 01	11 29	11 35	11 40	11 40	11 45	11 50	11 55	12 31	11 59	12 05		
Dingle Road	d			11 11			11 26			11 41				11 56				12 11			
Penarth	a			11 16			11 31			11 46				12 01				12 16			
Cogan	d	11 03				11 18		11 33						11 48				12 03			
Eastbrook	d	11 05				11 20		11 35						11 51				12 05			
Dinas Powys	d	11 07				11 22		11 37						11 53				12 07			
Cadoxton	d	11 12				11 27		11 42						11 57				12 12			
Barry Docks	d	11 14				11 29		11 44						12 00				12 14			
Barry	d	11 19				11 34		11 49						12 05				12 19			
Barry Island	a	11 25				11 40		11 55										12 25			
Rhoose Cardiff Int Airport	a													12 12							
Llantwit Major	d													12 22							
Bridgend	a													12 39							

A To Radyr D From Radyr to Cardiff Central continues to Cardiff Central F From Rhymney to Penarth continues to Penarth
 B From Barry Island E To Rhymney
 C From Penarth

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

21 May to 7 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW B	AW C	AW D	AW E	AW F	AW G	AW H	AW I	AW J	AW K	AW L	AW M	AW N	AW O	AW P	AW Q	AW R	AW S	AW T	AW U	AW V	AW W	AW X	AW Y	AW Z
Treherbert	d		11 16																							
Ynyswen	d		11 18																							
Treorchy	d		11 20																							
Ton Pentre	d		11 22																							
Ystrad Rhondda	d		11 25																							
Llwynypia	d		11 28																							
Tonypanyd	d		11 30																							
Dinas Rhondda	d		11 33																							
Porth	d		11 35																							
Trehafof	d		11 38																							
	d		11 39																							
	d		11 42																							
Merthyr Tydfil	d	11 08																								
Pentre-bach	d	11 12																								
Troed Y Rhiw	d	11 15																								
Merthyr Vale	a	11 18																								
	d	11 20																								
Quakers Yard	d	11 25																								
Aberdare	d																									
Cwmbach	d																									
Fernhill	d																									
Mountain Ash	a																									
	d																									
Penrhiwceiber	d																									
Abercynon	d	11 30																								
Pontypridd	a	11 37	11 47																							
	d	11 38	11 48																							
Trefforest	d	11 41	11 51																							
Trefforest Estate	d	11 45																								
Taffs Well	d	11 49	11 58																							
Radyr	a	11 53	12 01	12 04																						
	d	11 53	12 01	12 04	12 08																					
Danescourt	d			12 08																						
Fairwater	d			12 10																						
Waun-gron Park	d			12 12																						
Ninian Park	d			12 15																						
Llandaf	d	11 56	12 04																							
Cathays	d	12 01	12 09																							
Rhymney	d																									
Pontlottyn	d																									
Tir-phil	d																									
Brithdir	d																									
Bargoed	a																									
	d																									
Gilfach Fargoed	d																									
Pengam	d	11 37																								
Hengoed	d	11 40																								
Ystrad Mynach	d	11 43																								
Llanbradach	d	11 48																								
Energlyn & Churchill Park	d																									
Aber	d	11 52																								
Caerphilly	d	11 55																								
Lisvane & Thornhill	d	11 59																								
Llanishen	d	12 01																								
Heath High Level	d	12 04																								
Coryton	d																									
Whitchurch (Cardiff)	d																									
Rhiwbina	d																									
Birchgrove	d																									
Ty Glas	d																									
Heath Low Level	d																									
Cardiff Queen Street	a	12 04	12 09	12 14	12 19	12 24	12 29	12 34	12 39	12 44	12 49	12 54	12 59	13 04	13 09	13 14	13 19	13 24	13 29	13 34	13 39	13 44	13 49	13 54	13 59	14 04
	d	12 06	12 11	12 16	12 21	12 26	12 31	12 36	12 41	12 46	12 51	12 56	13 01	13 06	13 11	13 16	13 21	13 26	13 31	13 36	13 41	13 46	13 51	13 56	14 01	14 06
Cardiff Central	a	12 09	12 14	12 21	12 24	12 29	12 34	12 39	12 44	12 49	12 54	12 59	13 04	13 09	13 14	13 19	13 24	13 29	13 34	13 39	13 44	13 49	13 54	13 59	14 04	14 09
	d	12 10	12 16	12 21	12 25	12 31	12 34	12 41	12 46	12 51	12 55	13 01	13 04	13 10	13 16	13 21	13 25	13 31	13 34	13 39	13 44	13 49	13 54	13 59	14 04	14 09
Grangetown	d	12 14	12 20		12 29	12 35		12 45	12 50		12 59	13 05		13 20		13 29		13 35		13 44		13 49		13 54		14 04
Dingle Road	d		12 26					12 41			12 56					13 11										13 41
Penarth	a		12 31					12 46			13 01					13 16										13 46
Cogan	d	12 18						12 33			12 48					13 03										13 33
Eastbrook	d	12 20						12 35			12 50					13 05										13 35
Dinas Powys	d	12 22						12 37			12 52					13 07										13 37
Cadoxton	d	12 27						12 42			12 57					13 12										13 42
Barry Docks	d	12 29						12 44			13 00															

Table T130-F

Mondays to Fridays

21 May to 7 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW A	AW B	AW C	AW B	AW D	AW A	AW B		AW E	AW F	AW D	AW B	AW D	AW A	AW B	AW C	AW B
Treherbert	d				12 46								13 16					13 43
Ynyswen	d				12 48								13 18					13 45
Treorchy	d				12 50								13 20					13 51
Ton Pentre	d				12 52								13 22					13 53
Ystrad Rhondda	a				12 55								13 25					13 56
	d				12 58								13 28					13 58
Llwynypia	d				13 00								13 30					14 00
Tonypanyd	d				13 03								13 33					14 03
Dinas Rhondda	d				13 05								13 35					14 05
Porth	a				13 08								13 38					14 08
	d				13 09								13 39					14 09
Trehafod	d				13 12								13 42					14 12
Merthyr Tydfil	d				12 38					13 08								13 38
Pentre-bach	d				12 42					13 12								13 42
Troed Y Rhiw	d				12 45					13 15								13 45
Merthyr Vale	a				12 48					13 18								13 48
	d				12 50					13 20								13 50
Quakers Yard	d				12 55					13 25								13 55
Aberdare	d																	
Cwmbach	d									12 52								
Fernhill	d									12 55								
Mountain Ash	a									12 58								
	d									13 01								
Penrhiwceiber	d									13 04								
	d									13 07								
Abercynon	d																	
	d				13 00					13 15								14 00
Pontypridd	a				13 07	13 17				13 23								14 07
	d				13 08	13 18				13 24								14 08
Trefforest	d				13 11	13 21				13 27								14 11
Trefforest Estate	d				13 15													14 15
Taffs Well	d				13 19	13 28				13 34								14 19
Radyr	a				13 23	13 31				13 38								14 23
	d				13 23	13 31	13 34	13 38										14 23
Danescourt	d						13 38											14 38
Fairwater	d						13 40											14 40
Waun-gron Park	d						13 42											14 42
Ninian Park	d						13 45											14 45
Llandaf	d				13 26	13 34				13 41								14 26
Cathays	d				13 31	13 39				13 46								14 31
Rhymney	d																	
Pontlottyn	d																	13 27
Tir-phil	d																	13 30
Brithdir	d																	13 35
Bargoed	a																	13 37
	d																	13 41
Gilfach Fargoed	d									13 17								13 45
Pengam	d									13 19								
Hengoed	d									13 22								13 50
Ystrad Mynach	d									13 25								13 54
Llanbradach	d									13 28								13 57
Energlyn & Churchill Park	d									13 33								14 01
Aber	d																	14 05
Caerphilly	d									13 37								14 07
Lisvane & Thornhill	d									13 40								14 10
Llanishen	d									13 44								14 14
Heath High Level	d									13 46								14 16
	d									13 49								14 19
Coryton	d																	
Whitchurch (Cardiff)	d				13 15					14 15								15 15
Rhiwbina	d				13 16					14 16								15 16
Birchgrove	d				13 18					14 18								15 18
Ty Glas	d				13 20					14 20								15 20
Heath Low Level	d				13 21					14 21								15 21
	d				13 24					14 24								15 24
Cardiff Queen Street	a				13 29	13 29	13 34	13 44	14 29	13 49	13 54	13 59	14 04	14 09	14 14	14 19	14 24	14 29
	d				13 31	13 31	13 36	13 46	14 31	13 51	13 56	14 01	14 01	14 06	14 11	14 16	14 21	14 25
Cardiff Central	a				13 34	13 34	13 39	13 51	→	13 54	13 59	14 04	14 04	14 09	14 14	14 21	→	14 24
	d				13 41					13 55	14 01							14 31
	d				13 45					13 59	14 05							14 34
Grangetown	d																	14 34
Dingle Road	d									14 11								14 41
Penarth	a									14 16								14 45
	d																	14 48
Cogan	d				13 48					14 03								14 51
Eastbrook	d				13 51					14 05								15 00
Dinas Powys	d				13 53					14 07								15 05
Cadoxton	d				13 57					14 12								15 08
Barry Docks	d				14 00					14 14								15 12
Barry	d				14 05					14 19								15 15
	d									14 19								15 15
Barry Island	a									14 25								15 18
Rhoose Cardiff Int Airport	a				14 12													15 22
Llantwit Major	d				14 22													15 29
Bridgend	a				14 39													15 39

A From Radyr to Cardiff Central continues to
 B To Radyr
 C From Barry Island
 D From Penarth
 E From Barry Island to Aberdare
 F From Maesteg

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

21 May to 7 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW	AW A	AW B	AW C	AW D	AW B		AW	AW E	AW A	AW B	AW	AW C	AW B	AW		AW	AW A	AW C	AW D	AW	AW B	AW	
Treherbert	d												14 16		14 46								15 16	
Ynyswen.....	d												14 18		14 48								15 18	
Treorchy.....	d												14 20		14 50								15 20	
Ton Pentre.....	d												14 22		14 52								15 22	
Ystrad Rhondda.....	d												14 25		14 55								15 25	
Llwynypia.....	d												14 28		14 58								15 28	
Tonypanyd.....	d												14 30		15 00								15 30	
Dinas Rhondda.....	d												14 33		15 03								15 33	
Porth.....	d												14 35		15 05								15 35	
Trehafod.....	d												14 38		15 08								15 38	
Merthyr Tydfil	d			14 08									14 38										15 08	
Pentre-bach.....	d			14 12									14 42										15 12	
Troed Y Rhiw.....	d			14 15									14 45										15 15	
Merthyr Vale.....	a			14 18									14 48										15 18	
Quakers Yard.....	d			14 20									14 50										15 20	
	d			14 25									14 55										15 25	
Aberdare	d	13 52						14 22								14 52								15 22
Cwmbach.....	d	13 55						14 25								14 55								15 25
Fernhill.....	d	13 58						14 28								14 58								15 28
Mountain Ash.....	a	14 01						14 31								15 01								15 31
	d	14 04						14 34								15 04								15 34
Penrhiwceiber.....	d	14 07						14 37								15 07								15 37
Abercynon.....	d	14 15		14 30				14 45					15 00			15 15						15 30		15 45
Pontypridd	d	14 23		14 37				14 53					15 01	15 07	15 17							15 37		15 53
	d	14 24		14 38				14 54					15 04	15 08	15 18							15 38		15 54
Trefforest.....	d	14 27		14 41				14 57					15 07	15 11	15 21							15 41		15 57
Trefforest Estate.....	d			14 45									15 15									15 45		
Taffs Well.....	a	14 34		14 49				15 04					15 14	15 19	15 28							15 49		16 04
Radyr.....	d	14 38		14 53				15 08					15 17	15 23	15 31							15 53		16 08
	d	14 38		14 53		15 04		15 08					15 21	15 23	15 31	15 34	15 38					15 53		16 08
Danescourt.....	d					15 08										15 38								16 08
Fairwater.....	d					15 10										15 40								16 10
Waun-gron Park.....	d					15 12										15 42								16 12
Ninian Park.....	d					15 15										15 45								16 15
Llandaf.....	d	14 41		14 56				15 11					15 26	15 34		15 41						15 56		16 11
Cathays.....	d	14 46		15 01				15 16					15 31	15 39		15 46						16 01		16 16
Rhymney	d							14 27																
Pontlottyn.....	d							14 30																
Tir-phil.....	d							14 35																
Brithdir.....	d							14 37																
Bargoed.....	a							14 41																
	d				14 32			14 45													15 17		15 32	
Gilfach Fargoed.....	d																							
Pengam.....	d				14 37			14 50														15 22		15 37
Hengoed.....	d				14 40			14 54														15 25		15 40
Ystrad Mynach.....	d				14 43			14 57														15 28		15 43
Llanbradach.....	d				14 48			15 01														15 33		15 48
Energlyn & Churchill Park.....	d							15 05																
Aber.....	d				14 52			15 07														15 37		15 52
Caerphilly.....	d				14 55			15 10														15 40		15 55
Lisvane & Thornhill.....	d				14 59			15 14														15 44		15 59
Llanishen.....	d				15 01			15 16														15 46		16 01
Heath High Level.....	d				15 04			15 19														15 49		16 04
Coryton	d			14 45		15 45				15 15					16 15									16 45
Whitchurch (Cardiff).....	d			14 46		15 46				15 16					16 16									16 46
Rhiwbina.....	d			14 48		15 48				15 18					16 18									16 48
Birchgrove.....	d			14 50		15 50				15 20					16 20									16 50
Ty Glas.....	d			14 51		15 51				15 21					16 21									16 51
Heath Low Level.....	d			14 54		15 54				15 24					16 24									16 54
Cardiff Queen Street	a	14 49	14 59	14 59	15 04	15 09	15 59	15 19	15 24	15 29	15 29		15 34	15 44	16 29	15 49	15 54	15 59	16 04	16 09	16 14	16 19	16 19	16 19
	d	14 51	15 01	15 01	15 06	15 11	16 01	15 21	15 26	15 31	15 31		15 36	15 46	16 31	15 51	15 56	16 01	16 06	16 11	16 16	16 21	16 21	16 21
Cardiff Central	a	14 54	15 05	15 05	15 09	15 14	→	15 24	15 29	15 34	15 34	15 36	15 39	15 51	→	15 54	15 59	16 04	16 09	16 14	16 14	16 21	→	16 24
	d	14 55			15 10	15 16		15 25	15 31				15 41			15 55	16 01	16 10	16 16					16 25
Grangetown	d	14 59			15 14	15 20		15 29	15 35				15 45			15 59	16 05	16 14	16 20					16 29
Dingle Road.....	d				15 26			15 41										16 11				16 26		
Penarth	a				15 31			15 46										16 16				16 31		
Cogan.....	d	15 03			15 18			15 33					15 48			16 03						16 18		16 33
Eastbrook.....	d	15 05			15 20			15 35					15 51			16 05						16 20		16 35
Dinas Powys.....	d	15 07			15 22			15 37					15 53			16 07						16 22		16 37
Cadoxton.....	d	15 12			15 27			15 42					15 57			16 12						16 27		16 42
Barry Docks.....	d	15 14			15 29																			

Table T130-F

Mondays to Fridays

21 May to 7 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW	AW A	AW B	AW C	AW	AW B	AW D	AW A	AW B	AW C	AW	AW E	AW B	AW F	AW A	AW B	AW C	AW G	AW
Treherbert	d				15 43								16 16						16 46
Ynyswen.....	d				15 45								16 18						16 48
Treorchy.....	d				15 51								16 20						16 50
Ton Pentre.....	d				15 53								16 22						16 52
Ystrad Rhondda.....	d				15 56								16 25						16 55
Llwynypia.....	d				15 58								16 28						16 58
Tonypanyd.....	d				16 00								16 30						17 00
Dinas Rhondda.....	d				16 03								16 33						17 03
Porth.....	d				16 05								16 35						17 05
Trehafof.....	d				16 08								16 38						17 08
Trehafof.....	d				16 09								16 39						17 09
Trehafof.....	d				16 12								16 42						17 12
Merthyr Tydfil	d				15 38								16 08						16 38
Pentre-bach.....	d				15 42								16 12						16 42
Troed Y Rhiw.....	d				15 45								16 15						16 45
Merthyr Vale.....	a				15 48								16 18						16 48
Quakers Yard.....	d				15 50								16 20						16 50
Quakers Yard.....	d				15 55								16 25						16 55
Aberdare	d						15 52							16 22					
Cwmbach.....	d						15 55							16 25					
Fernhill.....	d						15 58							16 28					
Mountain Ash.....	a						16 01							16 31					
Penrhiwceiber.....	d						16 04							16 34					
Penrhiwceiber.....	d						16 07							16 37					
Abercynon.....	d				16 00		16 15						16 30						17 00
Pontypridd	a				16 07	16 17	16 23						16 37		16 47	16 53			17 07
Trefforest.....	d				16 08	16 18	16 24						16 38		16 48	16 54			17 08
Trefforest Estate.....	d				16 11	16 21	16 27						16 41		16 51	16 57			17 11
Taffs Well.....	d				16 15								16 45						17 15
Radyr.....	a				16 19	16 28	16 34						16 49		16 58	17 04			17 19
Danescourt.....	d				16 23	16 31	16 38						16 53		17 01	17 08			17 23
Fairwater.....	d				16 23	16 31	16 38						16 53		17 01	17 08			17 23
Waun-gron Park.....	d				16 23	16 31	16 38						16 53		17 01	17 08			17 23
Ninian Park.....	d				16 23	16 31	16 38						16 53		17 01	17 08			17 23
Llandaf.....	d				16 26	16 34	16 41						16 56		17 04	17 11			17 26
Cathays.....	d				16 31	16 39	16 46						17 01		17 09	17 16			17 31
Rhymney	d	15 27																	16 27
Pontlottyn.....	d	15 30																	16 30
Tir-phil.....	d	15 35																	16 35
Brithdir.....	d	15 37																	16 37
Bargoed.....	a	15 41																	16 41
Bargoed.....	d	15 45																	16 45
Gilfach Fargoed.....	d							16 17					16 32						17 00
Pengam.....	d	15 50						16 19					16 37						17 05
Hengoed.....	d	15 54						16 22					16 40						17 09
Ystrad Mynach.....	d	15 57						16 25					16 43						17 12
Llanbradach.....	d	16 01						16 28					16 48						17 16
Energlyn & Churchill Park.....	d	16 05						16 33					16 48						17 20
Aber.....	d	16 07						16 37					16 52						17 22
Caerphilly.....	d	16 10						16 40					16 55						17 25
Lisvane & Thornhill.....	d	16 14						16 44					16 59						17 29
Llanishen.....	d	16 16						16 46					17 01						17 31
Heath High Level.....	d	16 19						16 49					17 04						17 34
Coryton	d				16 15			17 15						17 45					17 15
Whitchurch (Cardiff).....	d				16 16			17 16						17 46					17 16
Rhiwbina.....	d				16 18			17 18						17 48					17 18
Birchgrove.....	d				16 20			17 20						17 50					17 20
Ty Glas.....	d				16 21			17 21						17 51					17 21
Heath Low Level.....	d				16 24			17 24						17 54					17 24
Cardiff Queen Street	a	16 24	16 29		16 29	16 34	16 44	17 29	16 49	16 54	16 59	17 04	17 09	17 14	17 59	17 19	17 24	17 29	17 34
Cardiff Central	a	16 26	16 31		16 31	16 36	16 46	17 31	16 51	16 56	17 01	17 06	17 11	17 16	18 01	17 21	17 26	17 31	17 36
Cardiff Central	a	16 32	16 34		16 34	16 39	16 50	17 34	16 54	16 59	17 04	17 09	17 14	17 21	17 59	17 24	17 29	17 34	17 39
Grangetown	d				16 41			16 55	17 01				17 10						17 41
Dingle Road.....	d				16 45			16 59	17 05				17 20						17 50
Penarth	a							17 11					17 26						17 56
Cogan.....	d				16 48			17 16					17 31						18 01
Eastbrook.....	d				16 51			17 03					17 18						17 48
Dinas Powys.....	d				16 53			17 05					17 20						17 51
Cadoxton.....	d				16 57			17 07					17 22						17 53
Barry Docks.....	d				17 00			17 12					17 27						17 57
Barry	d				17 05			17 14					17 29						18 00
Barry	d				17 05			17 19					17 34						18 05
Barry Island	a							17 25					17 40						17 55
Rhoose Cardiff Int Airport.....	a				17 12														18 12
Llantwit Major.....	d				17 22														18 22
Bridgend	a				17 37														18 39

A From Radyr to Cardiff Central continues to Radyr
 B To Radyr

C From Barry Island
 D From Penarth to Rhymney
 E From Penarth

F To Treherbert
 G From Penarth to Cardiff Central

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

21 May to 7 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW B	AW A	AW C	AW D	AW E	AW F	AW B	AW A	AW C	AW A	AW G	AW H	AW C	AW	AW	AW			
Treherbert	d					17 16									17 46		18 16			
Ynyswen	d					17 18									17 48		18 18			
Treorchy	d					17 20									17 50		18 20			
Ton Pentre	d					17 22									17 52		18 22			
Ystrad Rhondda	a					17 25									17 55		18 25			
	d					17 28									17 58		18 28			
Llwynypia	d					17 30									18 00		18 30			
Tonypandy	d					17 33									18 03		18 33			
Dinas Rhondda	d					17 35									18 05		18 35			
Porth	a					17 38									18 08		18 38			
	d					17 39									18 09		18 39			
Trehafod	d					17 42									18 12		18 42			
Merthyr Tydfil	d			17 08						17 38							18 08			
Pentre-bach	d			17 12						17 42							18 12			
Troed Y Rhiw	d			17 15						17 45							18 15			
Merthyr Vale	a			17 18						17 48							18 18			
	d			17 20						17 50							18 20			
Quakers Yard	d			17 25						17 55							18 25			
Aberdare	d	16 52							17 22							17 52		18 22		
Cwmbach	d	16 55							17 25							17 55		18 25		
Fernhill	d	16 58							17 28							17 58		18 28		
Mountain Ash	a	17 01							17 31							18 01		18 31		
	d	17 04							17 34							18 04		18 34		
Penrhiwceiber	d	17 07							17 37							18 07		18 37		
Abercynon	d	17 15		17 30					17 45			18 00			18 15		18 30	18 45		
Pontypridd	a	17 22		17 37		17 47			17 52			18 07	18 17		18 23		18 37	18 47	18 53	
	d	17 24		17 38		17 48			17 54			18 08	18 18		18 24		18 38	18 48	18 54	
Trefforest	d	17 27		17 41		17 51			17 57			18 11	18 21		18 27		18 41	18 51	18 57	
Trefforest Estate	d			17 45								18 15					18 45			
Taffs Well	d	17 34		17 49		17 58			18 04			18 19	18 28		18 34		18 49	18 58	19 04	
Radyr	a	17 38		17 53		18 01			18 08			18 23	18 31		18 38		18 53	19 01	19 08	
	d	17 34	17 38	17 53		18 01	18 04		18 08			18 23	18 31	18 34	18 38		18 53	19 01	19 04	
Danescourt	d	17 38					18 08								18 38				19 08	
Fairwater	d	17 40					18 10								18 40				19 10	
Waun-gron Park	d	17 42					18 12								18 42				19 12	
Ninian Park	d	17 45					18 15								18 45				19 15	
Llandaf	d	17 41		17 56		18 04			18 11			18 26	18 34		18 41		18 56	19 04	19 11	
Cathays	d	17 46		18 01		18 09			18 16			18 31	18 39		18 46		19 01	19 09	19 16	
Rhymney	d									17 27										
Pontlottyn	d									17 30										
Tir-phil	d									17 35										
Brithdir	d									17 37										
Bargoed	a									17 41										
	d					17 32				17 45										
Gilfach Fargoed	d																18 15			
Pengam	d					17 37				17 50							18 20			
Hengoed	d					17 40				17 54							18 24			
Ystrad Mynach	d					17 43				17 57							18 27			
Llanbradach	d					17 48				18 01							18 31			
Energlyn & Churchill Park	d									18 05							18 35			
Aber	d					17 52				18 07							18 37			
Caerphilly	d					17 55				18 10							18 40			
Lisvane & Thornhill	d					17 59				18 14							18 44			
Llanishen	d					18 01				18 16							18 46			
Heath High Level	d					18 04				18 19							18 49			
Coryton	d	18 15		17 45			18 45			18 15					19 15					
Whitchurch (Cardiff)	d	18 16		17 46			18 46			18 16					19 16					
Rhiwbina	d	18 18		17 48			18 48			18 18					19 18					
Birchgrove	d	18 20		17 50			18 50			18 20					19 20					
Ty Glas	d	18 21		17 51			18 51			18 21					19 21					
Heath Low Level	d	18 24		17 54			18 54			18 24					19 24					
Cardiff Queen Street	a	18 29	17 49	17 59	18 04	18 09	18 14	18 19	18 24	18 29	18 29	18 34	18 44	19 29	18 49	18 54	18 59	19 04	19 14	19 19
	d	18 31	17 51	18 01	18 06	18 11	18 16	18 21	18 26	18 31	18 31	18 36	18 46	19 31	18 51	18 56	19 01	19 06	19 16	19 20
Cardiff Central	a	→	17 54	18 04	18 09	18 14	18 21	→	18 24	18 29	18 34	18 39	18 51	→	18 54	18 59	19 06	19 12	19 21	19 22
	d		17 55		18 10	18 16			18 25	18 31		18 41			18 55	19 01				19 25
Grangetown	d		17 59		18 14	18 20			18 29	18 35		18 45			18 59	19 05				19 29
Dingle Road	d				18 26				18 41						19 11					
Penarth	a				18 31				18 46						19 16					
Cogan	d	18 03		18 18					18 33			18 48			19 03					19 33
Eastbrook	d	18 05		18 20					18 35			18 51			19 05					19 35
Dinas Powys	d	18 07		18 22					18 37			18 53			19 07					19 37
Cadoxton	d	18 12		18 27					18 42			18 57			19 12					19 42
Barry Docks	d	18 14		18 29					18 44			19 00			19 14					19 44
Barry	d	18 19		18 34					18 49			19 05			19 19					19 49
Barry Island	a	18 25		18 40					18 55						19 25					19 55
Rhoose Cardiff Int Airport	d											19 12								
Llantwit Major	d											19 22								
Bridgend	a											19 39								

A To Radyr
 B From Radyr to Cardiff Central continues to Radyr
 C From Barry Island
 D From Penarth
 E To Cardiff Central
 F To Caerphilly
 G From Cardiff Central
 H From Radyr

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

21 May to 7 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW B	AW C	AW	AW D	AW	AW C	AW	AW E	AW F	AW G	AW F	AW	AW	AW H	AW C	AW C	AW G	AW I	AW	AW							
Treherbert	d			18 46						19 16			19 16							19 46		20 16						
Ynyswen	d			18 48						19 18			19 18							19 48		20 18						
Treorchy	d			18 50						19 20			19 20							19 50		20 20						
Ton Pentre	d			18 52						19 22			19 22							19 52		20 22						
Ystrad Rhondda	d			18 55						19 25			19 25							19 55		20 25						
Llwynypia	d			18 58						19 28			19 28							19 58		20 28						
Tonypanyd	d			19 00						19 30			19 30							20 00		20 30						
Dinas Rhondda	d			19 03						19 33			19 33							20 03		20 33						
Porth	a			19 05						19 35			19 35							20 05		20 35						
Trehafod	d			19 08						19 38			19 38							20 08		20 38						
	d			19 09						19 39			19 39							20 09		20 39						
	d			19 12						19 42			19 42							20 12		20 42						
Merthyr Tydfil	d			18 38						19 08										19 38								
Pentre-bach	d			18 42						19 12										19 42								
Troed Y Rhiw	d			18 45						19 15										19 45								
Merthyr Vale	a			18 48						19 18										19 48								
Quakers Yard	d			18 50						19 20										19 50								
	d			18 55						19 25										19 55								
Aberdare	d							18 52														19 52						
Cwmbach	d							18 55														19 55						
Fernhill	d							18 58														19 58						
Mountain Ash	a							19 01														20 01						
Penrhiwceiber	d							19 04														20 04						
Abercynon	d			19 00				19 15		19 30												20 15						
Pontypridd	a			19 07	19 17			19 23	19 37	19 47			19 47				19 43	20 00				20 15						
Trefforest	d			19 08	19 18			19 24	19 38	19 48			19 48				19 52	20 07				20 23						
Trefforest Estate	d			19 11	19 21			19 27	19 41	19 51			19 51				19 54	20 08				20 24						
Taffs Well	d			19 15				19 45									19 57	20 11				20 27						
Radyr	a			19 19	19 28			19 34	19 49	19 58			19 58				20 04	20 19				20 34						
Danescourt	d			19 23	19 31			19 38	19 53	20 01			20 01				20 08	20 23				20 38						
Fairwater	d			19 23	19 31			19 38	19 53	20 01			20 01	20 04			20 08	20 23				20 38						
Waun-gron Park	d												20 10									21 01						
Ninian Park	d												20 12									21 02						
	d												20 15									21 15						
Llandaf	d			19 26	19 34			19 41	19 56	20 04			20 04				20 11	20 26				20 41						
Cathays	d			19 31	19 39			19 46	20 01	20 09			20 09				20 16	20 31				20 46						
Rhymney	d											20 00	20 46									21 04						
Pontlottyn	d											20 03	20 49									21 08						
Tir-phil	d											20 08	20 54									21 01						
Brithdir	a											20 10	20 56									21 01						
Bargoed	d											20 14	21 00									21 01						
Gilfach Fargoed	d											20 15	21 00									21 01						
Pengam	d											20 18	21 03									21 01						
Hengoed	d											20 20	21 05									21 01						
Ystrad Mynach	d											20 24	21 09									21 01						
Llanbradach	d											20 27	21 12	21 39								21 04						
Energlyn & Churchill Park	d											20 31	21 16	21 44								21 04						
Aber	d											20 35	21 20									21 04						
Caerphilly	d							19 40				20 37	21 22	21 48								21 04						
Lisvane & Thornhill	d							19 44				20 25	20 40	21 25	21 51							21 04						
Llanishen	d							19 46				20 29	20 44	21 29	21 55							21 04						
Heath High Level	d							19 49				20 31	20 46	21 31	21 57							21 04						
Coryton	d											20 34	20 49	21 34	22 00							21 04						
Whitchurch (Cardiff)	d			19 15																20 15								
Rhiwbina	d			19 16																20 16								
Birchgrove	d			19 18																20 18								
Ty Glas	d			19 20																20 20								
Heath Low Level	d			19 21																20 21								
	d			19 24																20 24								
Cardiff Queen Street	a	19 29	19 29	19 34	19 44			19 49	19 54	20 04	20 14	20 39	20 54	21 42	22 05					20 19	20 29	20 34	20 39	20 44	20 49	20 54	21 14	
Cardiff Central	a	19 31	19 31	19 36	19 46			19 51	19 56	20 06	20 16	20 41	20 56	21 44	22 06					20 21	20 31	20 36	20 41	20 46	20 51	20 56	21 16	
	a	19 34	19 34	19 39	19 51			19 57	19 59	20 09	20 21									20 24	20 27	20 34	20 39	20 46	20 51	20 57	20 59	21 21
Grangetown	d			19 41				20 06	20 10													20 41			21 06	21 10		
Dingle Road	d			19 45				20 10	20 14													20 45			21 10	21 14		
Penarth	a							20 14																	21 14			
Cogan	d							20 19																	21 19			
Eastbrook	d			19 48					20 18																21 18			
Dinas Powys	d			19 51					20 20																21 20			
Cadoxton	d			19 53					20 22																21 22			
Barry Docks	d			19 57					20 27																21 27			
Barry	d			20 00					20 29																21 29			
Barry Island	d			20 05					20 34																21 34			
Barry Island	a								20 40																21 40			
Rhoose Cardiff Int Airport	d			20 12																				21 12				
Llantwit																												

Table T130-F

Mondays to Fridays

21 May to 7 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW		
		A		A	B	C	D		AW FX E	F				G	A	C		A	H			C	AW	
Treherbert	d													21 16										
Ynyswen	d													21 18										
Treorchy	d													21 20										
Ton Pentre	d													21 22										
Ystrad Rhondda	a													21 25										
	d													21 28										
Llwynypia	d													21 30										
Tonypanyd	d													21 33										
Dinas Rhondda	d													21 35										
Porth	a													21 38										
	d													21 39										
Trehafod	d													21 42										
Merthyr Tydfil	d					20 38										21 38							22 38	
Pentre-bach	d					20 42										21 42							22 42	
Troed Y Rhiw	d					20 45										21 45							22 45	
Merthyr Vale	a					20 48										21 48							22 48	
	d					20 50										21 50							22 50	
Quakers Yard	d					20 55										21 55							22 55	
Aberdare	d		20 22					20 54	20 54										21 54				22 54	
Cwmbach	d		20 25					20 57	20 57										21 57				22 57	
Fernhill	d		20 28					21 00	21 00										22 00				23 00	
Mountain Ash	a		20 31					21 03	21 03										22 03				23 03	
	d		20 34					21 04	21 04										22 04				23 04	
Penrhiwceiber	d		20 37					21 07	21 07										22 07				23 07	
Abercynon	d		20 45			21 00		21 15	21 15							22 00			22 15			23 00	23 13	
Pontypridd	a		20 53			21 07		21 22	21 22					21 47		22 07			22 23			23 07	23 24	
	d		20 54			21 08		21 24	21 24					21 48		22 08			22 24			23 08		
Trefforest	d		20 57			21 11		21 27	21 27					21 51		22 11			22 27			23 11		
Trefforest Estate	d					21 15										22 15						23 15		
Taffs Well	d		21 04			21 19		21 34	21 34					21 58		22 19			22 34			23 19		
Radyr	a		21 08			21 23		21 38	21 38					22 01		22 23			22 38			23 23		
	d	21 04	21 08			21 23		21 38	21 38					22 01		22 23			22 38		23 14	23 23		
Danescourt	d	21 08														22 08								
Fairwater	d	21 10														22 10								
Waun-gron Park	d	21 12														22 12								
Ninian Park	d	21 15														22 15								
Llandaf	d		21 11			21 26		21 41	21 41					22 04		22 26			22 41		23 16	23 26		
Cathays	d		21 16			21 31		21 46	21 46					22 09		22 31			22 46		23 20	23 31		
Rhymney	d															21 36								
Pontlottyn	d															21 39								
Tir-phil	d															21 44								
Brithdir	d															21 46								
Bargoed	a															21 50								
	d															21 50								
Gilfach Fargod	d															21 53								
Pengam	d															21 55								
Hengoed	d															21 59								
Ystrad Mynach	d													21 39		22 02								
Llanbradach	d													21 44		22 06								
Energlyn & Churchill Park	d															22 10								
Aber	d															22 12								
Caerphilly	d													21 51		22 15			22 28					
Lisvane & Thornhill	d													21 55		22 19								
Llanishen	d													21 57		22 21								
Heath High Level	d													22 00		22 24								
Coryton	d				21 15														22 45					
Whitchurch (Cardiff)	d				21 16														22 46					
Rhiwbina	d				21 18														22 48					
Birchgrove	d				21 20														22 50					
Ty Glas	d				21 21														22 51					
Heath Low Level	d				21 24														22 54					
Cardiff Queen Street	a		21 19		21 29	21 34	21 42	21 49	21 49	22 05				22 05	22 14	22 29	22 59	22 34	22 39	22 49	22 59	23 24		
	d		21 21		21 31	21 36	21 44	21 51	21 51	22 06				22 06	22 16	22 31	23 01	22 36	22 41	22 54	23 01	23 25		
Cardiff Central	a		21 20		21 34	21 39	21 48	21 54	21 54	22 09				22 09	22 21	22 34		22 39	22 46	23 04	23 06	23 28		
	d		21 31		21 31	21 41		21 56	21 56	22 10				22 10	22 36			22 43	23 12	23 31		23 42		
Grangetown	d		21 35		21 35	21 45		22 00	22 00	22 14				22 14	22 40			22 47	23 16	23 35				
Dingle Road	d	21 41		21 41				22 04	22 04						22 44				23 20					
Penarth	a	21 46		21 46				22 09	22 09						22 49				23 25					
Cogan	d				21 48					22 18				22 18					22 50			23 38		
Eastbrook	d				21 51					22 20				22 20					22 53			23 41		
Dinas Powys	d				21 53					22 22				22 22					22 55			23 43		
Cadoxton	d				21 57					22 27				22 27					22 59			23 47		
Barry Docks	d				22 00					22 29				22 29					23 02			23 50		
Barry	d																							

Table T130-F

Mondays to Fridays

10 September to 7 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
			A	B	C	D	A		C		E	B	F	G	H		C	I		B	C			
Treherbert	d							07 45																
Ynyswen.....	d							07 47																
Treorchy.....	d							07 49																
Ton Pentre.....	d							07 51																
Ystrad Rhondda.....	d							07 54																
Llwynypia.....	d							07 58																
Tonypanyd.....	d							08 00																
Dinas Rhondda.....	d							08 03																
Porth.....	d							08 05																
Trehafof.....	d							08 08																
	d							08 09																
	d							08 12																
Merthyr Tydfil	d							07 38																
Pentre-bach.....	d							07 42																
Troed Y Rhiw.....	d							07 45																
Merthyr Vale.....	a							07 48																
	d							07 50																
Quakers Yard.....	d							07 55																
	d																							
Aberdare	d	07 21																						
Cwmbach.....	d	07 24																						
Fernhill.....	d	07 28																						
Mountain Ash.....	a	07 31																						
	d	07 34																						
Penrhiwceiber.....	d	07 37																						
Abercynon.....	d	07 45																						
Pontypridd	d	07 53																						
	d	07 54																						
Trefforest.....	d	07 57																						
Trefforest Estate.....	d																							
Taffs Well.....	d	08 04																						
Radyr.....	a	08 08																						
	d	08 08																						
Danescourt.....	d		08 13																					
Fairwater.....	d																							
Waun-gron Park.....	d																							
Ninian Park.....	d																							
Llandaf.....	d																							
Cathays.....	d	08 15																						
Rhymney	d																							
Pontlottyn.....	d																							
Tir-phil.....	d																							
Brithdir.....	d																							
Bargoed.....	a																							
	d																							
Gilfach Fargoed.....	d																							
Pengam.....	d																							
Hengoed.....	d																							
Ystrad Mynach.....	d																							
Llanbradach.....	d																							
Energlyn & Churchill Park.....	d																							
Aber.....	d																							
Caerphilly.....	d																							
Lisvane & Thornhill.....	d																							
Llanishen.....	d																							
Heath High Level.....	d																							
Coryton	d																							
Whitchurch (Cardiff).....	d																							
Rhiwbina.....	d																							
Birchgrove.....	d																							
Ty Glas.....	d																							
Heath Low Level.....	d																							
Cardiff Queen Street	a	08 19																						
	d	08 20																						
Cardiff Central	a	08 23																						
	d	08 25																						
Grangetown	d	08 29																						
Dingle Road.....	d																							
Penarth	a																							
Cogan.....	d	08 33																						
Eastbrook.....	d	08 35																						
Dinas Powys.....	d	08 37																						
Cadoxton.....	d	08 42																						
Barry Docks.....	d	08 44																						
Barry	d	08 49																						
Barry Island	a	08 56																						
Rhoose Cardiff Int Airport.....	d																							
Llantwit Major.....	d																							
Bridgend	a																							

- A From Rhymney
- B From Radyr to Cardiff Central continues to Radyr
- C To Radyr
- D From Cardiff Central
- E From Cardiff Central to Bargoed
- F From Barry Island
- G From Treherbert to Ystrad Mynach
- H From Penarth
- I To Cardiff Central

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

10 September to 7 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW	AW A	AW B	AW C	AW D	AW B	AW E	AW B	AW D	AW B	AW F	AW A	AW B	AW C	AW D	AW B
Treherbert	d						10 17									
Ynyswen	d						10 19									
Treorchy	d						10 21									
Ton Pentre	d						10 23									
Ystrad Rhondda	d						10 26									
Llwynypia	d						10 28									
Tonypanyd	d						10 30									
Dinas Rhondda	d						10 33									
Porth	d						10 35									
Trehafof	d						10 38									
Merthyr Tydfil	d						10 55									
Pentre-bach	d						10 38									
Troed Y Rhiw	d						10 42									
Merthyr Vale	d						10 45									
Quakers Yard	d						10 48									
Aberdare	d						10 50									
Cwmbach	d						10 55									
Fernhill	d						10 21									
Mountain Ash	d						10 24									
Penrhiwceiber	d						10 28									
Abercynon	d						10 31									
Pontypridd	d						10 34									
Trefforest	d						10 37									
Trefforest Estate	d						10 40									
Taffs Well	d						10 41									
Radyr	d						10 49									
Danescourt	d						10 53									
Fairwater	d						11 04									
Waun-gron Park	d						11 08									
Ninian Park	d						11 08									
Llandaf	d						11 00									
Cathays	d						11 06									
Rhymney	d						11 07									
Pontlottyn	d						11 15									
Tir-phil	d						11 19									
Brithdir	d						11 23									
Bargoed	d						11 21									
Gilfach Fargoed	d						11 31									
Pengam	d						11 34									
Hengoed	d						11 38									
Ystrad Mynach	d						11 41									
Llanbradach	d						11 45									
Energlyn & Churchill Park	d						11 49									
Aber	d						11 53									
Caerphilly	d						12 04									
Lisvane & Thornhill	d						12 08									
Llanishen	d						12 08									
Heath High Level	d						12 15									
Coryton	d						12 15									
Whitchurch (Cardiff)	d						12 16									
Rhiwbina	d						12 18									
Birchgrove	d						12 20									
Ty Glas	d						12 21									
Heath Low Level	d						12 24									
Cardiff Queen Street	a						11 15									
Cardiff Central	a						11 16									
Grangetown	a						11 18									
Dingle Road	d						11 20									
Penarth	a						11 21									
Cogan	d						11 24									
Eastbrook	d						11 29									
Dinas Powys	d						11 31									
Dinas Powys	d						11 34									
Cadoxton	d						11 36									
Barry Docks	d						11 39									
Barry	d						11 41									
Barry Island	a						11 45									
Rhose Cardiff Int Airport	d						12 00									
Llantwit Major	d						12 05									
Bridgend	a						12 12									

A From Penarth D From Radyr to Cardiff Central continues to F From Pontypridd
 B To Radyr
 C To Rhymney E From Barry Island

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

10 September to 7 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW	AW A	AW B	AW	AW	AW C	AW D	AW D	AW	AW E	AW D	AW F	AW C	AW D	AW A	AW	AW D	AW	AW C	AW D			
Treherbert	d	11 17		11 47							12 17					12 47							
Ynyswen	d	11 19		11 49							12 19					12 49							
Treorchy	d	11 21		11 51							12 21					12 51							
Ton Pentre	d	11 23		11 53							12 23					12 53							
Ystrad Rhondda	a	11 26		11 56							12 26					12 56							
	d	11 28		11 58							12 28					12 58							
Llwynypia	d	11 30		12 00							12 30					13 00							
Tonypanyd	d	11 33		12 03							12 33					13 03							
Dinas Rhondda	d	11 35		12 05							12 35					13 05							
Porth	a	11 38		12 08							12 38					13 08							
	d	11 52		12 09							12 39					13 09							
Trehafod	d	11 55		12 12							12 42					13 12							
Merthyr Tydfil	d		11 38						12 08							12 38							
Pentre-bach	d		11 42						12 12							12 42							
Troed Y Rhiw	d		11 45						12 15							12 45							
Merthyr Vale	a		11 48						12 18							12 48							
	d		11 50						12 20							12 50							
Quakers Yard	d		11 55						12 25							12 55							
Aberdare	d											12 21								12 51			
Cwmbach	d											12 24								12 54			
Fernhill	d											12 28								12 58			
Mountain Ash	a											12 31								13 01			
	d											12 34								13 04			
Penrhiwceiber	d											12 37								13 07			
Abercynon	d		12 00						12 30			12 45				13 00				13 15			
Pontypridd	a	12 00	12 07		12 17				12 37			12 48				13 07	13 17			13 23			
	d	12 04	12 08		12 18				12 38			12 48				13 08	13 18			13 24			
Trefforest	d	12 07	12 11		12 21				12 41			12 51				13 11	13 21			13 27			
Trefforest Estate	d		12 15						12 45							13 15							
Taffs Well	d	12 14	12 19		12 28				12 49			12 58	13 04			13 19	13 28			13 34			
Radyr	a	12 17	12 23		12 31				12 53			13 00	13 08			13 23	13 31			13 38			
	d	12 21	12 23		12 31				12 34	12 53		13 01	13 04	13 08		13 23	13 31			13 38			
Danescourt	d								12 38			13 08								13 38			
Fairwater	d								12 40			13 10								13 40			
Waun-gron Park	d								12 42			13 12								13 42			
Ninian Park	d								12 45			13 15								13 45			
Llandaf	d		12 26		12 34				12 56			13 04		13 11		13 26	13 34			13 41			
Cathays	d		12 31		12 39				13 01			13 09		13 16		13 31	13 39			13 46			
Rhymney	d													12 27									
Pontlottyn	d													12 30									
Tir-phil	d													12 35									
Brithdir	d													12 37									
Bargoed	a													12 41									
	d			12 00							12 25			12 45									
Gilfach Fargoed	d										12 27												
Pengam	d			12 05							12 30			12 50									
Hengoed	d			12 09							12 33			12 54									
Ystrad Mynach	d			12 12							12 43			12 57									
Llanbradach	d			12 16							12 48			13 01									
Energlyn & Churchill Park	d			12 20										13 05									
Aber	d			12 22										13 07									
Caerphilly	d			12 25							12 55			13 10									
Lisvane & Thornhill	d			12 29							12 59			13 14									
Llanishen	d			12 31							13 01			13 16									
Heath High Level	d			12 34							13 04			13 19									
Coryton	d						12 45	13 15				13 45			13 15					14 15			
Whitchurch (Cardiff)	d						12 46	13 16				13 46			13 16					14 16			
Rhiwbina	d						12 48	13 18				13 48			13 18					14 18			
Birchgrove	d						12 50	13 20				13 50			13 20					14 20			
Ty Glas	d						12 51	13 21				13 51			13 21					14 21			
Heath Low Level	d						12 54	13 24				13 54			13 24					14 24			
Cardiff Queen Street	a		12 34	12 39	12 44		12 59	13 29	13 04		13 09	13 14	13 59	13 19	13 24	13 29	13 34	13 44		14 29	13 49	13 59	
	d		12 36	12 41	12 46		13 01	13 31	13 06		13 11	13 16	14 01	13 21	13 26	13 31	13 31	13 36	13 46		14 31	13 51	14 01
Cardiff Central	a	12 42	12 39	12 44	12 52		13 04	13 04	→	13 12		13 14	13 22	→	13 24	13 29	13 34	13 34	13 39	13 52	→	13 54	14 04
	d		12 41	12 46		12 55					13 16				13 25	13 31				13 41		13 55	
Grangetown	d		12 45	12 50		12 59					13 20				13 29	13 35				13 45		13 59	
Dingle Road	d			12 56							13 26				13 41								
Penarth	a			13 02							13 32				13 47								
Cogan	d		12 48			13 03								13 33								14 03	
Eastbrook	d		12 51			13 05								13 35								14 05	
Dinas Powys	d		12 53			13 07								13 37								14 07	
Cadoxton	d		12 57			13 12								13 42								14 12	
Barry Docks	d		13 00			13 14								13 44								14 14	
Barry	d		13 05			13 19								13 49								14 19	
Barry Island	a					13 25								13 56								14 26	
Rhose Cardiff Int Airport	d		13 12																			14 12	
Llantwit Major	d		13 22																			14 22	
Bridgend	a		13 40																			14 40	

A From Barry Island
B From Penarth to Rhymney

C From Radyr to Cardiff Central continues to
Radyr
D To Radyr

E From Penarth
F To Rhymney

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

10 September to 7 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW B	AW C	AW D	AW E	AW C	AW F	AW G	AW C	AW E	AW C	AW F	AW B	AW C	AW H					
Treherbert	d		13 17						13 43											
Ynyswen	d		13 19						13 45											
Treorchy	d		13 21						13 51											
Ton Pentre	d		13 23						13 53											
Ystrad Rhondda	d		13 26						13 56											
	a		13 28						13 58											
Llwynypia	d		13 30						14 00											
Tonypanyd	d		13 33						14 03											
Dinas Rhondda	d		13 35						14 05											
Porth	a		13 38						14 08											
Trehafod	d		13 39						14 09											
	d		13 42						14 12											
Merthyr Tydfil	d	13 08					13 38						14 08							
Pentre-bach	d	13 12					13 42						14 12							
Troed Y Rhiw	d	13 15					13 45						14 15							
Merthyr Vale	a	13 18					13 48						14 18							
	d	13 20					13 50						14 20							
Quakers Yard	d	13 25					13 55						14 25							
Aberdare	d														14 21					
Cwmbach	d														14 24					
Fernhill	d														14 28					
Mountain Ash	a														14 31					
	d														14 34					
Penrhiwceiber	d														14 37					
Abercynon	d	13 30				13 45			14 00				14 15		14 45					
Pontypridd	a	13 37		13 47		13 52			14 07			14 17	14 23		14 52					
	d	13 38		13 48		13 54			14 08			14 18	14 24		14 54					
Trefforest	d	13 41		13 51		13 57			14 11			14 21	14 27		14 57					
Trefforest Estate	d	13 45							14 15											
Taffs Well	a	13 49		13 58		14 04			14 19			14 28	14 34		15 04					
Radyr	a	13 53		14 01		14 08			14 23			14 31	14 38		15 08					
	d	13 53		14 01	14 04	14 08			14 23	14 31	14 34	14 38	14 53	15 04	15 08					
Danescourt	d				14 08										15 08					
Fairwater	d				14 10										15 10					
Waun-gron Park	d				14 12										15 12					
Ninian Park	d				14 15										15 15					
Llandaf	d	13 56		14 04		14 11			14 26			14 34	14 41		15 11					
Cathays	d	14 01		14 09		14 16			14 31			14 39	14 46		15 16					
Rhymney	d					13 27									14 27					
Pontlottyn	d					13 30									14 30					
Tir-phil	d					13 35									14 35					
Brithdir	d					13 37									14 37					
Bargoed	a					13 41									14 41					
	d					13 45									14 45					
Gilfach Fargoed	d		13 25											14 25						
Pengam	d		13 27											14 27						
Hengoed	d		13 30			13 50								14 30	14 50					
Ystrad Mynach	d		13 33			13 54								14 33	14 54					
Llanbradach	d		13 43			13 57						14 28		14 43	14 57					
Energlyn & Churchill Park	d		13 48			14 01						14 33		14 48	15 01					
Aber	d					14 05									15 05					
Caerphilly	d		13 52			14 07						14 37		14 52	15 07					
Lisvane & Thornhill	d		13 55			14 10						14 40		14 55	15 10					
Llanishen	d		13 59			14 14						14 44		14 59	15 14					
Heath High Level	d		14 01			14 16						14 46		15 01	15 16					
	d		14 04			14 19						14 49		15 04	15 19					
Coryton	d					14 45						15 15		14 45	15 45					
Whitchurch (Cardiff)	d					14 46						15 16		14 46	15 46					
Rhiwbina	d					14 48						15 18		14 48	15 48					
Birchgrove	d					14 50						15 20		14 50	15 50					
Ty Glas	d					14 51						15 21		14 51	15 51					
Heath Low Level	d					14 54						15 24		14 54	15 54					
Cardiff Queen Street	a	14 04	14 09	14 14	14 59	14 19	14 24	14 29	14 34	14 39	14 44	15 29	14 49	14 54	14 59	15 04	15 09	15 14	15 19	15 24
	d	14 06	14 11	14 16	15 01	14 21	14 25	14 31	14 36	14 41	14 46	15 31	14 51	14 56	15 01	15 06	15 11	15 16	15 21	15 26
Cardiff Central	a	14 09	14 14	14 21	→	14 24	14 31	14 34	14 39	14 41	14 46	15 31	14 51	14 54	14 59	15 04	15 09	15 14	15 19	15 24
	d	14 10	14 16	→	14 25	14 46	→	14 41	14 46	14 55	15 01	15 05	15 10	15 15	15 20	15 25	15 30	15 35	15 40	
Grangetown	d	14 14	14 20	→	14 29	→	→	14 45	16 05	14 59	15 05	15 11	15 17	15 22	15 27	15 32	15 37	15 42	15 47	
Dingle Road	d		14 26						16 11			15 11		15 17		15 22	15 27	15 32	15 37	
Penarth	a		14 32						16 17			15 17		15 22		15 27	15 32	15 37	15 42	
Cogan	d	14 18				14 33			14 48			15 03		15 18		15 23	15 28	15 33	15 38	
Eastbrook	d	14 20				14 35			14 51			15 05		15 20		15 25	15 30	15 35	15 40	
Dinas Powys	d	14 22				14 37			14 53			15 07		15 22		15 27	15 32	15 37	15 42	
Cadoxton	d	14 27				14 42			14 57			15 12		15 27		15 32	15 37	15 42	15 47	
Barry Docks	d	14 29				14 44			15 00			15 14		15 29		15 34	15 39	15 44	15 49	
Barry	d	14 34				14 49			15 05			15 19		15 34		15 39	15 44	15 49	15 54	
Barry Island	a	14 40				14 56			15 26			15 40		15 41		15 46	15 51	15 56	16 01	
Rhose Cardiff Int Airport	d								15 12											
Llantwit Major	d								15 22											
Bridgend	a								15 40											

A From Barry Island to Aberdare
 B From Penarth
 C To Radyr
 D From Ebbw Vale Town to Penarth
 E From Radyr to Cardiff Central continues to
 F From Barry Island
 G From Ebbw Vale Town
 H To Ystrad Mynach

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Mondays to Fridays

10 September to 7 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW B	AW C	AW D	AW E	AW F	AW G	AW H	AW I	AW J	AW K	AW L	AW M	AW N	AW O	AW P	AW Q	AW R	AW S	AW T	AW U	AW V	AW W	AW X	AW Y	AW Z		
Treherbert	d		14 17		14 47										15 17											15 43		
Ynyswen	d		14 19		14 49										15 19												15 45	
Treorchy	d		14 21		14 51										15 21												15 51	
Ton Pentre	d		14 23		14 53										15 23												15 53	
Ystrad Rhondda	a		14 26		14 56										15 26												15 56	
Llwynypia	d		14 28		14 58										15 28												15 58	
Tonypandy	d		14 30		15 00										15 30												16 00	
Dinas Rhondda	d		14 33		15 03										15 33												16 03	
Porth	a		14 35		15 05										15 35												16 05	
Trehafod	d		14 38		15 08										15 38												16 08	
Merthyr Tydfil	d		14 42		15 12										15 42												16 12	
Pentre-bach	d		14 45		15 15										15 45												16 15	
Troed Y Rhiw	d		14 48		15 18										15 48												16 18	
Merthyr Vale	a		14 50		15 20										15 50												16 20	
Quakers Yard	d		14 55		15 25										15 55												16 25	
Aberdare	d				14 51										15 21												15 51	
Cwmbach	d				14 54										15 24												15 54	
Fernhill	d				14 58										15 28												15 58	
Mountain Ash	a				15 01										15 31												16 01	
Penrhiwceiber	d				15 04										15 34												16 04	
Abercynon	d				15 07										15 37												16 07	
Pontypridd	d				15 00										15 45												16 15	
Trefforest	a		15 01	15 07	15 17	15 23	15 37	15 47	15 53	16 07	16 17	16 22															16 22	
Trefforest Estate	d		15 04	15 08	15 18	15 24	15 38	15 48	15 54	16 08	16 18	16 24															16 24	
Taffs Well	d		15 07	15 11	15 21	15 27	15 41	15 51	15 57	16 11	16 21	16 27															16 27	
Radyr	a		15 15	15 19	15 28	15 34	15 49	15 58	16 04	16 19	16 28	16 34															16 34	
Danescourt	d		15 17	15 23	15 31	15 38	15 53	16 01	16 08	16 23	16 31	16 38															16 38	
Fairwater	d		15 21	15 23	15 31	15 34	15 38	15 53	16 01	16 04	16 08	16 34															16 38	
Waun-gron Park	d				15 38					16 08					16 10												16 40	
Ninian Park	d				15 42					16 10					16 12												16 42	
Llandaf	d				15 45					16 15					16 15												16 45	
Cathays	d				15 26	15 34	15 41	15 56	16 01	16 04	16 11	16 26	16 34	16 41	16 09	16 16	16 26	16 34	16 39	16 46	16 54	17 01	17 05	17 11	17 17	16 46	16 54	
Rhymney	d				15 31	15 39	15 46	16 01	16 09	16 16	16 24	16 31	16 39	16 46	16 11	16 16	16 24	16 31	16 39	16 46	16 54	17 01	17 05	17 11	17 17	16 46	16 54	
Pontlottyn	d				15 27	15 30	15 35	15 41	15 45	15 50	15 55	16 00	16 05	16 10	16 15	16 20	16 25	16 30	16 35	16 40	16 45	16 50	16 55	17 00	17 05	16 45	16 54	
Tir-phil	d				15 30	15 33	15 38	15 43	15 48	15 53	15 58	16 03	16 08	16 13	16 18	16 23	16 28	16 33	16 38	16 43	16 48	16 53	16 58	17 03	17 08	16 48	16 57	
Brithdir	d				15 33	15 36	15 41	15 46	15 51	15 56	16 01	16 06	16 11	16 16	16 21	16 26	16 31	16 36	16 41	16 46	16 51	16 56	17 01	17 06	17 11	16 51	16 59	
Bargoed	a				15 36	15 39	15 44	15 49	15 54	16 00	16 05	16 10	16 15	16 20	16 25	16 30	16 35	16 40	16 45	16 50	16 55	17 00	17 05	17 10	17 15	16 54	16 59	
Gilfach Fargoed	d				15 39	15 42	15 47	15 52	15 57	16 02	16 07	16 12	16 17	16 22	16 27	16 32	16 37	16 42	16 47	16 52	16 57	17 02	17 07	17 12	17 17	16 57	17 05	
Pengam	d				15 42	15 45	15 50	15 55	16 00	16 05	16 10	16 15	16 20	16 25	16 30	16 35	16 40	16 45	16 50	16 55	17 00	17 05	17 10	17 15	17 20	16 59	17 07	
Hengoed	d				15 45	15 48	15 53	15 58	16 03	16 08	16 13	16 18	16 23	16 28	16 33	16 38	16 43	16 48	16 53	16 58	17 03	17 08	17 13	17 18	17 23	17 07	17 15	
Ystrad Mynach	d				15 48	15 51	15 56	16 01	16 06	16 11	16 16	16 21	16 26	16 31	16 36	16 41	16 46	16 51	16 56	17 01	17 06	17 11	17 16	17 21	17 26	17 11	17 19	
Llanbradach	d				15 51	15 54	15 59	16 04	16 09	16 14	16 19	16 24	16 29	16 34	16 39	16 44	16 49	16 54	16 59	17 04	17 09	17 14	17 19	17 24	17 29	17 14	17 22	
Energlyn & Churchill Park	d				15 54	15 57	16 02	16 07	16 12	16 17	16 22	16 27	16 32	16 37	16 42	16 47	16 52	16 57	17 02	17 07	17 12	17 17	17 22	17 27	17 32	17 17	17 25	
Aber	d				15 57	16 00	16 05	16 10	16 15	16 20	16 25	16 30	16 35	16 40	16 45	16 50	16 55	17 00	17 05	17 10	17 15	17 20	17 25	17 30	17 35	17 20	17 28	
Caerphilly	d				16 00	16 03	16 08	16 13	16 18	16 23	16 28	16 33	16 38	16 43	16 48	16 53	16 58	17 03	17 08	17 13	17 18	17 23	17 28	17 33	17 38	17 23	17 31	
Lisvane & Thornhill	d				16 03	16 06	16 11	16 16	16 21	16 26	16 31	16 36	16 41	16 46	16 51	16 56	17 01	17 06	17 11	17 16	17 21	17 26	17 31	17 36	17 41	17 26	17 34	
Llanishen	d				16 06	16 09	16 14	16 19	16 24	16 29	16 34	16 39	16 44	16 49	16 54	16 59	17 04	17 09	17 14	17 19	17 24	17 29	17 34	17 39	17 44	17 29	17 37	
Heath High Level	d				16 09	16 12	16 17	16 22	16 27	16 32	16 37	16 42	16 47	16 52	16 57	17 02	17 07	17 12	17 17	17 22	17 27	17 32	17 37	17 42	17 47	17 32	17 40	
Coryton	d				16 15	16 18	16 23	16 28	16 33	16 38	16 43	16 48	16 53	16 58	17 03	17 08	17 13	17 18	17 23	17 28	17 33	17 38	17 43	17 48	17 53	17 38	17 46	
Whitchurch (Cardiff)	d				16 18	16 21	16 26	16 31	16 36	16 41	16 46	16 51	16 56	17 01	17 06	17 11	17 16	17 21	17 26	17 31	17 36	17 41	17 46	17 51	17 56	17 41	17 49	
Rhiwbina	d				16 21	16 24	16 29	16 34	16 39	16 44	16 49	16 54	16 59	17 04	17 09	17 14	17 19	17 24	17 29	17 34	17 39	17 44	17 49	17 54	17 59	17 44	17 52	
Birchgrove	d				16 24	16 27	16 32	16 37	16 42	16 47	16 52	16 57	17 02	17 07	17 12	17 17	17 22	17 27	17 32	1								

Table T130-F

Mondays to Fridays

10 September to 7 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW B	AW C	AW D	AW E	AW F	AW G	AW H	AW I	AW J	AW K	AW L	AW M	AW N	AW O	AW P	AW Q	AW R	AW S	AW T	AW U	AW V	AW W	AW X	AW Y	AW Z
Treherbert	d			16 17																						
Ynyswen	d			16 19																						
Treorchy	d			16 21																						
Ton Pentre	d			16 23																						
Ystrad Rhondda	a			16 26																						
	d			16 28																						
Llwynypia	d			16 30																						
Tonypandy	d			16 33																						
Dinas Rhondda	d			16 35																						
Porth	a			16 38																						
	d			16 39																						
Trehafod	d			16 42																						
Merthyr Tydfil	d			16 08																						
Pentre-bach	d			16 12																						
Troed Y Rhiw	d			16 15																						
Merthyr Vale	a			16 18																						
	d			16 20																						
Quakers Yard	d			16 25																						
Aberdare	d																									
Cwmbach	d																									
Fernhill	d																									
Mountain Ash	a																									
	d																									
Penrhiwceiber	d																									
Abercynon	d			16 30																						
Pontypridd	a			16 37	16 47																					
	d			16 38	16 48																					
Trefforest	d			16 41	16 51																					
Trefforest Estate	d			16 45																						
Taffs Well	d			16 49	16 58																					
Radyr	a			16 53	17 01																					
	d			16 53	17 01																					
Danescourt	d																									
Fairwater	d																									
Waun-gron Park	d																									
Ninian Park	d																									
Llandaf	d			16 56	17 04																					
Cathays	d			17 01	17 09																					
Rhymney	d																									
Pontlottyn	d																									
Tir-phil	d																									
Brithdir	d																									
Bargoed	a																									
	d																									
Gilfach Fargoed	d																									
Pengam	d																									
Hengoed	d																									
Ystrad Mynach	d																									
Llanbradach	d																									
Energlyn & Churchill Park	d																									
Aber	d																									
Caerphilly	d																									
Lisvane & Thornhill	d																									
Llanishen	d																									
Heath High Level	d																									
Coryton	d			16 45																						
Whitchurch (Cardiff)	d			16 46																						
Rhiwbina	d			16 48																						
Birchgrove	d			16 50																						
Ty Glas	d			16 51																						
Heath Low Level	d			16 54																						
Cardiff Queen Street	a	16 59	16 59	17 04	17 14	17 59	17 19	17 24		17 29	17 29	17 34	17 39	17 44	18 29	17 49	17 54	17 59		17 59	18 04	18 14	18 59	18 19	18 24	
	d	17 01	17 01	17 06	17 16	18 01	17 21	17 26		17 31	17 31	17 36	17 41	17 46	18 31	17 51	17 56	18 01		18 01	18 06	18 16	19 01	18 21	18 26	
Cardiff Central	a	17 04	17 04	17 09	17 22	→	17 24	17 29		17 34	17 34	17 39	17 44	17 52	→	17 54	17 59	18 04		18 04	18 09	18 22	→	18 24	18 29	
	d			17 10			17 25	17 31				17 41	17 46			17 55	18 01				18 10			18 25	18 31	
Grangetown	d			17 14			17 29	17 35				17 45	17 50			17 59	18 05				18 14			18 29	18 35	
Dingle Road	d						17 41					17 56				18 11									18 41	
Penarth	a						17 47					18 02				18 17									18 47	
Cogan	d			17 18			17 33					17 48				18 03					18 18				18 33	
Eastbrook	d			17 20			17 35					17 51				18 05					18 20				18 35	
Dinas Powys	d			17 22			17 37					17 53				18 07					18 22				18 37	
Cadoxton	d			17 27			17 42					17 57				18 12					18 27				18 42	
Barry Docks	d			17 29			17 44					18 00				18 14					18 29				18 44	
Barry	d			17 34			17 49					18 05				18 19										

Table T130-F

Mondays to Fridays

10 September to 7 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW B	AW C	AW	AW B	AW	AW D	AW E	AW C	AW	AW	AW	AW	AW A	AW B	AW C	AW	AW F	AW C	AW	AW G	
Treherbert	d			17 47					18 17								18 47			19 17		
Ynyswen	d			17 49					18 19								18 49			19 19		
Treorchy	d			17 51					18 21								18 51			19 21		
Ton Pentre	d			17 53					18 23								18 53			19 23		
Ystrad Rhondda	a			17 56					18 26								18 56			19 26		
	d			17 58					18 28								18 58			19 28		
Llwynypia	d			18 00					18 30								19 00			19 30		
Tonypanyd	d			18 03					18 33								19 03			19 33		
Dinas Rhondda	d			18 05					18 35								19 05			19 35		
Porth	a			18 08					18 38								19 08			19 38		
	d			18 09					18 39								19 09			19 39		
Trehafof	d			18 12					18 42								19 12			19 42		
Merthyr Tydfil	d		17 38						18 08							18 38				19 08		
Pentre-bach	d		17 42						18 12							18 42				19 12		
Troed Y Rhiw	d		17 45						18 15							18 45				19 15		
Merthyr Vale	a		17 48						18 18							18 48				19 18		
	d		17 50						18 20							18 50				19 20		
Quakers Yard	d		17 55						18 25							18 55				19 25		
Aberdare	d					17 51						18 21					18 51					
Cwmbach	d					17 54						18 24					18 54					
Fernhill	d					17 58						18 28					18 58					
Mountain Ash	a					18 01						18 31					19 01					
	d					18 04						18 34					19 04					
Penrhiwceiber	d					18 07						18 37					19 07					
Abercynon	d		18 00			18 15			18 30			18 45				19 00	19 15		19 30			
Pontypridd	a		18 07	18 17	18 22				18 37	18 47		18 52				19 07	19 17	19 23	19 37	19 47		
	d		18 08	18 18	18 24				18 38	18 48		18 54				19 08	19 18	19 24	19 38	19 48		
Trefforest	d		18 11	18 21	18 27				18 41	18 51		18 57				19 11	19 21	19 27	19 41	19 51		
Trefforest Estate	d		18 15						18 45							19 15			19 45			
Taffs Well	d		18 19	18 28	18 34				18 49	18 58		19 04				19 19	19 28	19 34	19 49	19 58		
Radyr	a		18 23	18 31	18 38				18 53	19 01		19 08				19 23	19 31	19 38	19 53	20 01		
	d		18 23	18 31	18 34	18 38			18 53	19 01	19 04	19 08				19 23	19 31	19 38	19 53	20 01		
Danescourt	d				18 38						19 08											
Fairwater	d				18 40						19 10											
Waun-gron Park	d				18 42						19 12											
Ninian Park	d				18 45						19 15											
Llandaf	d		18 26	18 34	18 41				18 56	19 04	19 11					19 26	19 34	19 41	19 56	20 04		
Cathays	d		18 31	18 39	18 46				19 01	19 09	19 16					19 31	19 39	19 46	20 01	20 09		
Rhymney	d																					
Pontlottyn	d																					
Tir-phil	d																					
Brithdir	a																					
Bargoed	d																					
	d					18 15																
Gilfach Fargoed	d					18 18																
Pengam	d					18 20																
Hengoed	d					18 24																
Ystrad Mynach	d					18 27																
Llanbradach	d					18 31																
Energlyn & Churchill Park	d					18 35																
Aber	d					18 37																
Caerphilly	d					18 40												19 40		20 25		
Lisvane & Thornhill	d					18 44												19 44		20 29		
Llanishen	d					18 46												19 46		20 31		
Heath High Level	d					18 49												19 49		20 34		
Coryton	d	18 15			19 15											19 15						
Whitchurch (Cardiff)	d	18 16			19 16											19 16						
Rhiwbina	d	18 18			19 18											19 18						
Birchgrove	d	18 20			19 20											19 20						
Ty Glas	d	18 21			19 21											19 21						
Heath Low Level	d	18 24			19 24											19 24						
Cardiff Queen Street	a	18 29	18 29	18 34	18 44	19 29	18 49	18 54	18 59	19 04	19 15		19 19	19 29	19 29	19 34	19 44	19 49	19 54	20 04	20 14	20 39
	d	18 31	18 31	18 36	18 46	19 31	18 51	18 56	19 01	19 06	19 16		19 20	19 31	19 31	19 36	19 46	19 51	19 56	20 06	20 16	20 41
Cardiff Central	a	18 34	18 34	18 39	18 52	19 31	18 54	18 59	19 06	19 12	19 22	19 22	19 23	19 34	19 34	19 39	19 49	19 52	19 57	19 59	20 09	20 22
	d		18 41			18 55	19 01					19 25				19 41			20 06	20 10		
Grangetown	d		18 45			18 59	19 05					19 29				19 45			20 10	20 14		
Dingle Road	d					19 11													20 14			
Penarth	a					19 17													20 20			
Cogan	d		18 48			19 03						19 33				19 48				20 18		
Eastbrook	d		18 51			19 05						19 35				19 51				20 20		
Dinas Powys	d		18 53			19 07						19 37				19 53				20 22		
Cadoxton	d		18 57			19 12						19 42				19 57				20 27		
Barry Docks	d		19 00			19 14						19 44				20 00				20 29		
Barry	d		19 05			19 19						19 49				20 05				20 34		
Barry Island	a					19 26						19 56								20 41		
Rhoose Cardiff Int Airport	d		19 12													20 12						
Llantwit Major	d		19 22													20 22						
Bridgend	a		19 40													20 40						

A From Radyr to Cardiff Central continues to C From Barry Island F To Rhymney
 Radyr D From Cardiff Central G From Barry Island to Cardiff Central
 B To Radyr E From Radyr

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Table T130-F

Saturdays

26 May to 8 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW	AW	AW	AW	AW	AW	AW	AW B		AW C	AW	AW D	AW	AW E	AW	AW F	AW G		AW	AW	AW H	AW I	
Treherbert	d											05 46						06 16						
Ynyswen	d											05 48						06 18						
Treorchy	d											05 50						06 20						
Ton Pentre	d											05 52						06 22						
Ystrad Rhondda	d											05 55						06 25						
Llwynypia	d											05 58						06 28						
Tonypanyd	d											06 00						06 30						
Dinas Rhondda	d											06 03						06 33						
Porth	d											06 05						06 35						
Trehafod	d											06 08						06 38						
	d											06 09						06 39						
	d											06 12						06 42						
Merthyr Tydfil	d																						06 38	
Pentre-bach	d																						06 42	
Troed Y Rhiw	d																						06 45	
Merthyr Vale	d																						06 48	
Quakers Yard	d																						06 50	
	d																						06 55	
Aberdare	d																					06 22		
Cwmbach	d																					06 25		
Fernhill	d																					06 28		
Mountain Ash	d																					06 31		
Penrhiwceiber	d																					06 34		
Abercynon	d																					06 37		
	d																					06 45	07 00	
Pontypridd	a											06 17						06 47				06 52	07 07	
Trefforest	d				05 18							06 18						06 48				06 54	07 08	
Trefforest Estate	d				05 21							06 21						06 51				06 57	07 11	
Taffs Well	d				05 25																		07 15	
Radyr	d				05 28							06 28			06 53	06 53	06 58	←	←		07 04		07 19	
	d				05 31							06 31			06 56	06 56	07 01	06 56	06 56		07 08		07 23	
	d				05 31							06 31			07 04	07 04	07 01	07 04	07 04		07 08		07 23	
Danescourt	d														→	→		07 08	07 08					
Fairwater	d																	07 10	07 10					
Waun-gron Park	d																	07 12	07 12					
Ninian Park	d																	07 15	07 15					
Llandaf	d				05 34							06 34						07 04				07 11	07 26	
Cathays	d				05 39							06 39						07 09				07 16	07 31	
Rhymney	d																					06 32		
Pontlottyn	d																					06 35		
Tir-phil	d																					06 40		
Brithdir	d																					06 42		
Bargoed	d																					06 46		
	d																					06 46		
Gilfach Fargoed	d																						06 28	
Pengam	d																						06 51	
Hengoed	d																						06 54	
Ystrad Mynach	d																						06 57	
Llanbradach	d																						07 01	
Energlyn & Churchill Park	d																						07 05	
Aber	d																						07 08	
Caerphilly	d								06 10														07 10	
Lisvane & Thornhill	d								06 14														07 15	
Llanishen	d								06 16														07 17	
Heath High Level	d								06 19														07 20	
Coryton	d																					06 45	07 15	
Whitchurch (Cardiff)	d																					06 46	07 16	
Rhiwbina	d																					06 48	07 18	
Birchgrove	d																					06 50	07 20	
Ty Glas	d																					06 51	07 21	
Heath Low Level	d																					06 54	07 24	
Cardiff Queen Street	a				05 43				06 25			06 43	06 59	07 04				07 12		07 59	07 20	07 25	07 29	07 34
	d	00 01			05 45				06 26			06 44	07 01	07 06				07 13		08 01	07 21	07 26	07 31	07 36
Cardiff Central	a	00 05			05 48				06 29			06 48	07 04	07 09				07 16	07 20	→	07 24	07 29	07 34	07 39
	d		05 20	05 41	05 46	05 55	06 16	06 25	06 36	06 41	06 55	07 01	07 10	07 16	07 20						07 25	07 31	07 41	
Grange town	d		05 24	05 45	05 50	05 59	06 20	06 29	06 40	06 45	06 59	07 05	07 14	07 20							07 29	07 35	07 45	
Dingle Road	d				05 54		06 24		06 44														07 41	
Penarth	a				05 59		06 29		06 49														07 46	
Cogan	d		05 28	05 48	06 03		06 33		06 48		07 03		07 18									07 33	07 48	
Eastbrook	d		05 30	05 51	06 05		06 35		06 51		07 05		07 20									07 35	07 51	
Dinas Powys	d		05 32	05 53	06 07		06 37		06 53		07 07		07 22									07 37	07 53	
Cadoxton	d		05 37	05 57	06 12		06 42		06 57		07 12		07 27									07 42	07 57	
Barry Docks	d		05 39	06 00	06 14		06 44		07 00		07 14		07 29									07 44	08 00	
Barry	d		05 44	06 05	06 19		06 49		07 05		07 19		07 34									07 49	08 05	
Barry Island	a		05 50		06 25		06 55				07 25		07 40									07 55		
Rhoose Cardiff Int Airport	d			06 12					07 12														08 12	
Llantwit Major	d			06 22					07 22														08 22	
Bridgend	a			06 39					07 39															

Table T130-F

Saturdays

26 May to 8 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW B	AW C	AW	AW	AW A	AW D	AW E	AW A	AW B	AW D	AW A	AW	AW E	AW A	AW B	AW	AW A	AW
Treherbert	d				08 16														09 16
Ynyswen	d				08 18														09 18
Treorchy	d				08 20														09 20
Ton Pentre	d				08 22														09 22
Ystrad Rhondda	d				08 25														09 25
	d				08 28														09 28
Llwynypia	d				08 30														09 30
Tonypandy	d				08 33														09 33
Dinas Rhondda	d				08 35														09 35
Porth	d				08 38														09 38
Trehafof	d				08 39														09 39
	d				08 42														09 42
Merthyr Tydfil	d		08 08																09 08
Pentre-bach	d		08 12																09 12
Troed Y Rhiw	d		08 15																09 15
Merthyr Vale	d		08 18																09 18
	a		08 20																09 20
Quakers Yard	d		08 25																09 25
Aberdare	d					08 22													08 52
Cwmbach	d					08 25													08 55
Fernhill	d					08 28													08 58
Mountain Ash	a					08 31													09 01
	d					08 34													09 04
Penrhiwceiber	d					08 37													09 07
Abercynon	d		08 30			08 45					09 00								09 15
Pontypridd	a		08 37		08 47	08 52					09 07		09 17		09 22				09 37
	d		08 38		08 48	08 54					09 08		09 18		09 24				09 38
Trefforest	d		08 41		08 51	08 57					09 11		09 21		09 27				09 41
Trefforest Estate	d		08 45								09 15								09 45
Taffs Well	d		08 49		08 58	09 04					09 19		09 28		09 34				09 49
Radyr	a		08 53		09 01	09 08					09 23		09 31		09 38				09 53
	d		08 53		09 01	09 04	09 08				09 23		09 31	09 34	09 38				09 53
Danescourt	d					09 08								09 38					10 01
Fairwater	d					09 10								09 40					10 08
Waun-gron Park	d					09 12								09 42					10 10
Ninian Park	d					09 15								09 45					10 12
	d																		10 15
Llandaf	d		08 56		09 04		09 11				09 26		09 34		09 41				09 56
Cathays	d		09 01		09 09		09 16				09 31		09 39		09 46				10 01
Rhymney	d						08 32												10 04
Pontlottyn	d						08 35												10 09
Tir-phil	d						08 39												10 13
Brithdir	d						08 42												10 17
Bargoed	a						08 46												10 21
	d				08 32		08 47				09 00				09 17				10 25
Gilfach Fargoed	d														09 19				10 29
Pengam	d			08 37			08 52				09 05				09 22				10 33
Hengoed	d			08 40			08 55				09 09				09 25				10 37
Ystrad Mynach	d			08 43			08 58				09 12				09 28				10 41
Llanbradach	d			08 48			09 03				09 16				09 33				10 45
Energlyn & Churchill Park	d										09 20								10 49
Aber	d				08 52		09 07				09 22				09 37				10 53
Caerphilly	d				08 55		09 10				09 25				09 40				10 57
Lisvane & Thornhill	d				08 59		09 14				09 29				09 44				11 01
Llanishen	d				09 01		09 16				09 31				09 46				11 05
Heath High Level	d				09 04		09 19				09 34				09 49				11 09
Coryton	d	08 45				09 45			09 15					10 15					10 45
Whitchurch (Cardiff)	d	08 46				09 46			09 16					10 16					10 46
Rhiwbina	d	08 48				09 48			09 18					10 18					10 48
Birchgrove	d	08 50				09 50			09 20					10 20					10 50
Ty Glas	d	08 51				09 51			09 21					10 21					10 51
Heath Low Level	d	08 54				09 54			09 24					10 24					10 54
Cardiff Queen Street	a	08 59	09 04	←	09 09	09 14	09 59	09 19	09 24	09 29	09 29	09 34	09 39	09 44	10 29	09 49	09 54	09 59	10 04
	d	09 01	09 06		09 11	09 16	10 01	09 21	09 26	09 31	09 31	09 36	09 41	09 46	10 31	09 51	09 56	10 01	10 06
Cardiff Central	a	09 04	09 09	08 47	09 14	09 21	→	09 24	09 29	09 34	09 34	09 39	09 44	09 51	→	09 54	09 59	10 04	10 09
	d		09 10	09 14	09 16			09 25	09 31			09 41	09 46			09 55	10 01		10 10
Grangetown	d		09 14		09 20			09 29	09 35			09 45	09 50			09 59	10 05		10 14
Dingle Road	d				09 26			09 41				09 56			10 11				10 19
Penarth	a				09 31			09 46				10 01			10 16				10 24
Cogan	d		09 18				09 33				09 48				10 03				10 18
Eastbrook	d		09 20				09 35				09 51				10 05				10 20
Dinas Powys	d		09 22				09 37				09 53				10 07				10 22
Cadoxton	d		09 27				09 42				09 57				10 12				10 27
Barry Docks	d		09 29				09 44				10 00				10 14				10 29
Barry	a		09 34				09 49				10 05				10 19				10 34
Barry Island	a		09 40				09 55								10 25				10 40
Rhoose Cardiff Int Airport	←										10 12								10 22
Llantwit Major	d										10 22								10 39
Bridgend	a			09 33															10 39

A To Radyr
 B From Barry Island
 C From Rhymney to Swansea
 D From Penarth
 E From Radyr to Cardiff Central continues to Radyr

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

26 May to 8 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW	AW A	AW B	AW C	AW D	AW	AW	AW	AW C	AW	AW	AW	AW B	AW A	AW C	AW	AW	AW E	AW B	AW C	AW	AW	AW	
Treherbert	d							09 46															10 16	
Ynyswen.....	d							09 48															10 18	
Treorchy.....	d							09 50															10 20	
Ton Pentre.....	d							09 52															10 22	
Ystrad Rhondda.....	d							09 55															10 25	
Llwynypia.....	d							09 58															10 28	
Tonypanyd.....	d							10 00															10 30	
Dinas Rhondda.....	d							10 03															10 33	
Porth.....	d							10 05															10 35	
Trehafod.....	d							10 08															10 38	
	d							10 09															10 52	
	d							10 12															10 55	
Merthyr Tydfil	d				09 38							10 04											10 38	
Pentre-bach.....	d				09 42							10 08											10 42	
Troed Y Rhiw.....	d				09 45							10 11											10 45	
Merthyr Vale.....	a				09 48							10 14											10 48	
Quakers Yard.....	d				09 50							10 15											10 50	
	d				09 55							10 21											10 55	
Aberdare	d	09 22									09 52					10 22								
Cwmbach.....	d	09 25									09 55					10 25								
Fernhill.....	d	09 28									09 58					10 28								
Mountain Ash.....	a	09 31									10 01					10 31								
	d	09 34									10 04					10 34								
Penrhiwceiber.....	d	09 37									10 07					10 37								
Abercynon.....	d	09 45			10 00						10 15	10 25				10 43							10 59	
Pontypridd	a	09 52			10 07	10 17					10 22	10 33				10 52						11 00	11 07	
	d	09 54			10 08	10 18					10 24			10 38		10 54						11 04	11 09	
Trefforest.....	d	09 57			10 11	10 21					10 27			10 41		10 57						11 07	11 12	
Trefforest Estate.....	d				10 15																		11 16	
Taffs Well.....	d	10 04			10 19	10 28					10 34			10 49		11 04						11 14	11 20	
Radyr.....	a	10 08			10 23	10 31					10 38			10 53		11 08						11 17	11 23	
	d	10 08			10 23	10 31				10 34	10 38			10 53		11 04	11 08					11 21	11 23	
Danescourt.....	d									10 38						11 08								
Fairwater.....	d									10 40						11 10								
Waun-gron Park.....	d									10 42						11 12								
Ninian Park.....	d									10 45						11 15								
Llandaf.....	d	10 11			10 26	10 34				10 41				10 56		11 11							11 26	
Cathays.....	d	10 16			10 31	10 39				10 46				11 01		11 16							11 31	
Rhymney	d	09 27																				10 27		
Pontlottyn.....	d	09 30																				10 30		
Tir-phil.....	d	09 35																				10 35		
Brithdir.....	d	09 37																				10 37		
Bargoed.....	a	09 41																				10 41		
	d	09 45				10 00																10 45		
Gilfach Fargoed.....	d					10 00					10 17			10 32									11 00	
Pengam.....	d	09 50			10 05						10 22			10 37		10 50							11 05	
Hengoed.....	d	09 54			10 09						10 25			10 40		10 54							11 09	
Ystrad Mynach.....	d	09 57			10 12						10 28			10 43		10 57							11 12	
Llanbradach.....	d	10 01			10 16						10 33			10 48		11 01							11 16	
Energlyn & Churchill Park.....	d	10 05			10 20											11 05							11 20	
Aber.....	d	10 07			10 22						10 37			10 52		11 07							11 22	
Caerphilly.....	d	10 10			10 25						10 40			10 55		11 10							11 25	
Lisvane & Thornhill.....	d	10 14			10 29						10 44			10 59		11 14							11 29	
Llanishen.....	d	10 16			10 31						10 46			11 01		11 16							11 31	
Heath High Level.....	d	10 19			10 34						10 49			11 04		11 19							11 34	
Coryton	d				10 15				11 15						11 45								11 15	
Whitchurch (Cardiff).....	d				10 16				11 16						11 46								11 16	
Rhiwbina.....	d				10 18				11 18						11 48								11 18	
Birchgrove.....	d				10 20				11 20						11 50								11 20	
Ty Glas.....	d				10 21				11 21						11 51								11 21	
Heath Low Level.....	d				10 24				11 24						11 54								11 24	
Cardiff Queen Street	a	10 19	10 24	10 29	10 34	10 39	10 44	11 29	10 49	10 54	10 59	11 04	11 09	11 59	11 19						11 24	11 29	11 34	11 39
	d	10 21	10 26	10 31	10 36	10 41	10 46	11 31	10 51	10 56	11 01	11 06	11 11	12 01	11 21						11 26	11 31	11 36	11 41
Cardiff Central	a	10 24	10 29	10 34	10 39	10 44	10 51	11 31	10 54	10 59	11 04	11 09	11 14	11 24							11 29	11 34	11 39	11 44
	d	10 25	10 31	10 35	10 41	10 46			10 55	11 01	11 10	11 16	11 25	11 35							11 31	11 36	11 41	11 46
Grangetown	d	10 29	10 35		10 45	10 50			10 59	11 05	11 14	11 20	11 29	11 35							11 35	11 40	11 45	11 50
Dingle Road.....	d		10 41			10 56			11 11		11 16		11 26		11 31						11 41			11 56
Penarth	a		10 46			11 01			11 16		11 21		11 31		11 41						11 46			12 01
Cogan.....	d	10 33			10 48				11 03		11 18		11 33		11 48									11 48
Eastbrook.....	d	10 35			10 51				11 05		11 20		11 35		11 50									11 51
Dinas Powys.....	d	10 37			10 53				11 07		11 22		11 37		11 52									11 53
Cadoxton.....	d	10 42			10 57				11 12		11 27		11 42		11 57									11 57
Barry Docks.....	d	10 44			11 00				11															

Table T130-F

Saturdays

26 May to 8 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW	AW A	AW	AW	AW B	AW A	AW C	AW	AW A	AW C	AW B	AW A	AW	AW	AW	AW	AW B	AW A	AW A
Treherbert	d	10 46							11 16										11 46
Ynyswen	d	10 48							11 18										11 48
Treorchy	d	10 50							11 20										11 50
Ton Pentre	d	10 52							11 22										11 52
Ystrad Rhondda	a	10 55							11 25										11 55
	d	10 58							11 28										11 58
Llwynypia	d	11 00							11 30										12 00
Tonypanyd	d	11 03							11 33										12 03
Dinas Rhondda	d	11 05							11 35										12 05
Porth	a	11 08							11 38										12 08
	d	11 09							11 39										12 09
Trehafod	d	11 12							11 42										12 12
Merthyr Tydfil	d							11 08											11 38
Pentre-bach	d							11 12											11 42
Troed Y Rhiw	d							11 15											11 45
Merthyr Vale	a							11 18											11 48
	d							11 20											11 50
Quakers Yard	d							11 25											11 55
Aberdare	d		10 52										11 22						
Cwmbach	d		10 55										11 25						
Fernhill	d		10 58										11 28						
Mountain Ash	a		11 01										11 31						
	d		11 04										11 34						
Penrhiwceiber	d		11 07										11 37						
Abercynon	d		11 15					11 30					11 45						12 00
Pontypridd	a	11 17	11 22					11 37	11 47	11 52			12 07						12 17
	d	11 18	11 24					11 38	11 48	11 54			12 08						12 18
Trefforest	d	11 21	11 27					11 41	11 51	11 57			12 11						12 21
Trefforest Estate	d							11 45					12 15						
Taffs Well	d	11 28	11 34					11 49	11 58	12 04			12 19						12 28
Radyr	a	11 31	11 38					11 53	12 01	12 08			12 23						12 31
	d	11 31	11 34	11 38				11 53	12 01	12 08			12 23						12 31
Danescourt	d		11 38						12 08	12 08									12 34
Fairwater	d		11 40						12 10										12 40
Waun-gron Park	d		11 42						12 12										12 42
Ninian Park	d		11 45						12 15										12 45
Llandaf	d	11 34	11 41					11 56	12 04	12 11			12 26						12 34
Cathays	d	11 39	11 46					12 01	12 09	12 16			12 31						12 39
Rhymney	d										11 27								
Pontlottyn	d										11 30								
Tir-phil	d										11 35								
Brithdir	d										11 37								
Bargoed	a										11 41								
	d										11 45								12 00
Gilfach Fargoed	d				11 17				11 32										12 17
Pengam	d				11 19														12 19
Hengoed	d				11 22				11 37										12 22
Ystrad Mynach	d				11 25				11 40										12 25
Llanbradach	d				11 28				11 43										12 28
Energlyn & Churchill Park	d				11 33				11 48										12 33
Aber	d				11 37				11 52										12 37
Caerphilly	d				11 40				11 55										12 40
Lisvane & Thornhill	d				11 44				11 59										12 44
Llanishen	d				11 46				12 01										12 46
Heath High Level	d				11 49				12 04										12 49
Coryton	d	12 15						11 45					12 15						12 45
Whitchurch (Cardiff)	d	12 16						11 46					12 16						12 46
Rhiwbina	d	12 18						11 48					12 18						12 48
Birchgrove	d	12 20						11 50					12 20						12 50
Ty Glas	d	12 21						11 51					12 21						12 51
Heath Low Level	d	12 24						11 54					12 24						12 54
Cardiff Queen Street	a	11 44	12 29	11 49	11 54	11 59	11 59	12 04	12 09	12 14	12 19	12 24	12 29	12 29	12 34	12 39	12 44	12 54	12 59
	d	11 46	12 31	11 51	11 56	12 01	12 01	12 06	12 11	12 16	12 21	12 26	12 31	12 31	12 36	12 41	12 46	12 56	13 01
Cardiff Central	a	11 51	→	11 54	11 59	12 04	12 04	12 09	12 14	12 21	→	12 24	12 29	12 34	12 39	12 44	12 51	12 59	13 04
	d			11 55	12 01	12 06	12 10	12 16	12 21	12 25	12 31	12 35	12 41	12 46	12 51	12 55	13 01		→
Grangetown	d			11 59	12 05	12 10	12 14	12 20	12 25	12 29	12 35	12 41	12 45	12 50	12 59	13 05			
Dingle Road	d				12 11			12 28						12 56					13 11
Penarth	a				12 16			12 31						13 01					13 16
Cogan	d					12 18								12 48					13 03
Eastbrook	d					12 20								12 51					13 05
Dinas Powys	d					12 22								12 53					13 07
Cadoxton	d					12 27								12 57					13 12
Barry Docks	d					12 29								13 00					13 14
Barry	a					12 19								13 05					13 19
Barry Island	a					12 25								13 25					
Rhose Cardiff Int Airport	d													13 12					
Llantwit Major	d													13 22					
Bridgend	a													13 29					

A To Radyr

B From Radyr to Cardiff Central continues to Radyr

C From Penarth

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

26 May to 8 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW B	AW	AW	AW	AW B	AW	AW	AW A	AW B	AW	AW C	AW B	AW	AW C	AW A	AW B	AW	AW	AW	AW	AW B						
Treherbert	d				13 46																	14 16		14 46				
Ynyswen	d				13 48																		14 18		14 48			
Treorchy	d				13 50																		14 20		14 50			
Ton Pentre	d				13 52																		14 22		14 52			
Ystrad Rhondda	a				13 55																		14 25		14 55			
	d				13 58																		14 28		14 58			
Llwynypia	d				14 00																		14 30		15 00			
Tonypanyd	d				14 03																		14 33		15 03			
Dinas Rhondda	d				14 05																		14 35		15 05			
Porth	a				14 08																		14 38		15 08			
	d				14 09																		14 52		15 09			
Trehafod	d				14 12																		14 55		15 12			
Merthyr Tydfil	d			13 38								14 08												14 38				
Pentre-bach	d			13 42								14 12												14 42				
Troed Y Rhiw	d			13 45								14 15												14 45				
Merthyr Vale	a			13 48								14 18												14 48				
	d			13 50								14 20												14 50				
Quakers Yard	d			13 55								14 25												14 55				
Aberdare	d								13 52														14 22					
Cwmbach	d								13 55														14 25					
Fernhill	d								13 58														14 28					
Mountain Ash	a								14 01														14 31					
	d								14 04														14 34					
Penrhiwceiber	d								14 07														14 37					
Abercynon	d			14 00					14 15					14 30										15 00				
Pontypridd	a			14 07		14 17			14 22					14 37									15 00	15 07	15 17			
	d			14 08		14 18			14 24					14 38									15 04	15 08	15 18			
Trefforest	d			14 11		14 21			14 27					14 41									15 07	15 11	15 21			
Trefforest Estate	d			14 15										14 45										15 15				
Taffs Well	d			14 19		14 28			14 34					14 49									15 14	15 19	15 28			
Radyr	a			14 23		14 31			14 31					14 53									15 17	15 23	15 31			
	d			14 23		14 31			14 34	14 38				14 53									15 21	15 23	15 31			
Danescourt	d								14 38					15 08										15 26	15 34			
Fairwater	d								14 40					15 10											15 38			
Waun-gron Park	d								14 42					15 12											15 40			
Ninian Park	d								14 45					15 15											15 42			
Llandaf	d			14 26		14 34			14 41					14 56										15 26	15 34			
Cathays	d			14 31		14 39			14 46					15 01										15 31	15 39			
Rhymney	d																						14 27					
Pontlottyn	d																						14 30					
Tir-phil	d																						14 35					
Brithdir	d																						14 37					
Bargoed	a																						14 41					
	d																						14 41					
Gilfach Fargoed	d																						14 45					
Pengam	d																							15 00				
Hengoed	d																							15 05				
Ystrad Mynach	d																							15 09				
Llanbradach	d																							15 12				
Energlyn & Churchill Park	d																							15 16				
Aber	d																							15 20				
Caerphilly	d																							15 22				
Lisvane & Thornhill	d																							15 25				
Llanishen	d																							15 29				
Heath High Level	d																							15 31				
Coryton	d																							15 34				
Whitchurch (Cardiff)	d																							15 39				
Rhiwbina	d																							15 44				
Birchgrove	d																							15 46				
Ty Glas	d																							15 51				
Heath Low Level	d																							15 51				
Cardiff Queen Street	a	14 29	14 29	14 34	14 39	14 44			15 29	14 49	14 54	14 59	14 59	15 04	15 09	15 59	15 19					15 24	15 29	15 34	15 39	15 44	16 29	
	d	14 31	14 31	14 36	14 41	14 46			15 31	14 51	14 56	15 01	15 01	15 06	15 11	16 01	15 21					15 26	15 31	15 31	15 36	15 41	16 31	
Cardiff Central	a	14 34	14 34	14 39	14 44	14 51			→	14 54	14 59	15 04	15 04	15 09	15 14	→	15 24					15 29	15 34	15 34	15 36	15 39	15 44	16 31
	d			14 41	14 46				→	14 55	15 01			15 10	15 16	→	15 25					15 31			15 41	15 46	→	
Grangetown	d			14 45	14 50				→	14 59	15 05			15 14	15 20	→	15 29					15 35			15 45	15 50	→	
Dingle Road	d				14 56						15 11			15 26											15 56			
Penarth	a				15 01						15 16			15 31											16 01			
Cogan	d																								15 48			
Eastbrook	d																								15 51			
Dinas Powys	d																								15 53			
Cadoxton	d																								15 57			
Barry Docks	d																								16 00			
Barry	d																								16 05			
Barry Island	a																											
Rhoose Cardiff Int Airport	d																								16 12			
Llantwit Major	d																								16 22			
Bridgend	a																								16 39			

A From Radyr to Cardiff Central continues to Radyr

B To Radyr
C From Penarth

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

26 May to 8 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW	AW A	AW B	AW C	AW D	AW	AW	AW D	AW	AW D	AW	AW	AW D	AW	AW	AW	AW	AW E	AW B	AW C	AW D	AW	
Treherbert	d	16 16																					
Ynyswen	d	16 18																					
Treorchy	d	16 20																					
Ton Pentre	d	16 22																					
Ystrad Rhondda	a	16 25																					
	d	16 28																					
Llwynypia	d	16 30																					
Tonypanyd	d	16 33																					
Dinas Rhondda	d	16 35																					
Porth	a	16 38																					
	d	16 39																					
Trehafod	d	16 42																					
Merthyr Tydfil	d																						
Pentre-bach	d																						
Troed Y Rhiw	d																						
Merthyr Vale	a																						
	d																						
Quakers Yard	d																						
Aberdare	d																						
Cwmbach	d																						
Fernhill	d																						
Mountain Ash	a																						
	d																						
Penrhiwceiber	d																						
Abercynon	d																						
Pontypridd	a																						
	d																						
Trefforest	d																						
Trefforest Estate	d																						
Taffs Well	d																						
Radyr	a																						
	d																						
Danescourt	d																						
Fairwater	d																						
Waun-gron Park	d																						
Ninian Park	d																						
Llandaf	d																						
Cathays	d																						
Rhymney	d																						
Pontlottyn	d																						
Tir-phil	d																						
Brithdir	d																						
Bargoed	a																						
	d																						
Gilfach Fargoed	d																						
Pengam	d																						
Hengoed	d																						
Ystrad Mynach	d																						
Llanbradach	d																						
Energlyn & Churchill Park	d																						
Aber	d																						
Caerphilly	d																						
Lisvane & Thornhill	d																						
Llanishen	d																						
Heath High Level	d																						
Coryton	d																						
Whitchurch (Cardiff)	d																						
Rhiwbina	d																						
Birchgrove	d																						
Ty Glas	d																						
Heath Low Level	d																						
Cardiff Queen Street	a																						
	d																						
Cardiff Central	a																						
	d																						
Grangetown	d																						
Dingle Road	d																						
Penarth	a																						
	d																						
Cogan	d																						
Eastbrook	d																						
Dinas Powys	d																						
Cadoxton	d																						
Barry Docks	d																						
Barry	a																						
	d																						
Barry Island	a																						
	d																						
Rhoose Cardiff Int Airport	d																						
Llantwit Major	d																						
Bridgend	a																						

A To Coryton C From Radyr to Cardiff Central continues to D To Radyr
 B From Penarth E To Cardiff Central

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

15 September to 8 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW	AW	AW	AW	AW	AW	AW	AW B		AW C	AW	AW D	AW	AW E	AW	AW F	AW		AW G	AW H	AW I	AW
Treherbert	d											05 47				06 17							06 47
Ynyswen.....	d											05 49				06 19							06 49
Treorchy.....	d											05 51				06 21							06 51
Ton Pentre.....	d											05 53				06 23							06 53
Ystrad Rhondda.....	d											05 56				06 26							06 56
Llwynypia.....	d											05 58				06 28							06 58
Tonypanyd.....	d											06 00				06 30							07 00
Dinas Rhondda.....	d											06 03				06 33							07 03
Porth.....	d											06 05				06 35							07 05
Trehafod.....	d											06 08				06 38							07 08
Merthyr Tydfil	d											06 09				06 39							07 09
Pentre-bach.....	d											06 12				06 42							07 12
Troed Y Rhiw.....	d																					06 38	
Merthyr Vale.....	d																					06 42	
Quakers Yard.....	d																					06 45	
Aberdare	d																					06 48	
Cwmbach.....	d																					06 50	
Fernhill.....	d																					06 55	
Mountain Ash.....	d																						
Penrhiwceiber.....	d																						
Abercynon.....	d																						
Pontypridd	a											06 17				06 47							06 21
Trefforest.....	d				05 18							06 18				06 48							06 24
Trefforest Estate.....	d				05 21							06 21				06 51							06 28
Taffs Well.....	d				05 25																		06 31
Radyr.....	d				05 28							06 28			06 53	06 58	←	07 04					06 34
Danescourt.....	d				05 31							06 31			06 56	07 01	06 56	07 08					06 37
Fairwater.....	d				05 31							06 31			07 04	07 01	07 04	07 08					07 00
Waun-gron Park.....	d														→	07 08							07 07
Ninian Park.....	d															07 12							07 08
Llandaf.....	d				05 34							06 34				07 04							07 11
Cathays.....	d				05 39							06 39				07 09							07 16
Rhymney	d																						06 32
Pontlottyn.....	d																						06 35
Tir-phil.....	d																						06 40
Brithdir.....	d																						06 42
Bargoed.....	d																						06 46
Gilfach Fargoed.....	d																						06 46
Pengam.....	d																						07 02
Hengoed.....	d																						06 28
Ystrad Mynach.....	d																						06 25
Llanbradach.....	d																						06 30
Energlyn & Churchill Park.....	d																						06 34
Aber.....	d																						06 37
Caerphilly.....	d																						06 41
Lisvane & Thornhill.....	d																						06 45
Llanishen.....	d																						06 47
Heath High Level.....	d																						06 50
Coryton	d																						06 10
Whitchurch (Cardiff).....	d																						06 14
Rhiwbina.....	d																						06 16
Birchgrove.....	d																						06 19
Ty Glas.....	d																						06 54
Heath Low Level.....	d																						06 56
Cardiff Queen Street	a				05 45							06 25			06 42	06 59	07 04						06 59
Cardiff Central	a	00 01			05 45							06 26			06 44	07 01	07 06						06 54
Grangetown.....	d				05 48							06 29			06 48	07 04	07 09						07 04
Dingle Road.....	d				05 55							06 36			07 01	07 10							07 05
Penarth	a				05 50							06 40			07 05	07 14							06 45
Cogan.....	d				05 54							06 44			07 11								06 55
Eastbrook.....	d				06 00							06 50			07 17								07 01
Dinas Powys.....	d				06 03																		07 11
Cadoxton.....	d				06 33							06 48											07 18
Barry Docks.....	d				06 05							06 51											07 03
Barry Island	a				06 05							06 53											07 05
Rhoose Cardiff Int Airport.....	d				06 12							07 03											07 12
Llantwit Major.....	d				06 22							07 22											07 20
Bridgend	a				06 40							07 40											07 21

A From Cardiff Bay D From Barry Island to Radyr G To Radyr
 B From Barry Island E To Coryton H From Cardiff Central
 C From Hereford F From Taffs Well to Coryton I From Penarth

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

15 September to 8 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW B	AW C	AW	AW D	AW AW A	AW AW C	AW AW E	AW AW F	AW	AW A	AW D	AW C	AW G	AW H	AW	AW
Treherbert	d					07 17				07 45							08 17
Ynyswen	d					07 19				07 47							08 19
Treorchy	d					07 21				07 49							08 21
Ton Pentre	a					07 23				07 51							08 23
Ystrad Rhondda	d					07 26				07 54							08 26
Llwynypia	d					07 28				07 58							08 28
Tonypanyd	d					07 30				08 00							08 30
Dinas Rhondda	d					07 33				08 03							08 33
Porth	a					07 35				08 05							08 35
Trehafof	d					07 38				08 08							08 38
	d					07 39				08 09							08 39
	d					07 42				08 12							08 42
Merthyr Tydfil	d			07 08						07 38						08 08	
Pentre-bach	d			07 12						07 42						08 12	
Troed Y Rhiw	d			07 15						07 45						08 15	
Merthyr Vale	a			07 18						07 48						08 18	
	d			07 20						07 50						08 20	
Quakers Yard	d			07 25						07 55						08 25	
Aberdare	d	06 51						07 21						07 51			
Cwmbach	d	06 54						07 24						07 54			
Fernhill	d	06 58						07 28						07 58			
Mountain Ash	a	07 01						07 31						08 01			
	d	07 04						07 34						08 04			
Penrhiwceiber	d	07 07						07 37						08 07			
Abercynon	d	07 15		07 30				07 45		08 00				08 15		08 30	
Pontypridd	a	07 22		07 37		07 47		07 52		08 07		08 17		08 22		08 37	
	d	07 24		07 38		07 48		07 54		08 08		08 18		08 24		08 38	
Trefforest	d	07 27		07 41		07 51		07 57		08 11		08 21		08 27		08 41	
Trefforest Estate	d			07 45						08 15						08 45	
Taffs Well	d	07 34		07 49		07 58		08 04		08 19		08 28		08 34		08 49	
Radyr	a	07 38		07 53		08 01		08 08		08 23		08 31		08 38		08 53	
	d	07 34		07 53		08 01	08 04	08 08		08 23		08 31		08 38		08 53	
Danescourt	d	07 38					08 08							08 38			
Fairwater	d	07 40					08 10							08 40			
Waun-gron Park	d	07 42					08 12							08 42			
Ninian Park	d	07 45					08 15							08 45			
Llandaf	d	07 41		07 56		08 04		08 11		08 26		08 34		08 41		08 56	
Cathays	d	07 46		08 01		08 09		08 16		08 31		08 40		08 46		09 01	
Rhymney	d		07 00					07 24		07 42							
Pontlloyn	d		07 03					07 27		07 45							
Tir-phil	d		07 08					07 32		07 50							
Brithdir	d		07 10					07 34		07 52							
Bargoed	a		07 14					07 38		07 59							
	d		07 15		07 32			07 43		08 00				08 15		08 32	
Gilfach Fargoed	d		07 18					07 46						08 18			
Pengam	d		07 20		07 37			07 48		08 05				08 20		08 37	
Hengoed	d		07 24		07 40			07 52		08 09				08 24		08 40	
Ystrad Mynach	d		07 27		07 43			07 55		08 12				08 27		08 43	
Llanbradach	d		07 31		07 48			08 00		08 16				08 31		08 48	
Energlyn & Churchill Park	d		07 35					08 04		08 20				08 35			
Aber	d		07 37		07 52			08 07		08 22				08 37		08 52	
Caerphilly	d		07 40		07 55			08 10		08 25				08 40		08 55	
Lisvane & Thornhill	d		07 44		07 59			08 14		08 29				08 44		08 59	
Llanishen	d		07 46		08 01			08 16		08 31				08 46		09 01	
Heath High Level	d		07 49		08 04			08 19		08 34				08 49		09 04	
Coryton	d			07 45				08 15						08 45			
Whitchurch (Cardiff)	d			07 46				08 16						08 46			
Rhiwbina	d			07 48				08 18						08 48			
Birchgrove	d			07 50				08 20						08 50			
Ty Glas	d			07 51				08 21						08 51			
Heath Low Level	d			07 54				08 24						08 54			
Cardiff Queen Street	a	07 49	07 54	07 59	08 04	08 09	08 14	08 19	08 24	08 29	08 34	08 39	08 44	08 49	08 54	08 59	09 04
	d	07 51	07 56	08 01	08 06	08 11	08 16	08 21	08 26	08 31	08 36	08 41	08 46	08 51	08 56	09 01	09 06
Cardiff Central	a	07 50	07 54	07 59	08 04	08 09	08 14	08 19	08 24	08 29	08 34	08 39	08 47	08 52	08 57	09 04	09 09
	d	07 55	08 01	08 10	08 16	08 21	08 26	08 31	08 36	08 41	08 46	08 50	08 54	08 59	09 04	09 09	09 14
Grangetown	d	07 59	08 05	08 14	08 20	08 25	08 31	08 36	08 41	08 46	08 50	08 54	08 59	09 04	09 09	09 14	09 19
Dingle Road	d		08 11		08 26			08 41						09 11			09 26
Penarth	a		08 17		08 32			08 47						09 17			09 32
Cogan	d	08 03		08 18				08 33		08 48				09 03		09 18	
Eastbrook	d	08 05		08 20				08 35		08 51				09 05		09 20	
Dinas Powys	d	08 07		08 22				08 37		08 53				09 07		09 22	
Cadoxton	d	08 12		08 27				08 42		08 57				09 12		09 27	
Barry Docks	d	08 14		08 29				08 44		09 00				09 14		09 29	
Barry	d	08 19		08 34				08 49		09 05				09 19		09 34	
Barry Island	a	08 26		08 41				08 56						09 26		09 41	
Rhose Cardiff Int Airport	d									09 12							
Llantwit Major	d									09 22							
Bridgend	a									09 40							

A To Coryton
 B To Ystrad Mynach
 C To Radyr
 D From Penarth
 E From Cardiff Central
 F To Swansea
 G From Barry Island
 H From Rhymney to Swansea

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

15 September to 8 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW B	AW C	AW D	AW B	AW A	AW C	AW D	AW B	AW A	AW C	AW D	AW B	AW A	AW C	AW D	AW B	AW A	AW C	AW D	AW B	AW A	
Treherbert	d					08 47																	09 47
Ynyswen	d					08 49																	09 49
Treorchy	d					08 51																	09 51
Ton Pentre	a					08 53																	09 53
Ystrad Rhondda	d					08 56																	09 56
	d					08 58																	09 58
Llwynypia	d					09 00																	10 00
Tonypanyd	d					09 03																	10 03
Dinas Rhondda	d					09 05																	10 05
Porth	a					09 08																	10 08
Trehafod	d					09 09																	10 09
	d					09 12																	10 12
Merthyr Tydfil	d					08 38																	09 38
Pentre-bach	d					08 42																	09 42
Troed Y Rhiw	d					08 45																	09 45
Merthyr Vale	a					08 48																	09 48
	d					08 50																	09 50
Quakers Yard	d					08 55																	09 55
	d																						
Aberdare	d		08 21							08 51													09 21
Cwmbach	d		08 24							08 54													09 24
Fernhill	d		08 28							08 58													09 28
Mountain Ash	a		08 31							09 01													09 31
	d		08 34							09 04													09 34
Penrhiwceiber	d		08 37							09 07													09 37
Abercynon	d		08 45			09 00				09 15													10 00
Pontypridd	a		08 52			09 07		09 17		09 22													10 17
	d		08 54			09 08		09 18		09 24													10 18
Trefforest	d		08 57			09 11		09 21		09 27													10 21
Trefforest Estate	d					09 15				09 45													10 15
Taffs Well	d		09 04			09 19		09 28		09 34													10 28
Radyr	a		09 08			09 23		09 31		09 38													10 31
	d	09 04	09 08			09 23		09 31	09 34	09 38					09 53	10 01	10 04	10 08					10 31
Danescourt	d	09 08							09 38								10 08						
Fairwater	d	09 10							09 40								10 10						
Waun-gron Park	d	09 12							09 42								10 12						
Ninian Park	d	09 15							09 45								10 15						
Llandaf	d		09 11			09 26		09 34		09 41					09 56	10 04	10 11						10 34
Cathays	d		09 16			09 31		09 40		09 46					10 01	10 09	10 16						10 39
Rhymney	d		08 32																				09 27
Pontlottyn	d		08 35																				09 30
Tir-phil	d		08 39																				09 35
Brithdir	d		08 42																				09 37
Bargoed	a		08 46																				09 41
	d		08 47					09 00															09 45
Gilfach Fargoed	d														09 25								10 00
Pengam	d														09 27								
Hengoed	d		08 52			09 05									09 30								10 05
Ystrad Mynach	d		08 55			09 09									09 33								10 09
Llanbradach	d		08 58			09 12				09 28					09 43								10 12
Energlyn & Churchill Park	d		09 03			09 16				09 33					09 48								10 16
Aber	d		09 07			09 22																	10 20
Caerphilly	d		09 10			09 25				09 37					09 52								10 22
Lisvane & Thornhill	d		09 14			09 29				09 40					09 55								10 25
Llanishen	d		09 16			09 31				09 44					09 59								10 29
Heath High Level	d		09 19			09 34				09 49					10 01								10 31
	d														10 04								10 34
Coryton	d					09 15									09 45								10 15
Whitchurch (Cardiff)	d					09 16									09 46								10 16
Rhiwbina	d					09 18									09 48								10 18
Birchgrove	d					09 20									09 50								10 20
Ty Glas	d					09 21									09 51								10 21
Heath Low Level	d					09 24									09 54								10 24
Cardiff Queen Street	a		09 19	09 24	09 29	09 34	09 39	09 44		09 49	09 54				09 59	10 04	10 09	10 14					10 19
	d		09 21	09 26	09 31	09 36	09 41	09 46		09 51	09 56				10 01	10 06	10 11	10 16					10 21
Cardiff Central	a	09 20	09 24	09 29	09 34	09 39	09 44	09 52	09 50	09 54	09 59				10 04	10 09	10 14	10 22	10 20				10 24
	d		09 25	09 31		09 41	09 46			09 55	10 01				10 10	10 16							10 25
Grangetown	d		09 29	09 35		09 45	09 50			09 59	10 05				10 14	10 20							10 29
Dingle Road	d			09 41			09 56				10 11					10 26							10 41
Penarth	a			09 47			10 02				10 17					10 32							10 47
Cogan	d		09 33			09 48				10 03					10 18								10 33
Eastbrook	d		09 35			09 51				10 05					10 20								10 35
Dinas Powys	d		09 37			09 53				10 07					10 22								10 37
Cadoxton	d		09 42			09 57				10 12					10 27								10 42
Barry Docks	d		09 44			10 00				10 14					10 29								10 44
Barry	d		09 49			10 05				10 19					10 34								10 49
Barry Island	a			09 56																			

Table T130-F

Saturdays

15 September to 8 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW	AW	AW	AW B	AW	AW C		AW A	AW	AW D	AW	AW B	AW	AW	AW	AW A		AW	AW	AW B	AW	AW C	AW			
Treherbert	d										10 17					10 47								11 17			
Ynyswen	d										10 19					10 49								11 19			
Treorchy	d										10 21					10 51								11 21			
Ton Pentre	d										10 23					10 53								11 23			
Ystrad Rhondda	d										10 26					10 56								11 26			
Llwynypia	d										10 28					10 58								11 28			
Tonypanyd	d										10 30					11 00								11 30			
Dinas Rhondda	d										10 33					11 03								11 33			
Porth	d										10 35					11 05								11 35			
Trehafod	d										10 38					11 08								11 38			
	d										10 52					11 09								11 39			
	d										10 55					11 12								11 42			
Merthyr Tydfil	d			10 04											10 38								11 08				
Pentre-bach	d			10 08											10 42								11 12				
Troed Y Rhiw	d			10 11											10 45								11 15				
Merthyr Vale	a			10 14											10 48								11 18				
	d			10 15											10 50								11 20				
Quakers Yard	d			10 21											10 55								11 25				
Aberdare	d		09 51								10 21												10 51				
Cwmbach	d		09 54								10 24												10 54				
Fernhill	d		09 58								10 28												10 58				
Mountain Ash	a		10 01								10 31												11 01				
	d		10 04								10 34												11 04				
Penrhiwceiber	d		10 07								10 37												11 07				
Abercynon	d		10 15	10 25							10 44					10 59							11 15	11 30			
Pontypridd	a		10 22	10 34							10 52				11 00							11 17	11 37	11 47			
	d		10 24			10 38					10 54				11 04							11 18	11 38	11 48			
Trefforest	d		10 27			10 41					10 57				11 07							11 21	11 41	11 51			
Trefforest Estate	d														11 16							11 27	11 45				
Taffs Well	d		10 34			10 49					11 04				11 14							11 28	11 49	11 58			
Radyr	a		10 38			10 53					11 08				11 17							11 31	11 53	12 01			
	d		10 34	10 38		10 53					11 04	11 08		11 21	11 23							11 31	11 53	12 01			
Danescourt	d		10 38								11 08				11 17							11 31	11 53	12 01			
Fairwater	d		10 40								11 10				11 20							11 38	11 58				
Waun-gron Park	d		10 42								11 12				11 23							11 38	11 58				
Ninian Park	d		10 45								11 15				11 26							11 45	11 58				
Llandaf	d		10 41			10 56					11 11				11 26							11 41	11 56	12 04			
Cathays	d		10 46			11 01					11 16				11 31							11 39	12 01	12 09			
Rhymney	d										10 27																
Pontlottyn	d										10 30																
Tir-phil	d										10 35																
Brithdir	d										10 37																
Bargoed	a										10 41																
	d					10 25					10 45													11 25			
Gilfach Fargoed	d					10 27					10 45													11 27			
Pengam	d					10 30					10 50													11 30			
Hengoed	d					10 33					10 54													11 33			
Ystrad Mynach	d				10 28						10 57													11 43			
Llanbradach	d				10 33						11 01													11 48			
Energlyn & Churchill Park	d										11 05													11 48			
Aber	d				10 37						11 07													11 52			
Caerphilly	d				10 40						11 10													11 55			
Lisvane & Thornhill	d				10 44						11 14													11 59			
Llanishen	d				10 46						11 16													12 01			
Heath High Level	d				10 49						11 19													12 04			
Coryton	d				10 45										11 15									11 45			
Whitchurch (Cardiff)	d				10 46						11 16													11 46			
Rhiwbina	d				10 48						11 18													11 48			
Birchgrove	d				10 50						11 20													11 50			
Ty Glas	d				10 51						11 21													11 51			
Heath Low Level	d				10 54						11 24													11 54			
Cardiff Queen Street	a		10 49		10 54	10 59	11 04	11 09			11 19	11 24			11 29	11 34	11 39	11 44				11 49	11 54	11 59	12 04	12 09	12 14
	d		10 51		10 56	11 01	11 06	11 11			11 21	11 26			11 31	11 36	11 41	11 46				11 51	11 56	12 01	12 06	12 11	12 16
Cardiff Central	a		10 50		10 59	11 04	11 09	11 14			11 20	11 24	11 29	11 34	11 39	11 44	11 49	11 54	11 59			12 04	12 09	12 14	12 19	12 22	
	d		10 55		11 01		11 10	11 16			11 25	11 31			11 41	11 46						11 55	12 01		12 10	12 16	
Grangetown	d		10 59		11 05		11 14	11 20			11 29	11 35			11 45	11 50						11 59	12 05		12 14	12 20	
Dingle Road	d				11 11		11 26				11 41				11 56							12 11			12 26		
Penarth	a				11 17		11 32				11 47				12 02							12 17			12 32		
Cogan	d		11 03				11 18				11 33				11 48							12 03			12 18		
Eastbrook	d		11 05				11 20				11 35				11 51							12 05			12 20		
Dinas Powys	d		11 07				11 22				11 37				11 53							12 07			12 22		
Cadoxton	d		11 12				11 27				11 42				11 57												

Table T130-F

Saturdays

15 September to 8 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW B	AW C	AW	AW	AW	AW	AW A	AW C	AW B	AW	AW A	AW D	AW C	AW	AW	AW	AW	AW	AW			
Treherbert	d							11 47							12 17					12 47			
Ynyswen	d							11 49							12 19					12 49			
Treorchy	d							11 51							12 21					12 51			
Ton Pentre	d							11 53							12 23					12 53			
Ystrad Rhondda	d							11 56							12 26					12 56			
Llwynypia	d							11 58							12 28					12 58			
Tonypanyd	d							12 00							12 30					13 00			
Dinas Rhondda	d							12 03							12 33					13 03			
Porth	d							12 05							12 35					13 05			
Trehafod	d							12 08							12 38					13 08			
Merthyr Tydfil	d							11 38							12 08					12 38			
Pentre-bach	d							11 42							12 12					12 42			
Troed Y Rhiw	d							11 45							12 15					12 45			
Merthyr Vale	d							11 48							12 18					12 48			
Quakers Yard	d							11 50							12 20					12 50			
Aberdare	d							11 55							12 25					12 55			
Cwmbach	d	11 21													12 21								
Fernhill	d	11 24													12 24								
Mountain Ash	a	11 28													12 28								
Penrhiwceiber	d	11 31													12 31								
Abercynon	d	11 34													12 34								
Pontypridd	d	11 37													12 37								
Trefforest	d	11 45						12 00							12 45					13 00			
Trefforest Estate	d	11 52						12 07							12 52					13 07			
Taffs Well	d	11 54						12 08							12 54					13 08			
Radyr	d	11 57						12 11							12 57					13 11			
Danescourt	d	12 04						12 19							13 04					13 19			
Fairwater	d	12 08						12 23							13 08					13 23			
Waun-gron Park	d	12 12						12 23							13 08					13 23			
Ninian Park	d	12 15						12 31							13 01					13 31			
Llandaf	d	12 08						12 34							13 04					13 34			
Cathays	d	12 10						12 38							13 08					13 38			
Rhymney	d	12 12						12 40							13 10					13 40			
Pontlottyn	d	12 15						12 42							13 12					13 42			
Tir-phil	d	12 16						12 45							13 15					13 45			
Brithdir	d	12 19						12 49							13 19					13 49			
Bargoed	d	12 23						12 53							13 23					13 53			
Gilfach Fargoed	d	12 26						12 53							13 23					13 53			
Pengam	d	12 27						12 56							13 26					13 56			
Hengoed	d	12 27						12 59							13 29					13 59			
Ystrad Mynach	d	12 27						13 01							13 31					14 01			
Llanbradach	d	12 27						13 01							13 31					14 01			
Energlyn & Churchill Park	d	12 27						13 01							13 31					14 01			
Aber	d	12 27						13 01							13 31					14 01			
Caerphilly	d	12 27						13 01							13 31					14 01			
Lisvane & Thornhill	d	12 27						13 01							13 31					14 01			
Llanishen	d	12 27						13 01							13 31					14 01			
Heath High Level	d	12 27						13 01							13 31					14 01			
Coryton	d	12 15						12 45							13 15					13 45			
Whitchurch (Cardiff)	d	12 16						12 46							13 16					13 46			
Rhiwbina	d	12 18						12 48							13 18					13 48			
Birchgrove	d	12 20						12 50							13 20					13 50			
Ty Glas	d	12 21						12 51							13 21					13 51			
Heath Low Level	d	12 24						12 54							13 24					13 54			
Cardiff Queen Street	a	12 19	12 24					12 29	12 34	12 39	12 44				13 04	13 09	13 14	13 19	13 24	13 29	13 34	13 39	13 44
Cardiff Central	a	12 21	12 26					12 31	12 36	12 41	12 46				13 06	13 11	13 16	13 21	13 26	13 31	13 36	13 41	13 46
Grangetown	d	12 24	12 29					12 34	12 39	12 44	12 49	12 50			13 09	13 14	13 19	13 24	13 29	13 34	13 39	13 44	13 49
Dingle Road	d	12 25	12 31					12 41	12 46	12 51	12 55				13 10	13 16	13 21	13 26	13 31	13 36	13 41	13 46	13 51
Penarth	a	12 29	12 35					12 45	12 50	12 55	12 59				13 05	13 14	13 20	13 29	13 35	13 41	13 46	13 51	13 56
Cogan	d	12 41	12 47					12 56	13 02	13 07	13 11				13 17	13 26	13 32	13 37	13 41	13 46	13 51	13 56	14 02
Eastbrook	d	12 33						12 48							13 18					13 48			
Dinas Powys	d	12 35						12 51							13 20					13 51			
Cadoxton	d	12 37						12 53							13 22					13 53			
Barry Docks	d	12 42						12 57							13 27					13 57			
Barry	d	12 44						13 00							13 29					14 00			
Barry Island	a	12 49						13 05							13 34					14 05			
Rhose Cardiff Int Airport	d	12 56						13 19							13 41					14 12			
Llantwit Major	d							13 22												14 22			
Bridgend	a							13 40												14 40			

A To Coryton
 B From Penarth
 C To Radyr
 D From Penarth to Bargoed

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

15 September to 8 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
			A		B	C																			
Treherbert	d									13 17					13 47										
Ynyswen.....	d									13 19					13 49										
Treorchy.....	d									13 21					13 51										
Ton Pentre.....	d									13 23					13 53										
Ystrad Rhondda.....	d									13 26					13 56										
Llwynypia.....	d									13 28					13 58										
Tonypanyd.....	d									13 30					14 00										
Dinas Rhondda.....	d									13 33					14 03										
Porth.....	d									13 35					14 05										
Trehafof.....	d									13 38					14 08										
Merthyr Tydfil	d			13 08						13 55					14 12										
Pentre-bach.....	d			13 12						13 38					13 42										
Troed Y Rhiw.....	d			13 15						13 45					14 15										
Merthyr Vale.....	a			13 18						13 48					14 18										
Quakers Yard.....	d			13 20						13 50					14 20										
	d			13 25						13 55					14 25										
Aberdare	d	12 51													13 51									14 21	
Cwmbach.....	d	12 54													13 54										14 24
Fernhill.....	d	12 58													13 58										14 28
Mountain Ash.....	a	13 01													14 01										14 31
	d	13 04													14 04										14 34
Penrhiwceiber.....	d	13 07													14 07										14 37
Abercynon.....	d	13 15		13 30			13 45				14 00				14 15			14 30							14 45
Pontypridd	a	13 22		13 37			13 52			14 00	14 07	14 17			14 22			14 37							14 52
	d	13 24		13 38			13 54			14 04	14 08	14 18			14 24			14 38							14 54
Trefforest.....	d	13 27		13 41			13 57			14 07	14 11	14 21			14 27			14 41							14 57
Trefforest Estate.....	d			13 45						14 15					14 45			15 04							15 08
Taffs Well.....	a	13 34		13 49			14 04			14 14	14 19	14 28			14 34			14 49							15 04
Radyr.....	a	13 38		13 53			14 08			14 17	14 23	14 31			14 38			14 53							15 08
	d	13 38		13 53		14 04	14 08			14 21	14 23	14 31	14 34	14 38	14 53			15 04							15 08
Danescourt.....	d					14 08									14 38			15 08							15 08
Fairwater.....	d					14 10									14 40			15 10							15 10
Waun-gron Park.....	d					14 12									14 42			15 12							15 12
Ninian Park.....	d					14 15									14 45			15 15							15 15
Llandaf.....	d	13 41		13 56			14 11			14 26		14 34			14 41			14 56							15 11
Cathays.....	d	13 46		14 01			14 16			14 31		14 39			14 46			15 01							15 16
Rhymney	d						13 27																		14 27
Pontlottyn.....	d						13 30																		14 30
Tir-phil.....	d						13 35																		14 35
Brithdir.....	d						13 37																		14 37
Bargoed.....	a						13 41																		14 41
	d						13 45																		14 45
Gilfach Fargoed.....	d					13 25						14 00						14 25							14 45
Pengam.....	d					13 27												14 27							14 45
Hengoed.....	d					13 30						14 05						14 30							14 50
Ystrad Mynach.....	d					13 33						14 09						14 33							14 54
Llanbradach.....	d					13 39						14 12						14 43							14 57
Energlyn & Churchill Park.....	d					13 43						14 16						14 48							15 01
Aber.....	d					14 01						14 20						15 01							15 05
Caerphilly.....	d					14 05						14 22						15 05							15 07
Lisvane & Thornhill.....	d					14 07						14 25						15 07							15 10
Llanishen.....	d					14 10						14 29						15 10							15 14
Heath High Level.....	d					14 14						14 31						15 01							15 16
	d					14 19						14 34						15 04							15 19
Coryton	d						14 15											14 45							15 19
Whitchurch (Cardiff).....	d						14 16											14 46							15 21
Rhiwbina.....	d						14 18											14 48							15 21
Birchgrove.....	d						14 20											14 50							15 24
Ty Glas.....	d						14 21											14 51							15 25
Heath Low Level.....	d						14 24											14 54							15 31
Cardiff Queen Street	a	13 49	13 54	13 59	14 04	14 09	14 14	14 19	14 24	14 29	14 34	14 39	14 44	14 49	14 54	14 59	15 04	15 09	15 14	15 19	15 24	15 29	15 34	15 39	15 44
Cardiff Central	a	13 51	13 56	14 01	14 06	14 11	14 16	14 21	14 26	14 31	14 36	14 41	14 46	14 51	14 56	15 01	15 06	15 11	15 16	15 21	15 26	15 31	15 36	15 41	15 46
	d	13 54	13 59	14 04	14 09	14 14	14 20	14 24	14 29	14 34	14 39	14 44	14 50	14 54	14 59	15 04	15 09	15 14	15 20	15 24	15 29	15 34	15 39	15 44	15 49
Grangetown.....	d	13 55	14 01	14 06	14 11	14 16	14 21	14 26	14 31	14 36	14 41	14 46	14 51	14 56	15 01	15 06	15 11	15 16	15 21	15 26	15 31	15 36	15 41	15 46	15 51
Dingle Road.....	d	13 59	14 05	14 10	14 15	14 20	14 25	14 30	14 35	14 40	14 45	14 50	14 55	15 00	15 05	15 10	15 15	15 20	15 25	15 30	15 35	15 40	15 45	15 50	15 55
Penarth	a	14 11	14 17	14 22	14 27	14 32	14 37	14 42	14 47	14 52	14 57	15 02	15 07	15 12	15 17	15 22	15 27	15 32	15 37	15 42	15 47	15 52	15 57	16 02	16 07
Cogan.....	d	14 03		14 18			14 33					14 48			15 03										

Table T130-F

Saturdays

15 September to 8 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW	AW A	AW	AW	AW	AW B	AW	AW	AW A	AW C	AW	AW B	AW	AW C	AW A	AW	AW	AW B	AW	
Treherbert	d	14 17			14 47						15 17								15 47	
Ynyswen	d	14 19			14 49						15 19								15 49	
Treorchy	d	14 21			14 51						15 21								15 51	
Ton Pentre	d	14 23			14 53						15 23								15 53	
Ystrad Rhondda	a	14 26			14 56						15 26								15 56	
	d	14 28			14 58						15 28								15 58	
Llwynypia	d	14 30			15 00						15 30								16 00	
Tonypanyd	d	14 33			15 03						15 33								16 03	
Dinas Rhondda	d	14 35			15 05						15 35								16 05	
Porth	a	14 38			15 08						15 38								16 08	
	d	14 52			15 09						15 39								16 09	
Trehafod	d	14 55			15 12						15 42								16 12	
Merthyr Tydfil	d		14 38						15 08								15 38			
Pentre-bach	d		14 42						15 12								15 42			
Troed Y Rhiw	d		14 45						15 15								15 45			
Merthyr Vale	a		14 48						15 18								15 48			
	d		14 50						15 20								15 50			
Quakers Yard	d		14 55						15 25								15 55			
Aberdare	d				14 51							15 21							15 51	
Cwmbach	d				14 54							15 24							15 54	
Fernhill	d				14 58							15 28							15 58	
Mountain Ash	a				15 01							15 31							16 01	
	d				15 04							15 34							16 04	
Penrhiwceiber	d				15 07							15 37							16 07	
Abercynon	d		15 00			15 15			15 30			15 44					16 00		16 15	
Pontypridd	a	15 00	15 07	15 17		15 22			15 37		15 47	15 52				16 07	16 17		16 22	
	d	15 04	15 08	15 18		15 24			15 38		15 48	15 54				16 08	16 18		16 24	
Trefforest	d	15 07	15 11	15 21		15 27			15 41		15 51	15 57				16 11	16 21		16 27	
Trefforest Estate	d		15 15						15 45							16 15				
Taffs Well	d	15 14	15 19	15 28		15 34			15 49		15 58	16 04				16 19	16 28		16 34	
Radyr	a	15 17	15 23	15 31		15 38			15 53		16 01	16 08				16 23	16 31	16 34	16 38	
	d	15 21	15 23	15 31		15 34	15 38		15 53		16 01	16 04	16 08			16 23	16 31	16 34	16 38	
Danescourt	d					15 38						16 08							16 38	
Fairwater	d					15 40						16 10							16 40	
Waun-gron Park	d					15 42						16 12							16 42	
Ninian Park	d					15 45						16 15							16 45	
Llandaf	d		15 26	15 34		15 41			15 56		16 04	16 11				16 26	16 34		16 41	
Cathays	d		15 31	15 39		15 46			16 01		16 09	16 16				16 31	16 39		16 46	
Rhymney	d												15 27			15 27				
Pontlottyn	d												15 30			15 30				
Tir-phil	d												15 35			15 35				
Brithdir	d												15 37			15 37				
Bargoed	a												15 41			15 41				
	d			15 00									15 45			15 45			16 00	
Gilfach Fargoed	d									15 25									16 17	
Pengam	d			15 05						15 27									16 19	
Hengoed	d			15 09						15 30				15 50			16 05		16 22	
Ystrad Mynach	d			15 12			15 28			15 33				15 54			16 09		16 25	
Llanbradach	d			15 16			15 33			15 43				15 57			16 12		16 28	
Energlyn & Churchill Park	d			15 20						15 48				16 01			16 16		16 33	
Aber	d			15 22			15 37							16 05			16 20			
Caerphilly	d			15 25			15 40			15 52				16 07			16 22		16 37	
Lisvane & Thornhill	d			15 29			15 44			15 55				16 10			16 25		16 40	
Llanishen	d			15 31			15 46			15 59				16 14			16 29		16 44	
Heath High Level	d			15 34			15 49			16 01				16 16			16 31		16 46	
Coryton	d		15 15						15 45							16 15				
Whitchurch (Cardiff)	d		15 16						15 46							16 16				
Rhiwbina	d		15 18						15 48							16 18				
Birchgrove	d		15 20						15 50							16 20				
Ty Glas	d		15 21						15 51							16 21				
Heath Low Level	d		15 24						15 54							16 24				
Cardiff Queen Street	a	15 29	15 34	15 39	15 44		15 49	15 54	15 59	16 04	16 09	16 14	16 19	16 24	16 29	16 34	16 39	16 44	16 49	16 54
	d	15 31	15 36	15 41	15 46		15 51	15 56	16 01	16 06	16 11	16 16	16 21	16 26	16 31	16 36	16 41	16 46	16 51	16 56
Cardiff Central	a	15 34	15 34	15 39	15 44	15 52	15 50	15 54	15 59	16 04	16 09	16 14	16 22	16 20	16 24	16 32	16 34	16 39	16 44	16 52
	d		15 41	15 46			15 55	16 01		16 10	16 16			16 25		16 34	16 41	16 46	16 55	17 01
Grangetown	d		15 45	15 50			15 59	16 05		16 14	16 20			16 29		16 45	16 50		16 59	17 05
Dingle Road	d			15 56				16 11		16 26							16 56			17 11
Penarth	a			16 02				16 17		16 32							17 02			17 17
Cogan	d		15 48				16 03			16 18							16 48			17 03
Eastbrook	d		15 51				16 05			16 20							16 51			17 05
Dinas Powys	d		15 53				16 07			16 22							16 53			17 07
Cadoxton	d		15 57				16 12			16 27							16 57			17 12
Barry Docks	d		16 00				16 14			16 29							17 00			17 14
Barry	d		16 05				16 19			16 34							17 05			17 19
Barry Island	a						16 26			16 41										17 26
Rhoose Cardiff Int Airport	d		16 12														17 12			
Llantwit Major	d		16 22														17 22			
Bridgend	a		16 40														17 40			

A To Radyr

B To Coryton

C From Penarth

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

15 September to 8 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW	AW	AW	AW B	AW	AW C	AW A	AW	AW	AW	AW B	AW	AW	AW A	AW	AW	AW B	AW	AW C
Treherbert	d			16 17									16 47						17 17	
Ynyswen	d			16 19									16 49						17 19	
Treorchy	d			16 21									16 51						17 21	
Ton Pentre	d			16 23									16 53						17 23	
Ystrad Rhondda	d			16 26									16 56						17 26	
	a			16 28									16 58						17 28	
Llwynypia	d			16 30									17 00						17 30	
Tonypanyd	d			16 33									17 03						17 33	
Dinas Rhondda	d			16 35									17 05						17 35	
Porth	a			16 38									17 08						17 38	
	d			16 39									17 09						17 39	
Trehafod	d			16 42									17 12						17 42	
Merthyr Tydfil	d		16 08								16 38							17 08		
Pentre-bach	d		16 12								16 42							17 12		
Troed Y Rhiw	d		16 15								16 45							17 15		
Merthyr Vale	a		16 18								16 48							17 18		
	d		16 20								16 50							17 20		
Quakers Yard	d		16 25								16 55							17 25		
Aberdare	d					16 21									16 51					17 21
Cwmbach	d					16 24									16 54					17 24
Fernhill	d					16 28									16 58					17 28
Mountain Ash	a					16 31									17 01					17 31
	d					16 34									17 04					17 34
Penrhiwceiber	d					16 37									17 07					17 37
Abercynon	d		16 30			16 45				17 00					17 15			17 30		17 45
Pontypridd	a		16 37	16 47	16 52				17 07			17 17	17 22		17 37	17 47				17 52
	d		16 38	16 48	16 54				17 08			17 18	17 24		17 38	17 48				17 54
Trefforest	d		16 41	16 51	16 57				17 11			17 21	17 27		17 41	17 51				17 57
Trefforest Estate	d		16 45						17 15						17 45					
Taffs Well	d		16 49	16 58	17 04				17 19			17 28	17 34		17 49	17 58				18 04
Radyr	a		16 53	17 01	17 08				17 23			17 31	17 38		17 53	18 01				18 08
	d		16 53	17 01	17 04	17 08			17 23			17 31	17 34	17 38	17 53	18 01	18 04			18 08
Danescourt	d				17 08								17 38							18 08
Fairwater	d				17 10								17 40							18 10
Waun-gron Park	d				17 12								17 42							18 12
Ninian Park	d				17 15								17 45							18 15
Llandaf	d		16 56	17 04	17 11				17 26			17 34	17 41		17 56	18 04				18 11
Cathays	d		17 01	17 09	17 16				17 31			17 39	17 46		18 01	18 09				18 16
Rhymney	d					16 27														17 27
Pontlottyn	d					16 30														17 30
Tir-phil	d					16 35														17 35
Brithdir	d					16 37														17 37
Bargoed	a					16 41														17 41
	d					16 45				17 00					17 17					17 45
Gilfach Fargoed	d		16 32												17 19					17 45
Pengam	d		16 37			16 50			17 05						17 22					17 50
Hengoed	d		16 40			16 54			17 09						17 25					17 54
Ystrad Mynach	d		16 43			16 57			17 12						17 28					17 57
Llanbradach	d		16 48			17 01			17 16						17 33					18 01
Energlyn & Churchill Park	d					17 05			17 20											18 05
Aber	d		16 52			17 07			17 22						17 37					18 07
Caerphilly	d		16 55			17 10			17 25						17 40					18 10
Lisvane & Thornhill	d		16 59			17 14			17 29						17 44					18 14
Llanishen	d		17 01			17 16			17 31						17 46					18 16
Heath High Level	d		17 04			17 19			17 34						17 49					18 19
Coryton	d	16 45						17 15							17 45					
Whitchurch (Cardiff)	d	16 46						17 16							17 46					
Rhiwbina	d	16 48						17 18							17 48					
Birchgrove	d	16 50						17 20							17 50					
Ty Glas	d	16 51						17 21							17 51					
Heath Low Level	d	16 54						17 24							17 54					
Cardiff Queen Street	a	16 59	17 04	17 09	17 14	17 19	17 24	17 29	17 34	17 39	17 44	17 49	17 54	17 59	18 04	18 09	18 14	18 19	18 24	
	d	17 01	17 06	17 11	17 16	17 21	17 26	17 31	17 36	17 41	17 46	17 51	17 56	18 01	18 06	18 11	18 16	18 21	18 26	
Cardiff Central	a	17 04	17 09	17 14	17 22	17 20	17 24	17 29	17 34	17 39	17 44	17 52	17 50	17 54	17 59	18 04	18 09	18 14	18 22	18 29
	d		17 10	17 16		17 25	17 31		17 41	17 46		17 55	18 01		18 10	18 16				18 25
Grangetown	d		17 14	17 20		17 29	17 35		17 45	17 50		17 59	18 05		18 14	18 20				18 29
Dingle Road	d			17 26		17 41			17 56				18 11		18 26					18 41
Penarth	a			17 32		17 47			18 02				18 17		18 32					18 47
Cogan	d		17 18			17 33			17 48				18 03		18 18					18 33
Eastbrook	d		17 20			17 35			17 51				18 05		18 20					18 35
Dinas Powys	d		17 22			17 37			17 53				18 07		18 22					18 37
Cadoxton	d		17 27			17 42			17 57				18 12		18 27					18 42
Barry Docks	d		17 29			17 44			18 00				18 14		18 29					18 44
Barry	d		17 34			17 49			18 05				18 19		18 34					18 49
Barry Island	a		17 41			17 56			18 05				18 26		18 41					18 56
Rhose Cardiff Int Airport	d							18 12												
Llantwit Major	d							18 22												
Bridgend	a							18 40												

A To Radyr

B To Coryton

C From Penarth

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Saturdays

15 September to 8 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW B	AW C	AW D	AW E	AW F	AW G	AW H	AW I	AW J	AW K	AW L	AW M	AW N	AW O	AW P	AW Q	AW R	AW S	AW T	AW U	AW V	AW W	AW X	AW Y	AW Z
Treherbert	d																									
Ynyswen	d																									
Treorchy	d																									
Ton Pentre	d																									
Ystrad Rhondda	d																									
Llwynypia	d																									
Tonypanyd	d																									
Dinas Rhondda	d																									
Porth	d																									
Trehafod	d																									
Merthyr Tydfil	d																									
Pentre-bach	d																									
Troed Y Rhiw	d																									
Merthyr Vale	a																									
Quakers Yard	d																									
Aberdare	d																									
Cwmbach	d																									
Fernhill	d																									
Mountain Ash	a																									
Penrhiwceiber	d																									
Abercynon	d																									
Pontypridd	a																									
Trefforest	d																									
Trefforest Estate	d																									
Taffs Well	d																									
Radyr	a																									
Danescourt	d																									
Fairwater	d																									
Waun-gron Park	d																									
Ninian Park	d																									
Llandaf	d																									
Cathays	d																									
Rhymney	d																									
Pontlottyn	d																									
Tir-phil	d																									
Brithdir	d																									
Bargoed	a																									
Gilfach Fargoed	d																									
Pengam	d																									
Hengoed	d																									
Ystrad Mynach	d																									
Llanbradach	d																									
Energlyn & Churchill Park	d																									
Aber	d																									
Caerphilly	d																									
Lisvane & Thornhill	d																									
Llanishen	d																									
Heath High Level	d																									
Coryton	d																									
Whitchurch (Cardiff)	d																									
Rhiwbina	d																									
Birchgrove	d																									
Ty Glas	d																									
Heath Low Level	d																									
Cardiff Queen Street	a																									
Cardiff Central	a																									
Grangetown	d																									
Dingle Road	d																									
Penarth	a																									
Cogan	d																									
Eastbrook	d																									
Dinas Powys	d																									
Cadoxton	d																									
Barry Docks	d																									
Barry	a																									
Barry Island	a																									
Rhoose Cardiff Int Airport	d																									
Llantwit Major	d																									
Bridgend	a																									

A To Radyr
B From Barry Island

C From Penarth
D From Penarth to Pontypridd

E To Coryton

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Sundays

20 May to 9 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW	AW	AW	AW	AW	AW	AW B	AW	AW C	AW B	AW	AW	AW D	AW E	AW D	AW	AW	AW F	AW E	AW	
Treherbert	d				08 17									10 12							12 12	
Ynyswen	d				08 19									10 14							12 14	
Treorchy	d				08 21									10 16							12 16	
Ton Pentre	d				08 23									10 18							12 18	
Ystrad Rhondda	d				08 26									10 21							12 21	
Llwynypia	d				08 28									10 23							12 23	
Tonypanyd	d				08 30									10 25							12 25	
Dinas Rhondda	d				08 33									10 28							12 28	
Porth	d				08 35									10 30							12 30	
Trehafof	d				08 38									10 33							12 33	
	d				08 39									10 34							12 34	
	d				08 42									10 37							12 37	
Merthyr Tydfil	d							09 38									11 38					13 38
Pentre-bach	d							09 42									11 42					13 42
Troed Y Rhiw	d							09 45									11 45					13 45
Merthyr Vale	d							09 48									11 48					13 48
Quakers Yard	d							09 50									11 50					13 50
	d							09 55									11 55					13 55
Aberdare	d							09 54						10 54								12 54
Cwmbach	d							09 57						10 57								12 57
Fernhill	d							10 00						11 00								13 00
Mountain Ash	d							10 03						11 03								13 03
Penrhiwceiber	d							10 04						11 04								13 04
Abercynon	d							10 07						11 07								13 07
Pontypridd	d							09 59	10 13					11 13			11 59					13 13
	d				08 47			10 07	10 22					10 42	11 22		12 07				12 42	13 22
Trefforest	d				08 48			10 09	10 24					10 43	11 24		12 09				12 43	13 24
Trefforest Estate	d				08 51			10 12	10 27					10 46	11 27		12 12				12 46	13 27
Taffs Well	d				08 58			10 20	10 34					10 53	11 34		12 20				12 53	13 34
Radyr	d				09 01			10 23	10 37					10 56	11 37		12 23				12 56	13 37
	d				09 01			10 23	10 37					10 56	11 37		12 23				12 56	13 37
Danescourt	d																					
Fairwater	d																					
Waun-gron Park	d																					
Ninian Park	d																					
Llandaf	d				09 04			10 26	10 40					10 59	11 40		12 26				12 59	13 40
Cathays	d				09 09			10 31	10 45					11 04	11 45		12 31				13 04	13 45
Rhymney	d							09 08						10 09			11 09					13 09
Pontlottyn	d							09 11						10 12			11 12					13 12
Tir-phil	d							09 16						10 16			11 17					13 17
Brithdir	d							09 18						10 19			11 19					13 19
Bargoed	d							09 22						10 22			11 23					13 23
	d							09 23						10 23			11 23					13 23
Gilfach Fargoed	d							09 26						10 25			11 26					13 26
Pengam	d							09 28						10 28			11 28					13 28
Hengoed	d							09 32						10 31			11 32					13 32
Ystrad Mynach	d							09 35						10 35			11 35				12 33	13 35
Llanbradach	d							09 39						10 39			11 39				12 37	13 39
Energlyn & Churchill Park	d							09 43						10 43			11 43				12 41	13 43
Aber	d							09 45						10 45			11 45				12 43	13 45
Caerphilly	d							09 48						10 48			11 48				12 48	13 48
Lisvane & Thornhill	d							09 52						10 52			11 52				12 52	13 52
Llanishen	d							09 54						10 54			11 54				12 54	13 54
Heath High Level	d							09 57						10 57			11 57				12 57	13 57
Coryton	d																					
Whitchurch (Cardiff)	d																					
Rhiwbina	d																					
Birchgrove	d																					
Ty Glas	d																					
Heath Low Level	d																					
Cardiff Queen Street	a				09 12			10 02	10 34	10 49				11 02	11 07	11 49	12 02	12 34			13 02	13 07
	d	00	01		09 14			10 04	10 36	10 51				11 04	11 09	11 51	12 04	12 36			13 04	13 09
Cardiff Central	a	00	05		09 16			10 07	10 39	10 54				11 07	11 12	11 54	12 07	12 39			13 07	13 11
	d				08 25	08 41	09 16	09 25	09 55	10 25	10 41	10 55		11 14	11 17	11 25	11 55	12 25	12 41	12 55	13 16	13 25
Grange Town	d				08 29	08 45	09 20	09 29	09 59	10 29	10 45	10 59		11 20	11 29	11 59	12 29	12 45	12 59	13 20	13 29	13 59
Dingle Road	d				09 26									11 25							13 26	
Penarth	a				09 31									11 30							13 31	
Cogan	d				08 33	08 48	09 33	10 03	10 33	10 48	11 03			11 33	12 03	12 33	12 48	13 03			13 33	
Eastbrook	d				08 35	08 51	09 35	10 05	10 35	10 51	11 05			11 35	12 05	12 35	12 51	13 05			13 35	
Dinas Powys	d				08 37	08 53	09 37	10 07	10 37	10 53	11 07			11 37	12 07	12 37	12 53	13 07			13 37	
Cadoxton	d				08 42	08 57	09 42	10 12	10 42	10 57	11 12			11 42	12 12	12 42	12 57	13 12			13 42	
Barry Docks	d				08 44	09 00	09 44	10 14	10 44	11 00	11 14			11 44	12 14	12 44	13 00	13 14			13 44	
Barry	d				08 49	09 05	09 49	10 19	10 49	11 05	11 19			11 49	12 19	12 49	13 05	13 19			13 49	
Barry Island	a				08 56		09 55	10 25	10 55	11 25				11 38		11 55	12 25	12 55			13 26	
Rhoose Cardiff Int Airport	d				09 12				11 12								13 12					15 12
Llantwit Major	d				09 22																	

Table T130-F

Sundays

20 May to 9 September

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW	AW	AW	AW B		AW B	AW	AW A	AW	AW	AW B	AW B	AW	AW C		AW	AW	AW B	AW	AW	AW	AW	AW	
Treherbert	d	14 17															18 17							20 17	
Ynyswen	d	14 19															18 19							20 19	
Treorchy	d	14 21															18 21							20 21	
Ton Pentre	d	14 23															18 23							20 23	
Ystrad Rhondda	a	14 26															18 26							20 26	
	d	14 28															18 28							20 28	
Llwynypia	d	14 30															18 30							20 30	
Tonypandy	d	14 33															18 33							20 33	
Dinas Rhondda	d	14 35															18 35							20 35	
Porth	a	14 38															18 38							20 38	
	d	14 39															18 39							20 39	
Trehafod	d	14 42															18 42							20 42	
Merthyr Tydfil	d						15 38										17 38							19 38	
Pentre-bach	d						15 42										17 42							19 42	
Troed Y Rhiw	d						15 45										17 45							19 45	
Merthyr Vale	a						15 48										17 48							19 48	
	d						15 50										17 50							19 50	
Quakers Yard	d						15 55										17 55							19 55	
Aberdare	d		14 54									16 54						18 54						20 54	
Cwmbach	d		14 57									16 57						18 57						20 57	
Fernhill	d		15 00									17 00						19 00						21 00	
Mountain Ash	a		15 03									17 03						19 03						21 03	
	d		15 04									17 04						19 04						21 04	
Penrhiwceiber	d		15 07									17 07						19 07						21 07	
Abercynon	d		15 13				15 59					17 13						19 13						21 13	
Pontypridd	a	14 47	15 22				16 07					16 47	17 22				18 07							20 07	
	d	14 48	15 24				16 09					16 48	17 24				18 09							20 09	
Trefforest	d	14 51	15 27				16 12					16 51	17 27				18 12							20 12	
Trefforest Estate	d																							20 12	
Taffs Well	d	14 58	15 34				16 20					16 58	17 34				18 20							20 20	
Radyr	a	15 01	15 37				16 23					17 01	17 37				18 23							20 23	
	d	15 01	15 37				16 23					17 01	17 37				18 23							20 23	
Danescourt	d																	19 01	19 37					20 23	
Fairwater	d																							21 01	
Waun-gron Park	d																							21 01	
Ninian Park	d																							21 01	
Llandaf	d	15 04	15 40				16 26					17 04	17 40				18 26							20 26	
Cathays	d	15 09	15 45				16 31					17 09	17 45				18 31							20 31	
Rhymney	d				15 20								17 20											19 20	
Pontlloyn	d				15 23								17 23											19 23	
Tir-phil	d				15 28								17 28											19 28	
Britthir	d				15 30								17 30											19 30	
Bargoed	a				15 34								17 34											19 34	
	d				15 35								17 35											19 35	
Gilfach Fargoed	d				15 38								17 38											19 38	
Pengam	d				15 40								17 40											19 40	
Hengoed	d				15 44								17 44											19 44	
Ystrad Mynach	d	14 33			15 47						16 33		17 47				18 33							19 47	
Llanbradach	d	14 37			15 51						16 37		17 51				18 37							19 51	
Energlyn & Churchill Park	d	14 41			15 55						16 41		17 55				18 41							19 55	
Aber	d	14 43			15 57						16 43		17 57				18 43							19 57	
Caerphilly	d	14 48			16 00						16 48		18 00				18 48							20 00	
Lisvane & Thornhill	d	14 52			16 04						16 52		18 04				18 52							20 04	
Llanishen	d	14 54			16 06						16 54		18 06				18 54							20 06	
Heath High Level	d	14 57			16 09						16 57		18 09				18 57							20 09	
Coryton	d																								
Whitchurch (Cardiff)	d																								
Rhiwbina	d																								
Birchgrove	d																								
Ty Glas	d																								
Heath Low Level	d																								
Cardiff Queen Street	a	15 02	15 14	15 49	16 14		16 34		17 02	17 14	17 49	18 14	18 34		19 02		19 14	19 49	20 14				20 34	21 14	21 49
	d	15 04	15 16	15 51	16 16		16 36		17 04	17 16	17 51	18 16	18 36		19 04		19 16	19 51	20 16				20 36	21 16	21 51
Cardiff Central	a	15 07	15 18	15 54	16 18		16 39		17 07	17 18	17 54	18 18	18 39		19 07		19 18	19 54	20 18				20 39	21 18	21 56
	d	15 16	15 25	15 55	16 10	16 25	16 41	16 55	17 16	17 25	17 55	18 25	18 41	18 55	19 16		19 25	19 55	20 25	20 31	20 41	20 55	21 25		
Grangetown	d	15 20	15 29	15 59	16 14	16 29	16 45	16 59	17 20	17 29	17 59	18 29	18 45	18 59	19 20		19 29	19 59	20 29	20 35	20 45	20 59	21 29		
Dingle Road	d	15 24							17 24						19 24									20 41	
Penarth	a	15 29							17 29						19 29									20 46	
Cogan	d	15 33	16 03	16 18	16 33		16 48	17 03	17 33	18 03	18 33	18 48	19 03				19 33	20 03	20 33				20 48	21 03	21 33
Eastbrook	d	15 35	16 05	16 20	16 35		16 51	17 05	17 35	18 05	18 35	18 51	19 05				19 35	20 05	20 35				20 51	21 05	21 35
Dinas Powys	d	15 37	16 07	16 22	16 37		16 53	17 07	17 37	18 07	18														

Table T130-F

Sundays

16 September to 2 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW A	AW	AW	AW	AW	AW	AW	AW B	AW	AW	AW	AW	AW B	AW C	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Treherbert	d																											
Ynyswen	d																											
Treorchy	d																											
Ton Pentre	d																											
Ystrad Rhondda	d																											
Llwynypia	d																											
Tonypandy	d																											
Dinas Rhondda	d																											
Porth	d																											
Trehafod	d																											
Merthyr Tydfil	d																											
Pentre-bach	d																											
Troed Y Rhiw	d																											
Merthyr Vale	a																											
Quakers Yard	d																											
Aberdare	d																											
Cwmbach	d																											
Fernhill	d																											
Mountain Ash	a																											
Penrhiwceiber	d																											
Abercynon	d																											
Pontypridd	a																											
Trefforest	d																											
Trefforest Estate	d																											
Taffs Well	d																											
Radyr	a																											
Danescourt	d																											
Fairwater	d																											
Waun-gron Park	d																											
Ninian Park	d																											
Llandaf	d																											
Cathays	d																											
Rhymney	d																											
Pontlottyn	d																											
Tir-phil	d																											
Britthir	d																											
Bargoed	a																											
Gilfach Fargoed	d																											
Pengam	d																											
Hengoed	d																											
Ystrad Mynach	d																											
Llanbradach	d																											
Energlyn & Churchill Park	d																											
Aber	d																											
Caerphilly	d																											
Lisvane & Thornhill	d																											
Llanishen	d																											
Heath High Level	d																											
Coryton	d																											
Whitchurch (Cardiff)	d																											
Rhiwbina	d																											
Birchgrove	d																											
Ty Glas	d																											
Heath Low Level	d																											
Cardiff Queen Street	a																											
Cardiff Central	a																											
Grangetown	d																											
Dingle Road	d																											
Penarth	a																											
Cogan	d																											
Eastbrook	d																											
Dinas Powys	d																											
Cadoxton	d																											
Barry Docks	d																											
Barry	d																											
Barry Island	a																											
Rhose Cardiff Int Airport	d																											
Llantwit Major	d																											
Bridgend	a																											

A From Cardiff Bay
 B From Cardiff Central
 C From Barry Island
 D From Barry Island to Aberdare

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-F

Sundays

16 September to 2 December

Treherbert, Aberdare, Merthyr, Pontypridd, Rhymney and Coryton - Cardiff, Penarth, Barry, Barry Island and Bridgend

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Treherbert	d	14 17						16 17							18 17							20 17	
Ynyswen	d	14 19						16 19							18 19							20 19	
Treorchy	d	14 21						16 21							18 21							20 21	
Ton Pentre	d	14 23						16 23							18 23							20 23	
Ystrad Rhondda	a	14 26						16 26							18 26							20 26	
	d	14 28						16 28							18 28							20 28	
Llwynypia	d	14 30						16 30							18 30							20 30	
Tonypanyd	d	14 33						16 33							18 33							20 33	
Dinas Rhondda	d	14 35						16 35							18 35							20 35	
Porth	a	14 38						16 38							18 38							20 38	
	d	14 39						16 39							18 39							20 39	
Trehafod	d	14 42						16 42							18 42							20 42	
Merthyr Tydfil	d																						
Pentre-bach	d																					19 38	
Troed Y Rhiw	d																					19 42	
Merthyr Vale	a																					19 45	
	d																					19 48	
	d																					19 50	
Quakers Yard	d																					19 55	
Aberdare	d	14 53																					20 53
Cwmbach	d	14 56																					20 56
Fernhill	d	15 00																					21 00
Mountain Ash	a	15 03																					21 03
	d	15 03																					21 03
Penrhiwceiber	d	15 07																					21 07
Abercynon	d	15 13																					21 13
Pontypridd	a	14 47	15 22					16 07															20 53
	d	14 48	15 24					16 09															20 56
Trefforest	d	14 51	15 27					16 12															21 00
Trefforest Estate	d																						21 03
Taffs Well	a	14 58	15 34					16 20															21 03
Radyr	a	15 01	15 37					16 23															21 03
	d	15 01	15 37					16 23															21 07
Danescourt	d																						21 07
Fairwater	d																						21 13
Waun-gron Park	d																						21 13
Ninian Park	d																						21 13
Llandaf	d	15 04	15 40					16 26															21 13
Cathays	d	15 09	15 45					16 31															21 13
Rhymney	d																						21 13
Pontlottyn	d																						21 13
Tir-phil	d																						21 13
Brithdir	d																						21 13
Bargoed	a																						21 13
	d																						21 13
Gilfach Fargoed	d																						21 13
Pengam	d																						21 13
Hengoed	d																						21 13
Ystrad Mynach	d																						21 13
Llanbradach	d																						21 13
Energlyn & Churchill Park	d																						21 13
Aber	d																						21 13
Caerphilly	d																						21 13
Lisvane & Thornhill	d																						21 13
Llanishen	d																						21 13
Heath High Level	d																						21 13
Coryton	d																						21 13
Whitchurch (Cardiff)	d																						21 13
Rhiwbina	d																						21 13
Birchgrove	d																						21 13
Ty Glas	d																						21 13
Heath Low Level	d																						21 13
Cardiff Queen Street	a	15 14	15 49	16 14	16 34			17 02	17 14	17 49	18 14	18 34	19 02	19 14	19 49	20 14	20 34	21 14	21 49	21 49			
	d	15 16	15 51	16 16	16 36			17 04	17 16	17 51	18 16	18 36	19 04	19 16	19 51	20 16	20 36	21 16	21 51	21 51			
Cardiff Central	a	15 18	15 54	16 18	16 39			17 07	17 18	17 54	18 18	18 39	19 07	19 18	19 54	20 18	20 39	21 18	21 54	21 54			
	d	15 25	15 55	16 25	16 41	16 55		17 16	17 25	17 55	18 25	18 41	19 16	19 25	19 55	20 25	20 31	20 41	20 55	21 25	22 25	22 25	
Grangetown	d	15 29	15 59	16 29	16 45	16 59		17 20	17 29	17 59	18 29	18 45	19 20	19 29	19 59	20 29	20 35	20 45	20 59	21 29	22 29	22 29	
Dingle Road	d							17 24					19 24										
Penarth	a							17 30					19 30										
Cogan	d	15 33	16 03	16 33	16 48	17 03		17 33	18 03	18 33	18 48	19 03	19 33	20 03	20 33	20 48	21 03	21 33	22 33	22 33			
Eastbrook	d	15 35	16 05	16 35	16 51	17 05		17 35	18 05	18 35	18 51	19 05	19 35	20 05	20 35	20 51	21 05	21 35	22 35	22 35			
Dinas Powys	d	15 37	16 07	16 37	16 53	17 07		17 37	18 07	18 37	18 53	19 07	19 37	20 07	20 37	20 53	21 07	21 37	22 37	22 37			
Cadoxton	d	15 42	16 12	16 42	16 57	17 12		17 42	18 12	18 42	18 57	19 12	19 42	20 12	20 42	20 57	21 12	21 42	22 42	22 42			
Barry Docks	d	15 44	16 14	16 44	17 00	17 14		17 44	18 14	18 44	19 00	19 14	19 44	20 14	20 44	21 00	21 14	21 44	22 44	22 44			
Barry	d	15 49	16 19	16 49	17 05	17 19		17 49	18 19	18 49	19 05	19 19	19 49	20 19	20 49	21 05	21 19	21 49	22 49	22 49			
Barry Island	a	15																					

Table T130-R

Mondays to Fridays

21 May to 7 September

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

Miles	Miles	Miles	Miles	Miles		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW			
—	—	0	—	—	Bridgend	d																			
—	—	9%	—	—	Llantwit Major.....	d																			
—	—	15%	—	—	Rhoseo Cardiff Int Airport.....	d																			
0	—	—	—	—	Barry Island	d	05 14					05 50													
0%	—	19	—	—	Barry	d	05 19					05 55													
2	—	—	—	—	Barry Docks.....	d	05 22					05 58													
2%	—	—	—	—	Cadoxton.....	d	05 25					06 01													
4%	—	—	—	—	Dinas Powys.....	d	05 29					06 05													
5%	—	—	—	—	Eastbrook.....	d	05 32					06 08													
6%	—	—	—	—	Cogan.....	d	05 34					06 10													
—	0	—	—	—	Penarth	d																	07 02		
—	0%	—	—	—	Dingle Road.....	d																	07 04		
8%	2%	—	—	—	Grangetown.....	d	05 38					06 14													
9%	3%	—	0	—	Cardiff Central	a	05 43					06 19													
—	—	—	—	—	Cardiff Queen Street.....	a	05 26	05 46	05 51		05 56	06 11	06 21	06 26	06 31		06 36	06 41	06 51	06 56	07 05	07 06	07 11	07 16	07 21
9%	4%	0%	—	—	Cardiff Queen Street.....	a	05 29	05 49	05 55		05 59	06 14	06 24	06 29	06 34		06 39	06 44	06 54	06 59	07 08	07 09	07 14	07 19	07 24
—	—	—	—	—	Heath Low Level.....	d	05 30	05 50	05 55		06 00	06 15	06 25	06 30	06 35		06 40	06 45	06 55	07 00	07 09		07 15	07 20	07 25
—	—	—	3	—	Ty Glas.....	d						06 30												07 30	
—	4%	—	—	—	Birchgrove.....	d						06 33												07 33	
—	—	4%	—	—	Rhiwbina.....	d						06 34												07 34	
—	—	4%	—	—	Whitchurch (Cardiff).....	d						06 36												07 36	
—	—	5	—	—	Coryton.....	a						06 38												07 38	
—	—	5%	—	—	Heath High Level.....	d						06 43												07 43	
—	6%	—	—	—	Llanishen.....	d	05 55																	07 25	
—	7%	—	—	—	Lisvane & Thornhill.....	d	05 58																	07 28	
—	8%	—	—	—	Caerphilly.....	d	06 00																	07 30	
—	11%	—	—	—	Aber.....	d	06a08																	07 36	
—	12	—	—	—	Energlyn & Churchill Park.....	d																		07 38	
—	12%	—	—	—	Llanbradach.....	d																		07 40	
—	14	—	—	—	Ystrad Mynach.....	d																		07 44	
—	16%	—	—	—	Hengoed.....	d																		07 49	
—	17%	—	—	—	Pengam.....	d																		07 52	
—	19%	—	—	—	Gilfach Fargoed.....	d																		07 55	
—	20%	—	—	—	Bargoed.....	a																		08 04	
—	21	—	—	—	Brithdir.....	d																			
—	22%	—	—	—	Tir-phil.....	d																			
—	23%	—	—	—	Pontlottyn.....	d																			
—	26	—	—	—	Rhymney	a																			
10%	—	—	—	—	Cathays.....	d	05 33			06 03	06 18		06 33	06 37		06 43	06 48		07 03	07 12			07 18		
13	—	—	—	—	Llandaf.....	d	05 37			06 07	06 22		06 37			06 47	06 52		07 07	07 16			07 22		
—	—	—	1	—	Ninian Park.....	d						07 10						07 40				07 10			
—	—	—	2%	—	Wauan-gron Park.....	d						07 13						07 43				07 13			
—	—	—	2%	—	Fairwater.....	d						07 15						07 45				07 15			
—	—	—	3%	—	Danescourt.....	d						07 17						07 47				07 17			
14	—	—	4%	—	Radyr	a	05 40			06 10	06 25	07 24	06 40	06 43		06 50	06 55	07 54	07 10	07 19	07 24	07 25			
—	—	—	—	—	Taffs Well.....	d	05 41			06 11	06 25		06 41	06 43		06 51	06 55		07 11	07 20		07 26			
16	—	—	—	—	Trefforest Estate.....	d	05 45			06 15	06 29		06 45	06a50		06 55	06 59		07 15	07 24		07 30			
18%	—	—	—	—	Trefforest.....	d	05 49			06 19			06 49						07 19						
20%	—	—	—	—	Pontypridd	a	05 53			06 23	06 36		06 53			07 02	07 06		07 23	07 31		07 37			
21%	—	0	—	0	Abercynon.....	d	05 56			06 26	06 39		06 56			07 05	07 09		07 26	07 34		07 40			
—	—	—	—	—	Penrhiwceiber.....	d	05 58			06 11	06 27	06 42		06 57		07 06	07 12		07 27	07 35		07 42			
—	—	3%	—	3%	Mountain Ash.....	d	06 05			06 19	06 34	06 49		07 04		07 19		07 34				07 49			
—	—	—	6	—	Fernhill.....	d				06 24		06 54				07 24						07 54			
—	—	—	7%	—	Cwmbach.....	d				06 28		06 58				07 28						07 58			
—	—	—	8%	—	Aberdare.....	a				06 33		07 03				07 33						08 03			
—	—	—	9%	—	Quakers Yard.....	d				06 35		07 05				07 35						08 05			
—	—	—	11	—	Merthyr Vale.....	a				06 39		07 09				07 39						08 09			
—	—	—	—	—	Merthyr Tydfil.....	a				06 46		07 16				07 46						08 16			
—	—	4%	—	—	Troed Y Rhiw.....	d	06 09					06 39										07 39			
—	—	7	—	—	Pentre-bach.....	d	06 14					06 44										07 44			
—	—	—	—	—	Merthyr Tydfil.....	a	06 17					06 47										07 47			
—	—	8%	—	—	Treherbert.....	d	06 20					06 50										07 50			
—	—	10	—	—	Treherbert.....	d	06 23					06 53										07 53			
—	—	11%	—	—	Treherbert.....	a	06 31					07 01										08 01			
23%	—	—	—	—	Trehafod.....	d										07 11						07 40			
24%	—	—	—	—	Porth.....	a										07 14						07 43			
—	—	—	—	—	Dinas Rhondda.....	d										07 15						07 44			
26%	—	—	—	—	Tonypandy.....	d										07 19						07 48			
26%	—	—	—	—	Llwynypia.....	d										07 21						07 50			
27%	—	—	—	—	Ystrad Rhondda.....	a										07 23						07 52			

Table T130-R

Mondays to Fridays

21 May to 7 September

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Bridgend	d																							
Llantwit Major	d																							
Rhose Cardiff Int Airport	d																							
Barry Island	d																							
Barry [B]	d																							
Barry Docks	d																							
Cadoxton	d																							
Dinas Powys	d																							
Eastbrook	d																							
Cogan	d																							
Penarth	d																							
Dingle Road	d																							
Grangetown	d																							
Cardiff Central [B]	a																							
Cardiff Queen Street [B]	a																							
Heath Low Level	d																							
Ty Glas	d																							
Birchgrove	d																							
Rhiwbina	d																							
Whitchurch (Cardiff)	d																							
Coryton	a																							
Heath High Level	d																							
Llanishen	d																							
Lisvane & Thornhill	d																							
Caerphilly	d																							
Aber	d																							
Energlyn & Churchill Park	d																							
Llanbradach	d																							
Ystrad Mynach	d																							
Hengoed	d																							
Pengam	d																							
Gilfach Fargoe	d																							
Bargoed	a																							
Brithdir	d																							
Tir-phil	d																							
Pontlottyn	d																							
Rhymney [B]	a																							
Cathays	d																							
Llandaf	d																							
Ninian Park	d																							
Waun-gron Park	d																							
Fairwater	d																							
Danescourt	d																							
Radyr [B]	a																							
Taffs Well	d																							
Trefforest Estate	d																							
Trefforest	d																							
Pontypridd [B]	a																							
Abercynon	d																							
Penrhiwceiber	d																							
Mountain Ash	a																							
Fernhill	d																							
Cwmbach	d																							
Aberdare	a																							
Quakers Yard	d																							
Merthyr Vale	a																							
Troed Y Rhiw	d																							
Pentre-bach	d																							
Merthyr Tydfil	a																							
Trehafof	d																							
Porth	a																							
Dinas Rhondda	d																							
Tonypandy	d																							
Llwynypia	d																							
Ystrad Rhondda	a																							
Ton Pentre	d																							
Treorchy	d																							
Ynyswen	d																							
Treherbert	a																							

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

21 May to 7 September

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Bridgend	d																						
Llantwit Major	d																						
Rhose Cardiff Int Airport	d																						
Barry Island	d		13 25																				
Barry []	d		13 30																				
Barry Docks	d		13 33																				
Cadoxton	d		13 36																				
Dinas Powys	d		13 40																				
Eastbrook	d		13 43																				
Cogan	d		13 45																				
Penarth	d	13 32																					
Dingle Road	d	13 34																					
Grangetown	d	13 38		13 49																			
Cardiff Central []	a	13 44		13 54																			
	a	13 46	13 51	13 56	14 05		14 06	14 11	14 16	14 21	14 26	14 36	14 36										
Cardiff Queen Street []	a	13 49	13 54	13 59	14 08		14 14	14 19	14 24	14 29	14 39	14 39	14 44	14 49									
	d	13 50	13 55	14 00	14 09		14 15	14 20	14 25	14 30	14 40	14 40	14 45	14 50									
Heath Low Level	d		14 00																				
Ty Glas	d		14 03																				
Birchgrove	d		14 04																				
Rhiwbina	d		14 06																				
Whitchurch (Cardiff)	d		14 08																				
Coryton	a		14 13																				
Heath High Level	d	13 55																					
Llanishen	d	13 58																					
Lisvane & Thornhill	d	14 00																					
Caerphilly	d	14 06																					
Aber	d	14 08																					
Energlyn & Churchill Park	d																						
Llanbradach	d	14 12																					
Ystrad Mynach	d	14 17																					
Hengoed	d	14 20																					
Pengam	d	14 23																					
Gilfach Fargoe	d																						
Bargoed	a	14 31																					
	d																						
Brithdir	d																						
Tir-phil	d																						
Pontlottyn	d																						
Rhymney []	a																						
Cathays	d		14 03	14 12			14 18																
Llandaf	d		14 07	14 16			14 22																
Ninian Park	d	14 40				14 10																	
Waun-gron Park	d	14 43				14 13																	
Fairwater	d	14 45				14 15																	
Danescourt	d	14 47				14 17																	
Radyr []	a	14 54	14 10	14 19		14 24	14 25																
	d		14 11	14 20		14 26	14 26																
Taffs Well	d		14 15	14 24		14 30	14 30																
Trefforest Estate	d		14 19																				
Trefforest	d		14 23	14 31		14 37	14 37																
Pontypridd []	a		14 26	14 34		14 41	14 41																
	d		14 27	14 35		14 42	14 42																
Abercynon	d		14 34			14 49	14 49																
Penrhiwceiber	d					14 54	14 54																
Mountain Ash	a					14 58	14 58																
	d					15 03	15 03																
Fernhill	d					15 05	15 05																
Cwmbach	d					15 09	15 09																
Aberdare	a					15 16	15 16																
Quakers Yard	d		14 39																				
Merthyr Vale	a		14 44																				
	d		14 47																				
Troed Y Rhiw	d		14 50																				
Pentre-bach	d		14 53																				
Merthyr Tydfil	a		15 01																				
Trehafoed	d			14 40																			
Porth	a			14 43																			
	d			14 44																			
Dinas Rhondda	d			14 48																			
Tonypanddy	d			14 50																			
Llwynypia	d			14 52																			
Ystrad Rhondda	a			14 55																			
	d			14 59																			
Ton Pentre	d			15 01																			
Treorchy	d			15 04																			
Ynyswen	d			15 07																			
Treherbert	a			15 12																			

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

21 May to 7 September

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW			
Bridgend	d	17 42												18 42						19 42			
Llantwit Major.....	d	17 56												18 56						19 56			
Rhose Cardiff Int Airport.....	d	18 06												19 06						20 06			
Barry Island	d			18 25			18 40	18 55							19 25	19 55							
Barry	d	18 15		18 30			18 45	19 00						19 15	19 30	20 00				20 15			
Barry Docks.....	d	18 18		18 33			18 48	19 03						19 18	19 33	20 03				20 18			
Cadoxton.....	d	18 21		18 36			18 51	19 06						19 21	19 36	20 06				20 21			
Dinas Powys.....	d	18 25		18 40			18 55	19 10						19 25	19 40	20 10				20 25			
Eastbrook.....	d	18 28		18 43			18 58	19 13						19 28	19 43	20 13				20 28			
Cogan.....	d	18 30		18 45			19 00	19 15						19 30	19 45	20 15				20 30			
Penarth	d				18 47			19 17									20 20				20 47		
Dingle Road.....	d				18 49			19 19									20 22				20 49		
Grangetown.....	d	18 34		18 49	18 53	19 04	19 19	19 23						19 34	19 49	20 19	20 26			20 34			
Cardiff Central	a	18 39		18 56	18 59	19 09	19 24	19 29						19 39	19 56	20 24	20 31			20 39			
Cardiff Queen Street	d	18 36	18 41	18 51	19 01	19 05	19 11	19 26	19 31	19 36				19 41	19 51	20 01	20 26	20 31	20 36	20 41	20 51	21 01	21 05
	d	18 44	18 54	18 54	19 04	19 08	19 14	19 29	19 34					19 44	19 54	20 04	20 29	20 34	20 44	20 54	21 04	21 08	
	d	18 47	18 55	18 55	19 05	19 09	19 15	19 30	19 35					19 45	19 55	20 05	20 30	20 35	20 45	20 55	21 05	21 09	
Heath Low Level.....	d			19 00										20 00						21 00			
Ty Glas.....	d			19 03										20 03						21 03			
Birchgrove.....	d			19 04										20 04						21 04			
Rhiwbina.....	d			19 06										20 06						21 06			
Whitchurch (Cardiff).....	d			19 08										20 08						21 08			
Coryton	a			19 13										20 13						21 13			
Heath High Level.....	d				19 10			19 40							20 11		20 40				21 11		
Llanishen.....	d				19 13			19 43							20 14		20 43				21 14		
Lisvane & Thornhill.....	d				19 15			19 45							20 15		20 45				21 16		
Caerphilly.....	d				19a21			19 51							20a24		20 51				21 23		
Aber.....	d							19 53									20 53				21 25		
Energlyn & Churchill Park.....	d							19 56									20 55				21 30		
Llanbradach.....	d							19 59									20 59				21a39		
Ystrad Mynach.....	d							20 04									21 04						
Hengoed.....	d							20 07									21 07						
Pengam.....	d							20 10									21 10						
Gilfach Fargoed.....	d							20 13									21 13						
Bargoed.....	a							20 17									21 17						
	d							20 18									21 18						
Brithdir.....	d							20 22									21 22						
Tir-phil.....	d							20 25									21 25						
Pontlottyn.....	d							20 29									21 29						
Rhymney	a							20 35									21 36						
Cathays.....	d	18 50			19 12	19 18	19 33							19 48		20 33				20 48			21 12
Llandaf.....	d	18 54			19 16	19 22	19 37							19 52		20 37				20 52			21 16
Ninian Park.....	d	18 40		19 40				19 40						20 40			20 40			21 40			
Wauon-gron Park.....	d	18 43		19 43				19 43						20 43			20 43			21 43			
Fairwater.....	d	18 45		19 45				19 45						20 45			20 45			21 45			
Danescourt.....	d	18 47		19 47				19 47						20 47			20 47			21 47			
Radyr	a	18 54	18 57	19 54		19 19	19 25	19 40	19 54	20 19	19 55	20 54		20 40		20 54	20 55	21 54				21 19	
	d	18 58	19 02			19 20	19 26	19 41	19 54	20 20	19 56			20 41		20 54	20 56	21 54				21 20	
Taffs Well.....	d	19 02				19 24	19 30	19 45	19 54	20 24	20 00			20 45		20 54	21 00					21 24	
Trefforest Estate.....	d							19 49								20 49							
Trefforest.....	d	19 09				19 31	19 37	19 53		20 31	20 07			20 53		20 53	21 07					21 31	
Pontypridd	a	19 12				19 34	19 40	19 56		20 34	20 10			20 56		20 56	21 10					21 34	
	d	19 12				19 35	19 42	19 57		20 35	20 12			20 57		20 57	21 12					21 35	
Abercynon.....	d	19 19				19 49	20 04			20 21	20 12			21 04		21 04	21 19						
Penrhiwceiber.....	d	19 24				19 54				20 26				21 09		21 09	21 24						
Mountain Ash.....	a	19 28				19 56				20 30				21 28		21 28	21 43						
	d	19 33				20 03				20 33				21 29		21 29	21 44						
Fernhill.....	d	19 35				20 05				20 35				21 31		21 31	21 46						
Cwmbach.....	d	19 39				20 09				20 39				21 35		21 35	21 50						
Aberdare	a	19 46				20 16				20 46				21 42		21 42	21 57						
Quakers Yard.....	d						20 09							21 09		21 09	21 24						
Merthyr Vale.....	a						20 14							21 14		21 14	21 29						
	d						20 15							21 15		21 15	21 30						
Troed Y Rhiw.....	d						20 19							21 19		21 19	21 34						
Pentre-bach.....	d						20 22							21 22		21 22	21 37						
Merthyr Tydfil	a						20 30							21 31		21 31	21 46						
Trehafod.....	d					19 40				20 40				21 40		21 40	21 55					21 40	
Porth.....	a					19 43				20 43				21 43		21 43	21 58					21 43	
	d					19 44				20 44				21 44		21 44	21 59					21 44	
Dinas Rhondda.....	d					19 48				20 48				21 48		21 48	22 03					21 48	
Tonypandy.....	d					19 50				20 50				21 50		21 50	22 05					21 50	
Llwynypia.....	d					19 52				20 52				21 52		21 52	22 07					21 52	
Ystrad Rhondda.....	a																						

Table T130-R

Mondays to Fridays

10 September to 7 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d																						
Llantwit Major	d																						
Rhose Cardiff Int Airport	d																						
Barry Island	d		08 40			08 55																	
Barry	d		08 45			09 00																	
Barry Docks	d		08 48			09 03																	
Cadoxton	d		08 51			09 06																	
Dinas Powys	d		08 55			09 10																	
Eastbrook	d		08 58			09 13																	
Cogan	d		09 00			09 15																	
Penarth	d					09 17																	
Dingle Road	d					09 19																	
Grangetown	d		09 04			09 19																	
Cardiff Central	a		09 09			09 24																	
	d		09 11	09 16	09 21	09 26	09 31	09 36	09 36	09 41	09 46												
Cardiff Queen Street	a	09 06	09 14	09 19	09 24	09 29	09 34	09 39	09 36	09 44	09 49												
	d	09 09	09 14	09 19	09 24	09 29	09 34	09 39	09 39	09 44	09 49												
	d	09 10	09 15	09 20	09 25	09 30	09 35	09 40		09 45	09 50												
Heath Low Level	d					09 30																	
Ty Glas	d					09 33																	
Birchgrove	d					09 34																	
Rhiwbina	d					09 36																	
Whitchurch (Cardiff)	d					09 38																	
Coryton	a					09 43																	
Heath High Level	d					09 25																	
Llanishen	d					09 28																	
Lisvane & Thornhill	d					09 30																	
Caerphilly	d					09 36																	
Aber	d					09 38																	
Energlyn & Churchill Park	d					09 40																	
Llanbradach	d					09 44																	
Ystrad Mynach	d					09 49																	
Hengoed	d					09 52																	
Pengam	d					09 55																	
Gilfach Fargoed	d																						
Bargoed	a					10 00																	
	d					10 01																	
Brithdir	d					10 05																	
Tir-phil	d					10 08																	
Pontlottyn	d					10 12																	
Rhymney	a					10 19																	
Cathays	d	09 13	09 18			09 33																	
Llandaf	d	09 17	09 22			09 37																	
Ninian Park	d					10 10																	
Wauan-gron Park	d					10 14																	
Fairwater	d					10 16																	
Danescourt	d					10 19																	
Radyr	a	09 20	09 25			10 26	09 40																
	d	09 21	09 26			10 26	09 41																
Taffs Well	d	09 25	09 30			10 26	09 45																
Trefforest Estate	d					10 26	09 49																
Trefforest	d	09 32	09 37			10 26	09 53																
Pontypridd	a	09 35	09 40			10 26	09 56																
	d	09 36	09 42			10 26	09 57																
Abercynon	d		09 49			10 04																	
Penrhiwceiber	d		09 55			10 09																	
Mountain Ash	a		09 58			10 14																	
	d		10 04			10 17																	
Fernhill	d		10 07			10 21																	
Cwmbach	d		10 11			10 24																	
Aberdare	a		10 18			10 33																	
Quakers Yard	d					10 09																	
Merthyr Vale	a					10 14																	
	d					10 17																	
Troed Y Rhiw	d					10 21																	
Pentre-bach	d					10 24																	
Merthyr Tydfil	a					10 33																	
Trehafoed	d	09 41				10 11																	
Porth	a	09 44				10 14																	
	d	09 45				10 15																	
Dinas Rhondda	d	09 49				10 19																	
Tonypandy	d	09 51				10 21																	
Llwynypia	d	09 53				10 23																	
Ystrad Rhondda	a	09 56				10 26																	
	d	09 59				10 29																	
Ton Pentre	d	10 01				10 31																	
Treorchy	d	10 04				10 34																	
Ynyswen	d	10 07				10 37																	
Treherbert	a	10 13				10 43																	

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

10 September to 7 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d			09 45																			
Llantwit Major	d			09 58																			
Rhose Cardiff Int Airport	d			10 08																			
Barry Island	d																						
Barry [M]	d			10 16																			
Barry Docks	d			10 19																			
Cadoxton	d			10 22																			
Dinas Powys	d			10 26																			
Eastbrook	d			10 28																			
Cogan	d			10 30																			
Penarth	d	10 17			10 32																		
Dingle Road	d	10 19			10 34																		
Grangetown	d	10 23		10 34	10 38																		
Cardiff Central [M]	a	10 29		10 41	10 44																		
	a	10 31	10 31	10 36	10 46	10 51	10 55																
Cardiff Queen Street [M]	a	10 34			10 49	10 54																	
	d	10 35			10 50	10 55																	
Heath Low Level	d					11 00																	
Ty Glas	d					11 03																	
Birchgrove	d					11 04																	
Rhiwbina	d					11 06																	
Whitchurch (Cardiff)	d					11 08																	
Coryton	a					11 13																	
Heath High Level	d	10 40			10 55																		
Llanishen	d	10 43			10 58																		
Lisvane & Thornhill	d	10 45			11 00																		
Caerphilly	d	10 51			11 06																		
Aber	d	10 53			11 08																		
Energlyn & Churchill Park	d																						
Llanbradach	d	10 57			11 12																		
Ystrad Mynach	d	11 07			11a21																		
Hengoed	d	11 10																					
Pengam	d	11 13																					
Gilfach Fargoed	d																						
Bargoed	a	11 22																					
	d																						
Brithdir	d																						
Tir-phil	d																						
Pontlottyn	d																						
Rhymney [M]	a																						
Cathays	d																						
Llandaf	d																						
Ninian Park	d		10 40		11 40																		
Waun-gron Park	d		10 44		11 44																		
Fairwater	d		10 46		11 46																		
Danescourt	d		10 49		11 49																		
Radryr [M]	a	10 43	10 56		11 56	11 03																	
	d	10 51				11 20																	
Taffs Well	d	10 55				11 20																	
Trefforest Estate	d					11 19																	
Trefforest	d	11 02				11 23	11 31																
Pontypridd [M]	a	11 05				11 26	11 34																
	d	11 06				11 27	11 36																
Abercynon	d					11 34																	
Penrhiwceiber	d																						
Mountain Ash	a																						
	d																						
Fernhill	d																						
Cwmbach	d																						
Aberdare	a																						
	d																						
Quakers Yard	d																						
Merthyr Vale	a																						
	d																						
Troed Y Rhiw	d																						
Pentre-bach	d																						
Merthyr Tydfil	a																						
	d																						
Trehafod	d	11 11																					
Porth	a	11 14																					
	d	11 15																					
Dinas Rhondda	d	11 19																					
Tonypandy	d	11 21																					
Llwynypia	d	11 23																					
Ystrad Rhondda	a	11 26																					
	d	11 29																					
Ton Pentre	d	11 31																					
Treorchy	d	11 34																					
Ynyswen	d	11 37																					
Treherbert	a	11 43																					

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

10 September to 7 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d																						
Llantwit Major	d																						
Rhose Cardiff Int Airport	d																						
Barry Island	d	11 40				11 55																	
Barry	d	11 45				12 00																	
Barry Docks	d	11 48				12 03																	
Cadoxton	d	11 51				12 06																	
Dinas Powys	d	11 55				12 10																	
Eastbrook	d	11 58				12 13																	
Cogan	d	12 00				12 15																	
Penarth	d		12 02				12 17																
Dingle Road	d		12 04				12 19																
Grangetown	d	12 04	12 08			12 19	12 23																
Cardiff Central	a	12 09	12 14			12 24	12 29																
Cardiff Queen Street	a	12 06	12 11	12 16		12 21	12 26	12 31	12 36	12 36													
Heath Low Level	d		12 14	12 19		12 24	12 29	12 34	12 39														
Ty Glas	d		12 15	12 20		12 25	12 30	12 35	12 40														
Birchgrove	d					12 30																	
Rhiwbina	d					12 33																	
Whitchurch (Cardiff)	d					12 34																	
Coryton	a					12 36																	
Heath High Level	d					12 37																	
Llanishen	d					12 38																	
Lisvane & Thornhill	d					12 39																	
Caerphilly	d					12 40																	
Aber	d					12 41																	
Energlyn & Churchill Park	d					12 42																	
Llanbradach	d					12 43																	
Ystrad Mynach	d					12 44																	
Hengoed	d					12 45																	
Pengam	d					12 46																	
Gilfach Fargoe	d					12 47																	
Bargoed	a					12 48																	
Brithdir	d					12 49																	
Tir-phil	d					12 50																	
Pontlottyn	d					12 51																	
Rhymney	a					12 52																	
Cathays	d					12 53																	
Llandaf	d					12 54																	
Ninian Park	d					12 55																	
Waun-gron Park	d					12 56																	
Fairwater	d					12 57																	
Danescourt	d					12 58																	
Radyr	a					12 59																	
Taffs Well	d					13 00																	
Trefforest Estate	d					13 01																	
Trefforest	d					13 02																	
Pontypridd	a					13 03																	
Abercynon	d					13 04																	
Penrhiwceiber	d					13 05																	
Mountain Ash	a					13 06																	
Fernhill	d					13 07																	
Cwmbach	d					13 08																	
Aberdare	a					13 09																	
Quakers Yard	d					13 10																	
Merthyr Vale	a					13 11																	
Troed Y Rhiw	d					13 12																	
Pentre-bach	d					13 13																	
Merthyr Tydfil	a					13 14																	
Trehafof	d					13 15																	
Porth	a					13 16																	
Dinas Rhondda	d					13 17																	
Tonypandy	d					13 18																	
Llwynypia	d					13 19																	
Ystrad Rhondda	a					13 20																	
Ton Pentre	d					13 21																	
Treorchy	d					13 22																	
Ynyswen	d					13 23																	
Treherbert	a					13 24																	

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

10 September to 7 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Bridgend	d	12 42																					
Llantwit Major.....	d	12 56																					
Rhose Cardiff Int Airport.....	d	13 06																					
Barry Island	d				13 25									13 55								14 25	14 40
Barry	d	13 15			13 30									14 00								14 30	14 45
Barry Docks.....	d	13 18			13 33									14 03								14 33	14 48
Cadoxton.....	d	13 21			13 36									14 06								14 36	14 51
Dinas Powys.....	d	13 25			13 40									14 10								14 40	14 55
Eastbrook.....	d	13 28			13 43									14 13								14 43	14 58
Cogan.....	d	13 30			13 45									14 15								14 45	15 00
Penarth	d		13 32							14 02				14 17								14 32	
Dingle Road.....	d		13 34							14 04				14 19								14 34	
Grangetown.....	d	13 34	13 38		13 49					14 08				14 19	14 23							14 34	14 49
Cardiff Central	a	13 39	13 44		13 54					14 14				14 24	14 29							14 39	14 54
Cardiff Queen Street	a	13 36	13 41	13 46	13 51	13 56	14 06	14 06	14 11	14 16				14 21	14 26	14 31	14 36	14 36				14 41	14 46
Heath Low Level.....	d				14 00					14 10				14 24	14 29	14 34	14 39					14 44	14 49
Ty Glas.....	d				14 03					14 10				14 25	14 30	14 35	14 40					14 45	14 50
Birchgrove.....	d				14 04					14 11				14 30								15 00	15 05
Rhiwbina.....	d				14 06					14 12				14 33								15 03	15 08
Whitchurch (Cardiff).....	d				14 08					14 14				14 34								15 04	15 09
Coryton	a				14 14					14 20				14 35	14 40							15 05	15 10
Heath High Level.....	d			13 55						14 25				14 40								14 55	15 10
Llanishen.....	d			13 58						14 28				14 43								14 58	15 13
Lisvane & Thornhill.....	d			14 00						14 30				14 45								15 00	15 15
Caerphilly.....	d			14 06						14 36				14 51								15 06	15 21
Aber.....	d			14 08						14 38				14 53								15 08	15 23
Energlyn & Churchill Park.....	d									14 40												15 08	15 23
Llanbradach.....	d			14 12						14 44				14 57								15 12	15 27
Ystrad Mynach.....	d			14a21						14 49				15 07								15a21	15 26
Hengoed.....	d									14 52				15 10								15 10	15 25
Pengam.....	d									14 55				15 13								15 13	15 28
Gilfach Fargoed.....	d									15 00				15 22								15 15	15 30
Bargoed.....	a									15 01				15 25								15 16	15 31
Brithdir.....	d									15 05				15 28								15 17	15 32
Tir-phil.....	d									15 08				15 31								15 19	15 34
Pontlottyn.....	d									15 12				15 34								15 21	15 36
Rhymney	a									15 19				15 37								15 23	15 38
Cathays	d	13 48			14 03	14 13				14 18				14 33								14 48	15 03
Llandaf	d	13 52			14 07	14 17				14 22				14 37								14 52	15 07
Ninian Park.....	d	13 40			14 40					14 10				15 10								14 40	15 10
Waun-gron Park.....	d	13 44			14 44					14 14				15 15								14 44	15 14
Fairwater.....	d	13 46			14 46					14 16				15 16								14 46	15 16
Danescourt.....	d	13 49			14 49					14 19				15 20								14 49	15 20
Radyr	a	13 56	13 55		14 56	14 10	14 20	14 26	14 25					15 26	14 40		14 50	14 56	14 55		15 09	15 56	15 10
Taffs Well.....	d	13 56	14 00		14 11	14 21	14 26	14 30						14 41	14 51		14 51	14 56	15 00		15 21	15 56	15 11
Trefforest Estate.....	d				14 15	14 25	14 30							14 45	14 55		14 55	15 00			15 21	15 56	15 15
Trefforest.....	d				14 19									14 49								15 19	15 24
Pontypridd	a	14 07			14 23	14 32	14 37			14 37				14 53	15 02		15 02	15 07				15 23	15 32
Abercynon.....	d	14 10			14 26	14 35	14 41			14 41				14 56	15 05		15 05	15 10				15 26	15 35
Penrhiwceiber.....	d	14 12			14 27	14 36	14 42			14 42				14 57	15 06		15 06	15 12				15 27	15 36
Mountain Ash.....	a	14 19			14 34		14 49			14 49				15 04			15 04	15 19				15 27	15 36
Fernhill.....	d				14 25		14 55			14 55				15 09			15 09	15 25				15 25	15 34
Cwmbach.....	d				14 28		14 58			14 58				15 12			15 12	15 28				15 28	15 37
Aberdare	a				14 34		15 04			15 04				15 17			15 17	15 33				15 33	15 42
Quakers Yard.....	d				14 37		15 07			15 07				15 21			15 21	15 37				15 37	15 46
Merthyr Vale.....	a				14 41		15 11			15 11				15 25			15 25	15 41				15 41	15 50
Troed Y Rhiw.....	d				14 48		15 18			15 18				15 32			15 32	15 48				15 48	15 57
Pentre-bach.....	d				14 51		15 21			15 21				15 35			15 35	15 51				15 51	16 00
Merthyr Tydfil	a				14 54		15 24			15 24				15 38			15 38	15 54				15 54	16 03
Trehafod.....	d				15 03		15 33			15 33				15 47			15 47	16 03				16 03	16 12
Porth.....	a				14 41		15 11			15 11				15 25			15 25	16 03				16 03	16 12
Dinas Rhondda.....	d				14 44		15 14			15 14				15 28			15 28	16 03				16 03	16 12
Tonypandy.....	d				14 45		15 15			15 15				15 29			15 29	16 03				16 03	16 12
Llwynypia.....	d				14 49		15 19			15 19				15 33			15 33	16 03				16 03	16 12
Ystrad Rhondda.....	d				14 51		15 21			15 21				15 35			15 35	16 03				16 03	16 12
Ton Pentre.....	d				14 53		15 23			15 23				15 37			15 37	16 03				16 03	16 12
Treorchy.....	d				14 56		15 26			15 26				15 40			15 40	16 03				16 03	16 12
Ynyswen.....	d				14 59		15 29			15 29				15 43			15 43	16 03				16 03	16 12
Treherbert	a				15 01		15 31			15 31				15 45									

Table T130-R

Mondays to Fridays

10 September to 7 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Bridgend	d																						
Llantwit Major.....	d																						
Rhose Cardiff Int Airport.....	d																						
Barry Island	d																						
Barry	d																						
Barry Docks.....	d																						
Cadoxton.....	d																						
Dinas Powys.....	d																						
Eastbrook.....	d																						
Cogan.....	d																						
Penarth	d																						
Dingle Road.....	d																						
Grangetown.....	d																						
Cardiff Central	a																						
Cardiff Queen Street	a																						
Heath Low Level.....	d																						
Ty Glas.....	d																						
Birchgrove.....	d																						
Rhiwbina.....	d																						
Whitchurch (Cardiff).....	d																						
Coryton	a																						
Heath High Level.....	d																						
Llanishen.....	d																						
Lisvane & Thornhill.....	d																						
Caerphilly.....	d																						
Aber.....	d																						
Energlyn & Churchill Park.....	d																						
Llanbradach.....	d																						
Ystrad Mynach.....	d																						
Hengoed.....	d																						
Pengam.....	d																						
Gilfach Fargoe.....	d																						
Bargoed.....	a																						
Brithdir.....	d																						
Tir-phil.....	d																						
Pontlottyn.....	d																						
Rhymney	a																						
Cathays.....	d																						
Llandaf.....	d																						
Ninian Park.....	d																						
Waun-gron Park.....	d																						
Fairwater.....	d																						
Danescourt.....	d																						
Radyr	a																						
Taffs Well.....	d																						
Trefforest Estate.....	d																						
Trefforest.....	d																						
Pontypridd	a																						
Abercynon.....	d																						
Penrhiwceiber.....	d																						
Mountain Ash.....	a																						
Fernhill.....	d																						
Cwmbach.....	d																						
Aberdare	a																						
Quakers Yard.....	d																						
Merthyr Vale.....	a																						
Troed Y Rhiw.....	d																						
Pentre-bach.....	d																						
Merthyr Tydfil	a																						
Trehafoed.....	d																						
Porth.....	a																						
Dinas Rhondda.....	d																						
Tonypandy.....	d																						
Llwynypia.....	d																						
Ystrad Rhondda.....	a																						
Ton Pentre.....	d																						
Treorchy.....	d																						
Ynyswen.....	d																						
Treherbert	a																						

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

10 September to 7 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d																						
Llantwit Major	d																						
Rhose Cardiff Int Airport	d																						
Barry Island	d				16 40																17 40		17 55
Barry	d				16 45																		18 00
Barry Docks	d				16 48																		18 03
Cadoxton	d				16 51																		18 06
Dinas Powys	d				16 55																		18 10
Eastbrook	d				16 58																		18 13
Cogan	d				17 00																		18 15
Penarth	d					17 02																	
Dingle Road	d					17 04																	18 02
Grangetown	d				17 04	17 08																	18 08
Cardiff Central	a				17 09	17 14																	18 14
Cardiff Queen Street	a	17 01		17 06	17 06	17 11	17 16	17 21	17 26	17 31	17 36	17 36											18 21
Heath Low Level	d	17 04		17 09	17 14	17 19	17 24	17 29	17 34	17 39	17 40												18 26
Ty Glas	d	17 05		17 10	17 15	17 20	17 25	17 30	17 35	17 40													18 29
Birchgrove	d																						18 30
Rhiwbina	d																						18 33
Whitchurch (Cardiff)	d																						18 34
Coryton	a																						18 36
Heath High Level	d	17 10																					18 38
Llanishen	d	17 13																					18 40
Lisvane & Thornhill	d	17 15																					18 44
Caerphilly	d	17 21																					18 48
Aber	d	17 23																					18 54
Energlyn & Churchill Park	d	17 26																					18 55
Llanbradach	d	17 29																					18 58
Ystrad Mynach	d	17 35																					19 00
Hengoed	d	17 37																					19 02
Pengam	d	17 41																					19 04
Gilfach Fargoed	d	17 44																					19 06
Bargoed	a	17 47																					19 08
Brithdir	d	17 52																					19 10
Tir-phil	d	17 55																					19 12
Pontlottyn	d	18 00																					19 14
Rhymney	a	18 07																					19 16
Cathays	d																						19 18
Llandaf	d																						19 20
Ninian Park	d																						19 22
Waun-gron Park	d																						19 24
Fairwater	d																						19 26
Danescourt	d																						19 28
Radyr	a																						19 30
Taffs Well	d																						19 32
Trefforest Estate	d																						19 34
Trefforest	d																						19 36
Pontypridd	a																						19 38
Abercynon	d																						19 40
Penrhiwceiber	d																						19 42
Mountain Ash	a																						19 44
Fernhill	d																						19 46
Cwmbach	d																						19 48
Aberdare	a																						19 50
Quakers Yard	d																						19 52
Merthyr Vale	a																						19 54
Troed Y Rhiw	d																						19 56
Pentre-bach	d																						19 58
Merthyr Tydfil	a																						19 60
Trehafof	d																						19 62
Porth	a																						19 64
Dinas Rhondda	d																						19 66
Tonypandy	d																						19 68
Llwynypia	d																						19 70
Ystrad Rhondda	a																						19 72
Ton Pentre	d																						19 74
Treorchy	d																						19 76
Ynyswen	d																						19 78
Treherbert	a																						19 80

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Mondays to Fridays

10 September to 7 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW				
Bridgend	d			17 42											18 42							19 42				
Llantwit Major	d			17 56											18 56							19 56				
Rhose Cardiff Int Airport	d			18 06											19 06							20 06				
Barry Island	d					18 25			18 40	18 55							19 25	19 55								
Barry	d			18 15		18 30			18 45	19 00					19 15			19 30	20 00			20 15				
Barry Docks	d			18 18		18 33			18 48	19 03					19 18			19 33	20 03			20 18				
Cadoxton	d			18 21		18 36			18 51	19 06					19 21			19 36	20 06			20 21				
Dinas Powys	d			18 25		18 40			18 55	19 10					19 25			19 40	20 10			20 25				
Eastbrook	d			18 28		18 43			18 58	19 13					19 28			19 43	20 13			20 28				
Cogan	d			18 30		18 45			19 00	19 15					19 30			19 45	20 15			20 30				
Penarth	d	18 17					18 47				19 17										20 20		20 47			
Dingle Road	d	18 19					18 49				19 19										20 22		20 49			
Grangetown	d	18 23		18 34		18 49	18 53		19 04	19 19	19 23				19 34			19 49	20 19		20 26	20 34	20 53			
Cardiff Central	a	18 29		18 39		18 56	18 59		19 09	19 24	19 29				19 39			19 54	20 24		20 31	20 39	20 58			
	d	18 31	18 36	18 41	18 51		19 06		19 11	19 26	19 31	19 36			19 41			19 51	20 01	20 26	20 31	20 36	20 41	20 51	21 01	21 06
Cardiff Queen Street	a	18 34		18 44	18 54		19 09		19 14	19 29	19 34				19 44			19 54	20 04	20 28	20 34	20 44	20 54	21 04	21 09	
	d	18 35		18 47	18 55		19 10		19 15	19 30	19 35				19 45			19 55	20 05	20 30	20 35	20 45	20 55	21 05	21 10	
Heath Low Level	d						19 00																21 00			
Ty Glas	d						19 03																21 03			
Birchgrove	d						19 04																21 04			
Rhiwbina	d						19 06																21 06			
Whitchurch (Cardiff)	d						19 08																21 08			
Coryton	a						19 14																21 14			
Heath High Level	d	18 40									19 40							20 11			20 40			21 11		
Llanishen	d	18 43									19 43							20 14			20 43			21 14		
Lisvane & Thornhill	d	18 45									19 45							20 16			20 45			21 16		
Caerphilly	d	18 51									19 51							20a25			20 51			21 23		
Aber	d	18 53									19 53										20 53			21 25		
Energlyn & Churchill Park	d	18 55									19 56										20 55			21 25		
Llanbradach	d	18 59									19 59										20 59			21 30		
Ystrad Mynach	d	19 04									20 04										21 04			21a40		
Hengoed	d	19 07									20 07										21 07			21 30		
Pengam	d	19 10									20 10										21 10			21 30		
Gilfach Fargoed	d	19 13									20 13										21 13			21 30		
Bargoed	a	19 16									20 17										21 17			21 30		
	d	19 18									20 18										21 18			21 30		
Brithdir	d	19 22									20 22										21 22			21 30		
Tir-phil	d	19 25									20 25										21 25			21 30		
Pontlottyn	d	19 29									20 29										21 29			21 30		
Rhymney	a	19 37									20 36										21 37			21 30		
Cathays	d			18 50			19 13		19 18	19 33					19 48						20 33		20 48	21 13		
Llandaf	d			18 54			19 17		19 22	19 37					19 52						20 37		20 52	21 17		
Ninian Park	d		18 40		19 40						19 40										20 40		21 40	21 40		
Wauan-gron Park	d		18 44		19 44						19 44										20 44		21 44	21 40		
Fairwater	d		18 46		19 46						19 46										20 46		21 46	21 40		
Danescourt	d		18 49		19 49						19 49										20 49		21 49	21 40		
Radry	a	18 51		18 56	18 57	19 56		19 20	19 25	19 40		19 56	19 55	20 20	20 56						20 40		20 56	20 55	21 56	21 20
	d	18 51			18 58			19 21	19 26	19 41			19 56	20 21	20 56							20 42		20 56	21 21	
Taffs Well	d	18 55			19 02			19 25	19 30	19 45			20 00	20 25								20 46		21 00	21 25	
Trefforest Estate	d										19 49											20 50			21 25	
Trefforest	d	19 02		19 09			19 32		19 37	19 53			20 07	20 32								20 53		21 07	21 32	
Pontypridd	a	19 05		19 12			19 35		19 40	19 56			20 10	20 35								20 56		21 10	21 35	
	d	19 06		19 12			19 36		19 42	19 57			20 12	20 36								20 58		21 12	21 36	
Abercynon	d			19 19					19 49	20 04			20 21									21 05		21 19	21 36	
Penrhiwceiber	d			19 24					19 55				20 27										21 25		21 36	
Mountain Ash	a			19 28					19 59				20 31										21 28		21 36	
	d			19 33					20 04				20 34										21 29		21 36	
Fernhill	d			19 35					20 07				20 37										21 32		21 36	
Cwmbach	d			19 39					20 11				20 41										21 36		21 36	
Aberdare	a			19 46					20 18				20 48										21 43		21 36	
Quakers Yard	d								20 09													21 10			21 36	
Merthyr Vale	a								20 14													21 15			21 36	
	d								20 14													21 15			21 36	
Troed Y Rhiw	d								20 18													21 19			21 36	
Pentre-bach	d								20 22													21 23			21 36	
Merthyr Tydfil	a								20 30													21 31			21 36	
Trehafoed	d	19 11					19 41						20 41												21 41	
Porth	a	19 14					19 44						20 44												21 44	
	d	19 15					19 45																			

Table T130-R

Saturdays

26 May to 8 September

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW					
Bridgend	d																										
Llantwit Major	d																										
Rhose Cardiff Int Airport	d																										
Barry Island	d	05 14																									
Barry	d	05 19																									
Barry Docks	d	05 22																									
Cadoxton	d	05 25																									
Dinas Powys	d	05 29																									
Eastbrook	d	05 32																									
Cogan	d	05 34																									
Penarth	d																										
Dingle Road	d																										
Grangetown	d	05 38																									
Cardiff Central	a	05 43																									
Cardiff Queen Street	d	05 26	05 46	05 51		05 56	06 11	06 15	06 21	06 26		06 31	06 36	06 41	06 51	06 56	07 05	07 06	07 11	07 16		07 21	07 21	07 26	07 31		
	a	05 29	05 50	05 55		05 59	06 14	06 19	06 24	06 29		06 34	06 39	06 44	06 54	06 59	07 08	07 14	07 19	07 24		07 24	07 24	07 29	07 34		
	d	05 30	05 50	05 56		06 00	06 15	06 20	06 25	06 30		06 35	06 40	06 45	06 55	07 00	07 09	07 15	07 20	07 25		07 25	07 25	07 30	07 35		
Heath Low Level	d		06 01						06 30						07 00							07 30	07 30				
Ty Glas	d		06 04						06 33						07 03							07 33	07 33				
Birchgrove	d		06 05						06 34						07 04							07 34	07 34				
Rhiwbina	d		06 07						06 36						07 06							07 36	07 36				
Whitchurch (Cardiff)	d		06 09						06 38						07 08							07 38	07 38				
Coryton	a		06 14						06 43						07 13							07 43	07 43				
Heath High Level	d	05 55							06 25													07 25			07 40		
Llanishen	d	05 58							06 28													07 28			07 43		
Lisvane & Thornhill	d	06 00							06 30													07 30			07 45		
Caerphilly	d	06a08							06 36													07 36			07 51		
Aber	d								06 38													07 38			07 53		
Energlyn & Churchill Park	d																					07 40					
Llanbradach	d								06 42													07 44			07 57		
Ystrad Mynach	d								06 47													07 49			08 02		
Hengoed	d								06 50													07 52			08 05		
Pengam	d								06 53													07 55			08 08		
Gilfach Fargoed	d																										
Bargoed	a								07 01													08 03			08 13		
	d																								08 14		
Brithdir	d																									08 18	
Tir-phil	d																									08 21	
Pontlottyn	d																									08 25	
Rhymney	a																									08 31	
Cathays	d	05 33				06 03	06 18					06 33		06 37	06 43	06 48		07 03	07 12							07 33	
Llandaf	d	05 37				06 07	06 22					06 37		06 47	06 52			07 07	07 16							07 37	
Ninian Park	d								07 10						07 40							07 10				08 10	
Waun-gron Park	d								07 13						07 43							07 13				08 13	
Fairwater	d								07 15						07 45							07 15				08 15	
Danescourt	d								07 17						07 47							07 17				08 17	
Radyr	a	05 40				06 10	06 25		07 24	06 40		06 43	06 50	06 55	07 54	07 10	07 19	07 24	07 25							08 24	07 40
	d	05 41				06 11	06 25		07 24	06 41		06 44	06 51	06 55	07 54	07 11	07 20	07 24	07 26								07 41
Taffs Well	d	05 45				06 15	06 29		07 24	06 45		06a50	06 55	06 59	07 54	07 15	07 24	07 24	07 30								07 45
Trefforest Estate	d	05 49				06 19			07 24	06 49					07 19							07 19				07 49	
Trefforest	d	05 53				06 23	06 36		07 24	06 53			07 02	07 06	07 23	07 31		07 37				07 37				07 53	
Pontypridd	a	05 56				06 26	06 39		07 24	06 56			07 05	07 09	07 26	07 34		07 40				07 40				07 56	
	d	05 57				06 11	06 27	06 42	07 24	06 57			07 06	07 12	07 27	07 35		07 42				07 42				07 57	
Abercynon	d	06 04				06 19	06 34	06 49	07 24	07 04			07 19	07 24	07 34		07 49					07 49				08 04	
Penrhiwceiber	d					06 24		06 54	07 24				07 24									07 54					
Mountain Ash	a					06 28		06 58	07 24				07 28									07 58					
	d					06 33		07 03	07 24				07 33									08 03					
Fernhill	d					06 35		07 05	07 24				07 35									08 05					
Cwmbach	d					06 39		07 09	07 24				07 39									08 09					
Aberdare	a					06 46		07 16	07 24				07 46									08 16					
Quakers Yard	d	06 09				06 39			07 09						07 39											08 09	
Merthyr Vale	a	06 14				06 44			07 14						07 44											08 14	
	d	06 17				06 47			07 17						07 47											08 17	
Troed Y Rhiw	d	06 20				06 50			07 20						07 50											08 20	
Pentre-bach	d	06 23				06 53			07 23						07 53											08 23	
Merthyr Tydfil	a	06 31				07 01			07 31						08 01											08 31	
Trehafod	d												07 11									07 40					
Porth	a												07 14									07 43					
	d												07 15									07 44					
Dinas Rhondda	d	</																									

Table T130-R

Saturdays

26 May to 8 September

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d		09 42																					
Llantwit Major	d		09 56																					
Rhoose Cardiff Int Airport	d		10 06																					
Barry Island	d						10 25				10 40			10 55									11 25	
Barry []	d		10 15				10 30				10 45			11 00									11 15	
Barry Docks	d		10 18				10 33				10 48			11 03									11 18	
Cadoxton	d		10 21				10 36				10 51			11 06									11 21	
Dinas Powys	d		10 25				10 40				10 55			11 10									11 25	
Eastbrook	d		10 28				10 43				10 58			11 13									11 28	
Cogan	d		10 30				10 45				11 00			11 15									11 30	
Penarth	d			10 32						10 47		11 04			11 17								11 32	
Dingle Road	d			10 34						10 49		11 06			11 19								11 34	
Grangetown	d		10 34				10 49			10 53	11 04	11 10			11 19	11 23						11 34	11 38	
Cardiff Central []	a		10 41	10 44			10 54			10 59	11 09	11 15			11 24	11 29						11 39	11 44	
	d	10 35	10 36	10 46	10 51	10 51	10 56			11 01	11 11	11 16	11 21	11 26	11 31	11 35	11 36					11 41	11 46	11 51
Cardiff Queen Street []	a	10 38		10 49		10 54	10 59			11 04	11 14	11 19	11 24	11 29	11 34	11 38						11 44	11 49	11 54
	d	10 39		10 50		10 55	11 00			11 05	11 15	11 20	11 25	11 30	11 35	11 39						11 45	11 50	11 55
Heath Low Level	d					11 00						11 30											12 00	
Ty Glas	d					11 03						11 33											12 03	
Birchgrove	d					11 04						11 34											12 04	
Rhiwbina	d					11 06						11 36											12 06	
Whitchurch (Cardiff)	d					11 08						11 38											12 08	
Coryton	a					11 13						11 43											12 13	
Heath High Level	d			10 55						11 10		11 25			11 40								11 55	
Llanishen	d			10 58						11 13		11 28			11 43								11 58	
Lisvane & Thornhill	d			11 00						11 15		11 30			11 45								12 00	
Caerphilly	d			11 06						11 21		11 36			11 51								12 06	
Aber	d			11 08						11 23		11 38			11 53								12 08	
Energlyn & Churchill Park	d									11 25		11 40											12 08	
Llanbradach	d			11 12						11 29		11 44			11 57								12 12	
Ystrad Mynach	d			11 17						11 34		11 49			12 02								12 17	
Hengoed	d			11 20						11 37		11 52			12 05								12 20	
Pengam	d			11 23						11 40		11 55			12 08								12 23	
Gilfach Fargoeod	d									11 43													12 23	
Bargoed	a			11 31						11 52		12 00			12 16								12 31	
	d											12 01												
Brithdir	d											12 05												
Tir-phil	d											12 08												
Pontlottyn	d											12 12												
Rhymney []	a											12 18												
Cathays	d	10 42					11 03				11 18			11 33		11 42						11 48		12 03
Llandaf	d	10 46					11 07				11 22			11 37		11 46						11 52		12 07
Ninian Park	d		10 40			11 40						12 10			11 40								12 40	
Waun-gron Park	d		10 43			11 43						12 13			11 43								12 43	
Fairwater	d		10 45			11 45						12 15			11 45								12 45	
Danescourt	d		10 47			11 47						12 17			11 47								12 47	
Radyr []	a	10 49	10 55			11 02	11 54	11 10	11 02	11 25		12 24	11 40		11 49	11 54						11 55	12 54	12 10
	d	10 50				11 11		11 11	11 21	11 26		12 24	11 41		11 50							11 56	12 11	12 20
Taffs Well	d	10 54				11 21		11 15	11 25	11 30		12 24	11 45		11 54							12 00	12 15	12 24
Trefforest Estate	d					11 19						11 49											12 19	
Trefforest	d	11 01				11 23		11 23	11 32	11 37		11 53		12 01								12 07	12 23	12 31
Pontypridd []	a	11 04				11 26		11 35	11 35	11 40		11 56		12 04								12 10	12 26	12 34
	d	11 05				11 27		11 36	11 36	11 42		11 57		12 05								12 12	12 27	12 35
Abercynon	d					11 34				11 49		12 04										12 19	12 34	
Penrhiwceiber	d									11 54												12 24		
Mountain Ash	a									11 58												12 28		
	d									12 03												12 33		
Fernhill	d									12 05												12 35		
Cwmbach	d									12 09												12 39		
Aberdare	a									12 16												12 46		
Quakers Yard	d						11 39						12 09										12 39	
Merthyr Vale	a						11 44						12 14										12 44	
	d						11 47						12 17										12 47	
Troed Y Rhiw	d						11 50						12 20										12 50	
Pentre-bach	d						11 53						12 23										12 53	
Merthyr Tydfil	a						12 01						12 31										13 01	
Trehafoed	d	11 10								11 41					12 10									12 40
Porth	a	11 13								11 44					12 13									12 43
	d	11 14								11 45					12 14									12 44
Dinas Rhondda	d	11 18								11 49					12 18									12 48
Tonypanyd	d	11 20								11 51					12 20									12 50
Llwynypia	d	11 22				</																		

Table T130-R

Saturdays

26 May to 8 September

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d																							
Llantwit Major.....	d																							
Rhose Cardiff Int Airport.....	d																							
Barry Island	d	11 40																						
Barry	d	11 45																						
Barry Docks.....	d	11 48																						
Cadoxton.....	d	11 51																						
Dinas Powys.....	d	11 55																						
Eastbrook.....	d	11 58																						
Cogan.....	d	12 00																						
Penarth	d		12 02																					
Dingle Road.....	d		12 04																					
Grangetown.....	d	12 04	12 08																					
Cardiff Central	a	12 09	12 14																					
.....	d	12 06	12 11	12 16																				
Cardiff Queen Street	a	12 14	12 19																					
.....	d	12 15	12 20																					
Heath Low Level.....	d																							
Ty Glas.....	d																							
Birchgrove.....	d																							
Rhiwbina.....	d																							
Whitchurch (Cardiff).....	d																							
Coryton	a																							
Heath High Level.....	d		12 25																					
Llanishen.....	d		12 28																					
Lisvane & Thornhill.....	d		12 30																					
Caerphilly.....	d		12 36																					
Aber.....	d		12 38																					
Energlyn & Churchill Park.....	d		12 40																					
Llanbradach.....	d		12 44																					
Ystrad Mynach.....	d		12 49																					
Hengoed.....	d		12 52																					
Pengam.....	d		12 55																					
Gilfach Fargoeo.....	d																							
Bargoed.....	a		13 00																					
.....	d		13 01																					
Brithdir.....	d		13 05																					
Tir-phil.....	d		13 08																					
Pontlottyn.....	d		13 12																					
Rhymney	a		13 18																					
Cathays.....	d	12 18																						
Llandaf.....	d	12 22																						
Ninian Park.....	d	12 10																						
Waun-gron Park.....	d	12 13																						
Fairwater.....	d	12 15																						
Danescourt.....	d	12 17																						
Radyr	a	12 24	12 25																					
.....	d	12 25																						
Taffs Well.....	d	12 29																						
Trefforest Estate.....	d																							
Trefforest.....	d	12 36																						
Pontypridd	a	12 41																						
.....	d																							
Abercynon.....	d																							
Penrhiwceiber.....	d																							
Mountain Ash.....	a																							
.....	d																							
Fernhill.....	d																							
Cwmbach.....	d																							
Aberdare	a																							
.....	d																							
Quakers Yard.....	d																							
Merthyr Vale.....	a																							
.....	d																							
Troed Y Rhiw.....	d																							
Pentre-bach.....	d																							
Merthyr Tydfil	a																							
Trehafof.....	d																							
Porth.....	a																							
.....	d																							
Dinas Rhondda.....	d																							
Tonypandy.....	d																							
Llwynypia.....	d																							
Ystrad Rhondda.....	a																							
.....	d																							
Ton Pentre.....	d																							
Treorchy.....	d																							
Ynyswen.....	d																							
Treherbert	a																							

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

26 May to 8 September

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Bridgend	d	12 42																					
Llantwit Major.....	d	12 56																					
Rhose Cardiff Int Airport.....	d	13 06																					
Barry Island	d				13 25																		14 25
Barry	d	13 15			13 30																		14 30
Barry Docks.....	d	13 18			13 34																		14 33
Cadoxton.....	d	13 21			13 37																		14 36
Dinas Powys.....	d	13 25			13 41																		14 40
Eastbrook.....	d	13 28			13 43																		14 43
Cogan.....	d	13 30			13 45																		14 45
Penarth	d		13 32			13 47																	14 47
Dingle Road.....	d		13 34			13 49																	14 49
Grangetown.....	d	13 34	13 38		13 49	13 53																	14 53
Cardiff Central	a	13 39	13 44		13 54	13 59																	14 59
Cardiff Queen Street	a	13 36	13 41	13 46	13 51	13 56	14 01	14 05	14 06	14 11													15 01
Heath Low Level.....	d				14 00	14 00	14 05	14 09															15 00
Ty Glas.....	d				14 03																		15 03
Birchgrove.....	d				14 04																		15 04
Rhiwbina.....	d				14 06																		15 06
Whitchurch (Cardiff).....	d				14 08																		15 08
Coryton	a				14 13																		15 13
Heath High Level.....	d		13 55			14 10																	15 10
Llanishen.....	d		13 58			14 13																	15 13
Lisvane & Thornhill.....	d		14 00			14 15																	15 15
Caerphilly.....	d		14 06			14 21																	15 21
Aber.....	d		14 08			14 23																	15 23
Energlyn & Churchill Park.....	d					14 25																	15 25
Llanbradach.....	d		14 12			14 29																	15 29
Ystrad Mynach.....	d		14 17			14 34																	15 34
Hengoed.....	d		14 20			14 37																	15 37
Pengam.....	d		14 23			14 40																	15 40
Gilfach Fargoed.....	d					14 43																	15 43
Bargoed.....	a		14 31			14 52																	15 52
Brithdir.....	d																						
Tir-phil.....	d																						
Pontlottyn.....	d																						
Rhymney	a																						
Cathays.....	d	13 48			14 03		14 12		14 18														15 03
Llandaf.....	d	13 52			14 07		14 16		14 22														15 07
Ninian Park.....	d	13 40			14 40			14 10															
Waun-gron Park.....	d	13 43			14 43			14 13															
Fairwater.....	d	13 45			14 45			14 15															
Danescourt.....	d	13 47			14 47			14 17															
Radyr	a	13 54	13 55		14 54	14 10		14 19	14 24	14 25													15 08
Taffs Well.....	d	13 56			14 11			14 20		14 26													15 11
Trefforest Estate.....	d	14 00			14 15			14 24		14 30													15 15
Trefforest.....	d				14 19																		15 19
Pontypridd	a	14 07			14 23		14 31		14 37														15 23
Abercynon.....	d	14 10			14 26		14 34		14 40														15 26
Penrhiwceiber.....	d	14 12			14 27		14 35		14 42														15 27
Mountain Ash.....	a	14 19			14 34				14 49														15 34
Mountain Ash.....	a	14 24							14 54														15 39
Mountain Ash.....	a	14 28							14 58														15 44
Fernhill.....	d	14 33							15 03														15 47
Cwmbach.....	d	14 35							15 05														15 50
Aberdare	a	14 39							15 09														15 53
Quakers Yard.....	d	14 46							15 16														16 01
Merthyr Vale.....	a				14 39																		15 39
Merthyr Vale.....	a				14 44																		15 44
Merthyr Vale.....	a				14 47																		15 47
Troed Y Rhiw.....	d				14 50																		15 50
Pentre-bach.....	d				14 53																		15 53
Merthyr Tydfil	a				15 01																		16 01
Trehafoed.....	d																						
Porth.....	a																						
Porth.....	a																						
Dinas Rhondda.....	d																						
Tonypanddy.....	d																						
Llwynypia.....	d																						
Ystrad Rhondda.....	a																						
Ystrad Rhondda.....	a																						
Ton Pentre.....	d																						
Treorchy.....	d																						
Ynyswen.....	d																						
Treherbert	a																						

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

26 May to 8 September

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d																						15 42	
Llantwit Major.....	d																							15 56
Rhose Cardiff Int Airport.....	d																							16 06
Barry Island	d	14 40			14 55																			
Barry	d	14 45			15 00																			16 15
Barry Docks.....	d	14 48			15 03																			16 18
Cadoxton.....	d	14 51			15 06																			16 21
Dinas Powys.....	d	14 55			15 10																			16 25
Eastbrook.....	d	14 58			15 13																			16 28
Cogan.....	d	15 00			15 15																			16 30
Penarth	d		15 02																					
Dingle Road.....	d		15 04																					
Grangetown.....	d	15 04	15 08		15 19																			16 34
Cardiff Central	a	15 09	15 14		15 24																			16 39
Cardiff Queen Street	a	15 06	15 11	15 16	15 21	15 26																		16 41
Heath Low Level.....	d				15 30																			16 44
Ty Glas.....	d				15 33																			16 45
Birchgrove.....	d				15 34																			16 46
Rhiwbina.....	d				15 36																			16 47
Whitchurch (Cardiff).....	d				15 38																			16 48
Coryton	a				15 43																			16 49
Heath High Level.....	d		15 25																					16 50
Llanishen.....	d		15 28																					16 51
Lisvane & Thornhill.....	d		15 30																					16 52
Caerphilly.....	d		15 36																					16 53
Aber.....	d		15 38																					16 54
Energlyn & Churchill Park.....	d		15 40																					16 55
Llanbradach.....	d		15 44																					16 56
Ystrad Mynach.....	d		15 49																					16 57
Hengoed.....	d		15 52																					16 58
Pengam.....	d		15 55																					16 59
Gilfach Fargoed.....	d																							17 00
Bargoed.....	a		16 00																					17 01
Brithdir.....	d		16 01																					17 02
Tir-phil.....	d		16 05																					17 03
Pontlottyn.....	d		16 08																					17 04
Rhymney	a		16 12																					17 05
Cathays.....	d		16 18																					17 06
Llandaf.....	d	15 18			15 33																			17 07
Ninian Park.....	d	15 22			15 37																			17 08
Waun-gron Park.....	d	15 10			16 10																			17 09
Fairwater.....	d	15 13			16 13																			17 10
Danescourt.....	d	15 15			16 15																			17 11
Radyr	a	15 17			16 17																			17 12
Taffs Well.....	d	15 25	15 25		16 24	15 40																		17 13
Trefforest Estate.....	d		15 26			15 41																		17 14
Trefforest.....	d		15 30			15 45																		17 15
Pontypridd	a																							17 16
Abercynon.....	d		15 37			15 53																		17 17
Penrhiwceiber.....	d		15 40			16 01																		17 18
Mountain Ash.....	a		15 42			16 04																		17 19
Fernhill.....	d		15 45			16 05																		17 20
Cwmbach.....	d		15 48			16 05																		17 21
Aberdare	a		15 49			16 04																		17 22
Quakers Yard.....	d																							17 23
Merthyr Vale.....	a																							17 24
Troed Y Rhiw.....	d																							17 25
Pentre-bach.....	d																							17 26
Merthyr Tydfil	a																							17 27
Trehafof.....	d																							17 28
Porth.....	a																							17 29
Dinas Rhondda.....	d																							17 30
Tonypandy.....	d																							17 31
Llwynypia.....	d																							17 32
Ystrad Rhondda.....	a																							17 33
Ton Pentre.....	d																							17 34
Treorchy.....	d																							17 35
Ynyswen.....	d																							17 36
Treherbert	a																							17 37

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

26 May to 8 September

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d																				
Llantwit Major.....	d																				
Rhose Cardiff Int Airport.....	d																				
Barry Island	d		17 55																		
Barry	d		18 00																		
Barry Docks.....	d		18 03																		
Cadoxton.....	d		18 06																		
Dinas Powys.....	d		18 10																		
Eastbrook.....	d		18 13																		
Cogan.....	d		18 15																		
Penarth	d	18 02		18 17																	
Dingle Road.....	d	18 04		18 19																	
Grangetown.....	d	18 08	18 19	18 23																	
Cardiff Central	a	18 14	18 25	18 29																	
Cardiff Queen Street	d	18 16	18 21	18 26	18 31	18 36	18 36	18 41													
Heath Low Level.....	d	18 19	18 24	18 29	18 34	18 38	18 44	18 44													
Ty Glas.....	d	18 20	18 25	18 30	18 35	18 40	18 47	18 47													
Birchgrove.....	d	18 30																			
Rhiwbina.....	d	18 34																			
Whitchurch (Cardiff).....	d	18 36																			
Coryton	a	18 38																			
Heath High Level.....	d	18 43																			
Llanishen.....	d	18 25		18 40																	
Lisvane & Thornhill.....	d	18 28		18 43																	
Caerphilly.....	d	18 30		18 45																	
Aber.....	d	18 36		18 51																	
Energlyn & Churchill Park.....	d	18 38		18 53																	
Llanbradach.....	d	18 40		18 55																	
Ystrad Mynach.....	d	18 44		18 59																	
Hengoed.....	d	18a53		19 04																	
Pengam.....	d			19 07																	
Gilfach Fargoed.....	d			19 10																	
Bargoed.....	d			19 13																	
Brithdir.....	a			19 16																	
Tir-phil.....	d			19 18																	
Pontlottyn.....	d			19 22																	
Rhymney	a			19 25																	
Cathays.....	d			19 29																	
Llandaf.....	d			19 36																	
Ninian Park.....	d		18 33	18 43		18 50															
Wauon-gron Park.....	d		18 37	18 47		18 54															
Fairwater.....	d			18 40																	
Danescourt.....	d			18 43																	
Radyr	a			18 45																	
Taffs Well.....	d			18 49																	
Trefforest Estate.....	d			18 53																	
Trefforest.....	d			18 56																	
Pontypridd	a			19 01																	
Abercynon.....	d			19 04																	
Penrhiwceiber.....	d			19 06																	
Mountain Ash.....	d			19 12																	
Fernhill.....	d			19 19																	
Cwmbach.....	d			19 24																	
Aberdare	a			19 28																	
Quakers Yard.....	d			19 35																	
Merthyr Vale.....	d			19 46																	
Troed Y Rhiw.....	d			19 09																	
Pentre-bach.....	d			19 14																	
Merthyr Tydfil	a			19 17																	
Trehafoed.....	d			19 20																	
Porth.....	d			19 23																	
Dinas Rhondda.....	d			19 31																	
Tonypandy.....	d			19 37																	
Llwynypia.....	d			19 42																	
Ystrad Rhondda.....	a			20 09																	
Ton Pentre.....	d			20 14																	
Treorchy.....	d			20 15																	
Ynyswen.....	d			20 19																	
Treherbert	a			20 22																	
				20 30																	

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

26 May to 8 September

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Bridgend	d	19 42																					
Llantwit Major.....	d	19 56																					
Rhose Cardiff Int Airport.....	d	20 06																					
Barry Island	d																						
Barry	d	20 15																					
Barry Docks.....	d	20 18																					
Cadoxton.....	d	20 21																					
Dinas Powys.....	d	20 25																					
Eastbrook.....	d	20 28																					
Cogan.....	d	20 30																					
Penarth	d																						
Dingle Road.....	d																						
Grangetown.....	d	20 34																					
Cardiff Central	a	20 39																					
Cardiff Queen Street	a	20 36																					
Heath Low Level.....	d	20 41	20 51																				
Ty Glas.....	d	20 44	20 54																				
Birchgrove.....	d	20 45	20 55																				
Rhiwbina.....	d		21 00																				
Whitchurch (Cardiff).....	d		21 03																				
Coryton	a		21 04																				
Heath High Level.....	d		21 05																				
Llanishen.....	d		21 08																				
Lisvane & Thornhill.....	d		21 09																				
Caerphilly.....	d		21 11																				
Aber.....	d		21 14																				
Energlyn & Churchill Park.....	d		21 17																				
Llanbradach.....	d		21 23																				
Ystrad Mynach.....	d		21 25																				
Hengoed.....	d		21 30																				
Pengam.....	d		21a39																				
Gilfach Fargoe.....	d		22 04																				
Bargoed.....	a		22 07																				
Brithdir.....	d		22 10																				
Tir-phil.....	d		22 13																				
Pontlottyn.....	d		22 17																				
Rhymney	a		22 18																				
Cathays.....	d	20 48																					
Llandaf.....	d	20 52																					
Ninian Park.....	d	20 40	21 40																				
Waun-gron Park.....	d	20 43	21 43																				
Fairwater.....	d	20 45	21 45																				
Danescourt.....	d	20 47	21 47																				
Radyr	a	20 54	20 55	21 54																			
Taffs Well.....	d	21 00																					
Trefforest Estate.....	d	21 00																					
Trefforest.....	d	21 07																					
Pontypridd	a	21 10																					
Abercynon.....	d	21 12																					
Penrhiwceiber.....	d	21 19																					
Mountain Ash.....	a	21 24																					
Fernhill.....	d	21 28																					
Cwmbach.....	d	21 29																					
Aberdare	a	21 31																					
Quakers Yard.....	d	21 35																					
Merthyr Vale.....	a	21 42																					
Troed Y Rhiw.....	d																						
Pentre-bach.....	d																						
Merthyr Tydfil	a																						
Trehafoed.....	d																						
Porth.....	a																						
Dinas Rhondda.....	d																						
Tonypandy.....	d																						
Llwynypia.....	d																						
Ystrad Rhondda.....	a																						
Ton Pentre.....	d																						
Treorchy.....	d																						
Ynyswen.....	d																						
Treherbert	a																						

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

15 September to 8 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW				
Bridgend	d																									
Llantwit Major	d																									
Rhose Cardiff Int Airport	d																									
Barry Island	d	05 14																								
Barry	d	05 19																								
Barry Docks	d	05 22																								
Cadoxton	d	05 25																								
Dinas Powys	d	05 29																								
Eastbrook	d	05 32																								
Cogan	d	05 34																								
Penarth	d																									
Dingle Road	d																									
Grangetown	d	05 38																								
Cardiff Central	a	05 43																								
Cardiff Queen Street	d	05 26	05 46	05 51		05 56	06 11	06 15	06 21	06 26		06 31	06 36	06 41	06 46	06 51	06 56	07 06	07 06	07 11		07 16	07 21	07 26	07 31	
	a	05 29	05 50	05 55		05 59	06 14	06 19	06 24	06 29		06 34	06 39	06 44	06 49	06 54	06 59	07 09	07 14		07 19	07 25	07 29	07 34		
	d	05 30	05 50	05 56		06 00	06 15	06 20	06 25	06 30		06 35	06 40	06 45	06 50	06 55	07 00	07 10		07 15		07 20	07 26	07 30	07 35	
Heath Low Level	d		06 01						06 30														07 30			
Ty Glas	d		06 04						06 33														07 33			
Birchgrove	d		06 05						06 34														07 34			
Rhiwbina	d		06 07						06 36														07 36			
Whitchurch (Cardiff)	d		06 09						06 38														07 38			
Coryton	a		06 14						06 44														07 44			
Heath High Level	d	05 55							06 25														07 25		07 40	
Llanishen	d	05 58							06 28														07 28		07 43	
Lisvane & Thornhill	d	06 00							06 30														07 30		07 45	
Caerphilly	d	06a09							06 36														07 36		07 51	
Aber	d								06 38														07 38		07 53	
Energlyn & Churchill Park	d																						07 40			
Llanbradach	d								06 42														07 44		07 57	
Ystrad Mynach	d								06 47														07 49		08 02	
Hengoed	d								06 50														07 52		08 05	
Pengam	d								06 53														07 55		08 08	
Gilfach Fargoed	d																									
Bargoed	a								07 02														08 07		08 13	
	d																								08 14	
Brithdir	d																									08 18
Tir-phil	d																									08 21
Pontlottyn	d																									08 25
Rhymney	a																									08 32
Cathays	d	05 33				06 03	06 18					06 33	06 37	06 43	06 48							07 03	07 13		07 18	07 33
Llandaf	d	05 37				06 07	06 22					06 37	06 47	06 52								07 07	07 17		07 22	07 37
Ninian Park	d								07 10														07 10			
Waun-gron Park	d								07 14														07 14			
Fairwater	d								07 16														07 16			
Danescourt	d								07 19														07 19			
Radyr	a	05 40				06 10	06 25		07 26	06 40		06 43	06 50	06 55								07 10	07 20	07 26	07 25	07 40
	d	05 41				06 11	06 25		07 26	06 41		06 44	06 51	06 55								07 11	07 21	07 26	07 26	07 41
Taffs Well	d	05 45				06 15	06 29		07 26	06 45		06a50	06 55	06 59								07 15	07 25	07 30	07 30	07 45
Trefforest Estate	d	05 49				06 19			07 26	06 49												07 19			07 30	07 49
Trefforest	d	05 53				06 23	06 36		07 26	06 53			07 02	07 06								07 23	07 32	07 37	07 37	07 53
Pontypridd	a	05 56				06 26	06 39		07 26	06 56			07 05	07 09								07 26	07 35	07 40	07 40	07 56
	d	05 57				06 11	06 27	06 42	07 26	06 57			07 06	07 12								07 27	07 36	07 42	07 42	07 57
Abercynon	d	06 04				06 19	06 34	06 49	07 26	07 04				07 19								07 34		07 49	07 49	08 04
Penrhiwceiber	d					06 25		06 55	07 26					07 25									07 20		07 54	
Mountain Ash	a					06 28		06 58	07 26					07 28									07 24		07 58	
	d					06 34		07 04	07 26					07 34									07 34		08 03	
Fernhill	d					06 37		07 07	07 26					07 37									07 37		08 05	
Cwmbach	d					06 41		07 11	07 26					07 41									07 41		08 09	
Aberdare	a					06 49		07 19	07 26					07 49									07 49		08 17	
Quakers Yard	d	06 09				06 39			07 09														07 39			08 09
Merthyr Vale	a	06 14				06 44			07 14														07 44			08 14
	d	06 17				06 47			07 17														07 47			08 17
Troed Y Rhiw	d	06 21				06 51			07 21														07 51			08 21
Pentre-bach	d	06 24				06 54			07 24														07 54			08 24
Merthyr Tydfil	a	06 33				07 03			07 33														08 03			08 33
Trehafod	d																									
Porth	a																									
	d																									
Dinas Rhondda	d																									
Tonypandy	d																									

Table T130-R

Saturdays

15 September to 8 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Bridgend	d		06 42																			
Llantwit Major.....	d		06 56																			
Rhose Cardiff Int Airport.....	d		07 06																			
Barry Island	d					07 25				07 40			07 55								08 25	
Barry	d		07 15			07 30				07 45			08 00								08 15	08 30
Barry Docks.....	d		07 18			07 33				07 48			08 03								08 18	08 33
Cadoxton.....	d		07 21			07 36				07 51			08 06								08 21	08 36
Dinas Powys.....	d		07 25			07 40				07 55			08 10								08 25	08 40
Eastbrook.....	d		07 28			07 43				07 58			08 13								08 28	08 43
Cogan.....	d		07 30			07 45				08 00			08 15								08 30	08 45
Penarth	d			07 32			07 47				08 02			08 17							08 32	08 47
Dingle Road.....	d			07 34			07 49				08 04			08 19							08 34	08 49
Grangetown.....	d		07 34	07 38		07 49	07 53			08 04	08 08		08 19	08 23							08 34	08 38
Cardiff Central	a		07 39	07 44		07 54	07 59			08 09	08 14		08 24	08 29							08 39	08 44
Cardiff Queen Street.....	a	07 36	07 36	07 41	07 46	07 51	07 56	08 01	08 06	08 06	08 11	08 16	08 21	08 26	08 31		08 36	08 36			08 41	08 46
Heath Low Level.....	d	07 39		07 44	07 49	07 54	07 59	08 04	08 09	08 14	08 19	08 24	08 29	08 34			08 39				08 44	08 49
Ty Glas.....	d	07 40		07 45	07 50	07 55	08 00	08 05	08 10	08 15	08 20	08 25	08 30	08 35			08 40				08 45	08 50
Birchgrove.....	d																				08 55	09 00
Rhiwbina.....	d																				09 03	09 08
Whitchurch (Cardiff).....	d																				09 04	09 09
Coryton	a																				09 06	09 11
Heath High Level.....	d			07 55			08 10				08 25			08 40							08 55	09 10
Llanishen.....	d			07 58			08 13				08 28			08 43							08 58	09 13
Lisvane & Thornhill.....	d			08 00			08 15				08 30			08 45							09 00	09 15
Caerphilly.....	d			08 06			08 21				08 36			08 51							09 06	09 21
Aber.....	d			08 08			08 23				08 38			08 53							09 08	09 23
Energlyn & Churchill Park.....	d						08 25				08 40										09 08	09 23
Llanbradach.....	d			08 12			08 29				08 44			08 57							09 12	09 27
Ystrad Mynach.....	d			08 17			08 34				08 49			09 07							09a21	09 34
Hengoed.....	d			08 20			08 37				08 52			09 10								09 37
Pengam.....	d			08 23			08 40				08 55			09 13								09 40
Gilfach Fargoeo.....	d						08 43															09 43
Bargoed.....	a			08 32			08 53				09 00			09 22								09 53
Brithdir.....	d										09 01											
Tir-phil.....	d										09 05											
Pontlottyn.....	d										09 08											
Rhymney	a										09 12											
Cathays.....	d	07 43		07 48			08 03				08 18			08 33			08 43				08 48	09 03
Llandaf.....	d	07 47		07 52			08 07				08 22			08 37			08 47				08 52	09 07
Ninian Park.....	d		07 40							08 10							08 40					
Waun-gron Park.....	d		07 44							08 14							08 44					
Fairwater.....	d		07 46							08 16							08 46					
Danescourt.....	d		07 49							08 19							08 49					
Radyr	a	07 50	07 56	07 55			08 10			08 20	08 26	08 25		08 40			08 50	08 56	08 55		09 10	09 20
Taffs Well.....	d	07 51		07 56			08 11			08 21	08 26	08 26		08 41			08 51	08 56	08 56		09 11	09 21
Trefforest Estate.....	d	07 55		08 00			08 15			08 25	08 30	08 30		08 45			08 55	09 00	09 00		09 15	09 25
Trefforest.....	d						08 19							08 49							09 19	09 29
Pontypridd	a	08 02		08 07			08 23			08 32	08 37	08 37		08 53			09 02	09 07	09 07		09 23	09 32
Abercynon.....	d	08 05		08 10			08 26			08 35	08 40	08 40		08 56			09 05	09 10	09 10		09 26	09 35
Penrhiwceiber.....	d	08 06		08 12			08 27			08 36	08 42	08 42		08 57			09 06	09 12	09 12		09 27	09 36
Mountain Ash.....	d			08 19			08 34				08 49	08 49		09 04				09 06	09 06		09 34	09 44
Fernhill.....	d			08 25							08 55							09 25	09 25			
Cwmbach.....	d			08 28							08 58							09 28	09 28			
Aberdare	a			08 34							09 04							09 34	09 34			
Quakers Yard.....	d			08 37							09 07							09 37	09 37			
Merthyr Vale.....	a			08 41							09 11							09 41	09 41			
Troed Y Rhiw.....	d			08 49							09 19							09 49	09 49			
Pentre-bach.....	d						08 39							09 09							09 39	09 49
Merthyr Tydfil	a						08 44							09 14							09 44	09 54
Trehafof.....	d						08 47							09 17							09 47	10 03
Porth.....	d						08 51							09 21							09 51	10 03
Dinas Rhondda.....	d						08 54							09 24							09 54	10 03
Tonypandy.....	d						09 03							09 33							10 03	10 13
Llwynypia.....	d	08 11								08 41							09 11					09 41
Ystrad Rhondda.....	a	08 14								08 44							09 14					09 44
Tonypandy.....	d	08 15								08 45							09 15					09 45
Llwynypia.....	d	08 19								08 49							09 19					09 49
Ystrad Rhondda.....	a	08 21								08 51							09 21					09 51
Tonypandy.....	d	08 23								08 53							09 23					09 53
Ystrad Rhondda.....	a	08 26								08 56							09 26					09 56
Tonypandy.....	d	08 29								08 59							09 29					09 59
Tonypandy.....	d	08 31								09 01							09 31					10 01
Treorchy.....	d	08 34								09 04							09 34					10 04
Ynyswen.....	d	08 37								09 07												

Table T130-R

Saturdays

15 September to 8 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Bridgend	d																							
Llantwit Major	d																							
Rhose Cardiff Int Airport	d																							
Barry Island	d	14 40			14 55																			
Barry	d	14 45			15 00																			
Barry Docks.....	d	14 48			15 03																			
Cadoxton.....	d	14 51			15 06																			
Dinas Powys.....	d	14 55			15 10																			
Eastbrook.....	d	14 58			15 13																			
Cogan.....	d	15 00			15 15																			
Penarth	d		15 02																					
Dingle Road.....	d		15 04																					
Grangetown.....	d	15 04	15 08		15 19																			
Cardiff Central	a	15 09	15 14		15 24																			
Cardiff Queen Street	a	15 06	15 11	15 16	15 21	15 26																		
Heath Low Level.....	d				15 25	15 30																		
Ty Glas.....	d				15 33																			
Birchgrove.....	d				15 34																			
Rhiwbina.....	d				15 36																			
Whitchurch (Cardiff).....	d				15 38																			
Coryton	a				15 44																			
Heath High Level.....	d		15 25																					
Llanishen.....	d		15 28																					
Lisvane & Thornhill.....	d		15 30																					
Caerphilly.....	d		15 36																					
Aber.....	d		15 38																					
Energlyn & Churchill Park.....	d		15 40																					
Llanbradach.....	d		15 44																					
Ystrad Mynach.....	d		15 49																					
Hengoed.....	d		15 52																					
Pengam.....	d		15 55																					
Gilfach Fargoed.....	d																							
Bargoed.....	a		16 00																					
Brithdir.....	d		16 01																					
Tir-phil.....	d		16 05																					
Pontlottyn.....	d		16 08																					
Rhymney	a		16 12																					
Cathays.....	d		16 19																					
Llandaf.....	d	15 18			15 33																			
Ninian Park.....	d	15 22			15 37																			
Waun-gron Park.....	d	15 10																						
Fairwater.....	d	15 14																						
Danescourt.....	d	15 16																						
Radyr	a	15 19																						
Taffs Well.....	d	15 24	15 25		15 40																			
Trefforest Estate.....	d		15 26		15 41																			
Trefforest.....	d		15 30		15 45																			
Pontypridd	a		15 37		15 49																			
Abercynon.....	d		15 40		15 53																			
Penrhiwceiber.....	d		15 42		15 56																			
Mountain Ash.....	d		15 49		16 04																			
Fernhill.....	d		15 50		15 56																			
Cwmbach.....	d		15 55		16 00																			
Aberdare	a		16 07		16 19																			
Quakers Yard.....	d		16 09		16 25																			
Merthyr Vale.....	a		16 04		16 28																			
Troed Y Rhiw.....	d		16 17		16 34																			
Pentre-bach.....	d		16 21		16 37																			
Merthyr Tydfil	a		16 24		16 41																			
Trehafof.....	d		16 33		16 49																			
Porth.....	d				16 11																			
Dinas Rhondda.....	a				16 14																			
Tonypandy.....	d				16 15																			
Llwynypia.....	d				16 19																			
Ystrad Rhondda.....	a				16 21																			
Ton Pentre.....	d				16 23																			
Treorchy.....	d				16 26																			
Ynyswen.....	d				16 29																			
Treherbert	a				16 31																			
	d				16 34																			
	d				16 37																			
	d				16 43																			

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Saturdays

15 September to 8 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW		
Bridgend d												17 42											
Llantwit Major..... d												17 56											
Rhose Cardiff Int Airport..... d												18 06											
Barry Island d	17 40			17 55										18 25			18 40	18 55				19 25	19 55
Barry d	17 45			18 00								18 15		18 30			18 45	19 00				19 15	20 00
Barry Docks..... d	17 48			18 03								18 18		18 33			18 48	19 03				19 18	19 33
Cadoxton..... d	17 51			18 06								18 21		18 36			18 51	19 06				19 21	19 36
Dinas Powys..... d	17 55			18 10								18 25		18 40			18 55	19 10				19 25	19 40
Eastbrook..... d	17 58			18 13								18 28		18 43			18 58	19 13				19 28	20 13
Cogan..... d	18 00			18 15								18 30		18 45			19 00	19 15				19 30	20 15
Penarth d		18 02			18 18							18 32		18 47									19 47
Dingle Road..... d		18 04			18 20							18 34		18 49									19 49
Grangetown..... d	18 04	18 08		18 19	18 24							18 34	18 38	18 49	18 53	19 04	19 19	19 23				19 34	19 49
Cardiff Central a	18 09	18 14		18 25	18 29							18 39	18 47	18 57	18 59	19 09	19 24	19 29				19 39	19 54
Cardiff Queen Street d	18 11	18 16	18 21	18 26	18 31	18 36	18 36					18 41	18 51	19 01	19 06	19 11	19 26	19 31				19 36	19 51
Heath Low Level..... d	18 14	18 19	18 24	18 29	18 34	18 38						18 44	18 54	19 04	19 09	19 14	19 29	19 34				19 44	20 04
Ty Glas..... d	18 15	18 20	18 25	18 30	18 35	18 40						18 47	18 55	19 05	19 10	19 15	19 30	19 35				19 45	20 05
Birchgrove..... d													19 00									20 00	
Rhiwbina..... d													19 03									20 03	
Whitchurch (Cardiff)..... d													19 04									20 04	
Coryton a													19 06									20 06	
Heath High Level..... d													19 08									20 08	
Llanishen..... d		18 25			18 40									19 10				19 40					20 11
Lisvane & Thornhill..... d		18 28			18 43									19 13				19 43					20 14
Caerphilly..... d		18 30			18 45									19 15				19 45					20 15
Aber..... d		18 36			18 51									19a23				19 51					20a25
Energlyn & Churchill Park..... d		18 38			18 53													19 53					
Llanbradach..... d		18 40			18 55													19 56					
Ystrad Mynach..... d		18 44			18 59													19 59					
Hengoed..... d		18a54			19 04													20 04					
Pengam..... d					19 07													20 07					
Gilfach Fargoed..... d					19 10													20 10					
Bargoed..... a					19 13													20 13					
Brithdir..... d					19 16													20 17					
Tir-phil..... d					19 18													20 18					
Pontlottyn..... d					19 22													20 22					
Rhymney a					19 25													20 25					
Cathays..... d					19 29													20 29					
Llandaf..... d					19 37													20 36					
Ninian Park..... d					18 43									19 13	19 18	19 33						19 48	20 13
Wau-ron Park..... d					18 47									19 17	19 22	19 37						19 52	20 17
Fairwater..... d					18 40													19 40					20 17
Danescourt..... d					18 44													19 44					20 17
Radyr a					18 46													19 46					20 17
Taffs Well..... d					18 49													19 49					20 17
Trefforest Estate..... d					18 49													19 49					20 17
Trefforest..... d					18 36													20 07					20 32
Pontypridd a					18 42													20 10					20 35
Abercynon..... d					18 56													20 12					20 36
Penrhiwceiber..... d					18 57													20 12					20 36
Mountain Ash..... a					19 04													20 21					21 04
Fernhill..... d					19 04													20 21					21 04
Cwmbach..... d					19 09													20 27					21 09
Aberdare a					19 14													20 31					21 14
Quakers Yard..... d					19 17													20 34					21 14
Merthyr Vale..... d					19 21													20 37					21 18
Troed Y Rhiw..... d					19 24													20 41					21 22
Pentre-bach..... d					19 33													20 49					21 30
Merthyr Tydfil a					19 09													20 09					21 09
Trehafoed..... d					19 14													20 14					21 14
Porth..... d					19 17													20 14					21 14
Dinas Rhondda..... d					19 21													20 18					21 18
Tonypandy..... d					19 24													20 22					21 22
Llwynypia..... d					19 33													20 30					21 30
Ystrad Rhondda..... a					19 11													19 41					20 41
Ton Pentre..... d					19 14													19 44					20 44
Treorchy..... d					19 15													19 45					20 45
Ynyswen..... d					19 19													19 49					20 49
Treherbert a					19 21													19 51					20 51
Treorchy..... d					19 23													19 53					20 53
Ynyswen..... d					19 26													19 56					20 56
Treorchy..... d					19 29													19 59					20 59
Ynyswen..... d					19 31													20 01					21 01
Treorchy..... d					19 34													20 04					21 04
Ynyswen..... d					19 37													20 07					21 0

Table T130-R

Saturdays

15 September to 8 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d		19 42																				
Llantwit Major.....	d		19 56																				
Rhose Cardiff Int Airport.....	d		20 06																				
Barry Island	d																						
Barry	d		20 15																				
Barry Docks.....	d		20 18																				
Cadoxton.....	d		20 21																				
Dinas Powys.....	d		20 25																				
Eastbrook.....	d		20 28																				
Cogan.....	d		20 30																				
Penarth	d	20 20																					
Dingle Road.....	d	20 22																					
Grangetown.....	d	20 26	20 34																				
Cardiff Central	a	20 31	20 39																				
.....	d	20 31	20 36	20 41																			
Cardiff Queen Street	a	20 34	20 44																				
.....	d	20 35	20 45																				
Heath Low Level.....	d																						
Ty Glas.....	d																						
Birchgrove.....	d																						
Rhiwbina.....	d																						
Whitchurch (Cardiff).....	d																						
Coryton	a																						
Heath High Level.....	d	20 40																					
Llanishen.....	d	20 43																					
Lisvane & Thornhill.....	d	20 45																					
Caerphilly.....	d	20 51																					
Aber.....	d	20 53																					
Energlyn & Churchill Park.....	d	20 55																					
Llanbradach.....	d	20 59																					
Ystrad Mynach.....	d	21 04																					
Hengoed.....	d	21 07																					
Pengam.....	d	21 10																					
Gilfach Fargoe.....	d	21 13																					
Bargoed.....	a	21 17																					
.....	d	21 18																					
Brithdir.....	d	21 22																					
Tir-phil.....	d	21 25																					
Pontlottyn.....	d	21 29																					
Rhymney	a	21 36																					
Cathays.....	d		20 48																				
Llandaf.....	d		20 52																				
Ninian Park.....	d	20 40																					
Waun-gron Park.....	d	20 44																					
Fairwater.....	d	20 46																					
Danescourt.....	d	20 49																					
Radyr	a	20 56	20 55																				
.....	d		20 56																				
Taffs Well.....	d		21 00																				
Trefforest Estate.....	d																						
Trefforest.....	d		21 07																				
Pontypridd	a		21 10																				
.....	d		21 12																				
Abercynon.....	d		21 19																				
Penrhiwceiber.....	d		21 25																				
Mountain Ash.....	a		21 28																				
.....	d		21 29																				
Fernhill.....	d		21 32																				
Cwmbach.....	d		21 36																				
Aberdare	a		21 44																				
Quakers Yard.....	d																						
Merthyr Vale.....	a																						
.....	d																						
Troed Y Rhiw.....	d																						
Pentre-bach.....	d																						
Merthyr Tydfil	a																						
Trehafof.....	d																						
Porth.....	a																						
.....	d																						
Dinas Rhondda.....	d																						
Tonypandy.....	d																						
Llwynypia.....	d																						
Ystrad Rhondda.....	a																						
.....	d																						
Ton Pentre.....	d																						
Treorchy.....	d																						
Ynyswen.....	d																						
Treherbert	a																						

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Sundays

20 May to 9 September

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend	d																							
Llantwit Major	d																							
Rhose Cardiff Int Airport	d																							
Barry Island	d																							
Barry	d																							
Barry Docks.....	d																							
Cadoxton.....	d																							
Dinas Powys.....	d																							
Eastbrook.....	d																							
Cogan.....	d																							
Penarth	d																							
Dingle Road.....	d																							
Grangetown.....	d																							
Cardiff Central	a																							
.....	a	08 26	08 41	08 54	09 00	09 05	09 05	09 41																
Cardiff Queen Street	a	08 29	08 44	08 57	09 03	09 08	09 44																	
.....	d	08 30	08 45		09 04	09 09	09 45																	
Heath Low Level.....	d																							
Ty Glas.....	d																							
Birchgrove.....	d																							
Rhiwbina.....	d																							
Whitchurch (Cardiff).....	d																							
Coryton	a																							
Heath High Level.....	d																							
Llanishen.....	d																							
Lisvane & Thornhill.....	d																							
Caerphilly.....	d																							
Aber.....	d																							
Energlyn & Churchill Park.....	d																							
Llanbradach.....	d																							
Ystrad Mynach.....	d																							
Hengoed.....	d																							
Pengam.....	d																							
Gilfach Fargoe.....	d																							
Bargoed.....	a																							
.....	d																							
Brithdir.....	d																							
Tir-phil.....	d																							
Pontlottyn.....	d																							
Rhymney	a																							
Cathays.....	d	08 33	08 48		09 07		09 48																	
Llandaf.....	d	08 37	08 52		09 11		09 52																	
Ninian Park.....	d																							
Waun-gron Park.....	d																							
Fairwater.....	d																							
Danescourt.....	d																							
Radyr	a	08 40	08 55		09 14		09 55																	
.....	d	08 40	08 55		09 14		09 55																	
Taffs Well.....	d	08 44	08 59		09 18		09 59																	
Trefforest Estate.....	d																							
Trefforest.....	d	08 52	09 06		09 25		10 06																	
Pontypridd	a	08 55	09 09		09 28		10 09																	
.....	d	08 57	09 11		09 30		10 11																	
Abercynon.....	d	09 05	09 19				10 19																	
Penrhiwceiber.....	a		09 24				10 24																	
Mountain Ash.....	a		09 28				10 28																	
.....	d		09 29				10 29																	
Fernhill.....	d		09 31				10 31																	
Cwmbach.....	d		09 35				10 35																	
Aberdare	a		09 42				10 42																	
Quakers Yard.....	d	09 09																						
Merthyr Vale.....	a	09 14																						
.....	d	09 16																						
Troed Y Rhiw.....	d	09 20																						
Pentre-bach.....	d	09 23																						
Merthyr Tydfil	a	09 31																						
Trehafoed.....	d																							
Porth.....	a																							
.....	d																							
Dinas Rhondda.....	d																							
Tonypandy.....	d																							
Llwynypia.....	d																							
Ystrad Rhondda.....	a																							
.....	d																							
Ton Pentre.....	d																							
Treorchy.....	d																							
Ynyswen.....	d																							
Treherbert	a																							

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Sundays

20 May to 9 September

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Bridgend	d																						
Llantwit Major	d																						
Rhose Cardiff Int Airport	d																						
Barry Island	d	12 55		13 25	13 55																		
Barry	d	13 00		13 30	14 00																		
Barry Docks	d	13 03		13 33	14 03																		
Cadoxton	d	13 06		13 36	14 06																		
Dinas Powys	d	13 10		13 40	14 10																		
Eastbrook	d	13 13		13 43	14 13																		
Cogan	d	13 15		13 45	14 15																		
Penarth	d			13 32																			
Dingle Road	d			13 34																			
Grangetown	d	13 19	13 38	13 49	14 19																		
Cardiff Central	a	13 24	13 43	13 54	14 24																		
Cardiff Queen Street	a	13 06	13 41	13 46	14 06	14 26																	
Heath Low Level	d	13 09	13 44	13 49	14 09	14 29																	
Ty Glas	d	13 10	13 45	13 50	14 10	14 30																	
Birchgrove	d																						
Rhiwbina	d																						
Whitchurch (Cardiff)	d																						
Coryton	a																						
Heath High Level	d			13 55	14 15																		
Llanishen	d			13 58	14 18																		
Lisvane & Thornhill	d			14 00	14 20																		
Caerphilly	d			14 06	14 26																		
Aber	d			14 08	14 28																		
Energlyn & Churchill Park	d			14 10	14 30																		
Llanbradach	d			14 14	14 34																		
Ystrad Mynach	d			14a23	14 39																		
Hengoed	d			14 42																			
Pengam	d			14 45																			
Gilfach Fargoe	d			14 48																			
Bargoed	a			14 51																			
Brithdir	d			14 51																			
Tir-phil	d			14 55																			
Pontlottyn	d			14 58																			
Rhymney	a			15 02																			
Cathays	d	13 13	13 48																				
Llandaf	d	13 17	13 52																				
Ninian Park	d																						
Wauon-gron Park	d																						
Fairwater	d																						
Danescourt	d																						
Radyr	a	13 20	13 55																				
Taffs Well	d	13 20	13 55																				
Trefforest Estate	d	13 24	13 59																				
Trefforest	d	13 31	14 06																				
Pontypridd	a	13 34	14 09																				
Abercynon	d	13 36	14 11																				
Penrhiwceiber	d			14 19																			
Mountain Ash	a			14 24																			
Fernhill	d			14 28																			
Cwmbach	d			14 29																			
Aberdare	a			14 31																			
Quakers Yard	d			14 35																			
Merthyr Vale	a			14 42																			
Troed Y Rhiw	d			15 09																			
Pentre-bach	d			15 14																			
Merthyr Tydfil	a			15 16																			
Trehafof	d			15 20																			
Porth	d			15 23																			
Dinas Rhondda	d			15 31																			
Tonypandy	d			15 41																			
Llwynypia	d			15 41																			
Ystrad Rhondda	a			15 44																			
Ton Pentre	d			15 45																			
Treorchy	d			15 49																			
Ynyswen	d			15 51																			
Treherbert	a			15 51																			
	d			15 53																			
	d			15 53																			
	d			15 56																			
	d			15 59																			
	d			16 01																			
	d			16 04																			
	d			16 07																			
	a			16 13																			

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

For connections to Cardiff Bay please refer to Table T124

Table T130-R

Sundays

16 September to 2 December

Bridgend, Barry Island, Barry, Penarth and Cardiff - Coryton, Rhymney, Pontypridd, Merthyr, Aberdare and Treherbert

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Bridgend d																								
Llantwit Major..... d																								
Rhose Cardiff Int Airport..... d																								
Barry Island d																								
Barry d																								
Barry Docks..... d																								
Cadoxton..... d																								
Dinas Powys..... d																								
Eastbrook..... d																								
Cogan..... d																								
Penarth d																								
Dingle Road..... d																								
Grangetown..... d																								
Cardiff Central d																								
Cardiff Queen Street d																								
Heath Low Level..... d																								
Ty Glas..... d																								
Birchgrove..... d																								
Rhiwbina..... d																								
Whitchurch (Cardiff)..... d																								
Coryton a																								
Heath High Level..... d																								
Llanishen..... d																								
Lisvane & Thornhill..... d																								
Caerphilly..... d																								
Aber..... d																								
Energlyn & Churchill Park..... d																								
Llanbradach..... d																								
Ystrad Mynach..... d																								
Hengoed..... d																								
Pengam..... d																								
Gilfach Fargoe..... d																								
Bargoed..... a																								
Brithdir..... d																								
Tir-phil..... d																								
Pontlottyn..... d																								
Rhymney a																								
Cathays..... d																								
Llandaf..... d																								
Ninian Park..... d																								
Waun-gron Park..... d																								
Fairwater..... d																								
Danescourt..... d																								
Radyr a																								
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Trefforest Estate..... d																								
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Pontypridd a																								
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Pentre-bach..... d																								
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