

Table T224-F

Mondays to Fridays

10 December to 17 May

Edinburgh - Shotts, Carstairs, Motherwell and Glasgow Central

Miles	Miles		SR MX	SR MX	SR MX	SR MX	SR MX	SR	SR	XC	SR	TP	SR	XC	SR	SR	SR	SR	XC	TP	SR	SR	
			A	B	C	B	B			◇ I		◇ I	◇ I	E	F				◇ I	◇ I			
0	0	Edinburgh 10	230,238,242	d						05 51	06 24	06 36											
1 1/4	1 1/4	Haymarket	230,238,242	d						05 56	06 41												
3	3	Slateford		d						06 00													
3 3/4	3 3/4	Kingsknowe		d						06 04													
4 1/4	4 1/4	Wester Hailes		d						06 06													
7 1/2	7 1/2	Curriehill		d						06 10													
11	11	Kirknewton		d					00 01	06 17													
14	—	Livingston South		d					00 16	06 22													
16 1/4	—	West Calder		d				00 09	00 32	06 28													
18 1/4	—	Addiewell		d					00 39	06 32													
21	—	Breich		d																			
23 1/4	—	Fauldhouse		d					00 54	06 39													
26 1/4	—	Shotts		d				00 34	01 s03	06 44													
28 1/4	—	Hartwood		d					01 s11	06 48													
31 1/4	—	Cleland		d					01 s19	06 53													
33 1/4	—	Carfin		d					01 s25	06 56													
34 1/4	—	Holytown		d	00 02	00 04			01 s33	06 58													
—	28 1/2	Carstairs		d						05 48													
—	—	Carluke	225	d			00 07			05 57													
—	—	Wishaw	225	d			00 16			06 06													
—	44 1/2	Motherwell	225	a			00 21			06 13													
—	—			d						06 17													
—	—			d						07 04													
—	—			d						07 05													
—	—			d						07 59													
—	—			d						08 01													
—	—			d						08 14	08 33												
—	—			d						08 15	08 34												
—	—			d						09 54	10 14												
36	—	Bellshill	225	d	00 05	00 15		01 s05	01 s44	06 23	07 06												
38 1/4	—	Uddingston	225	d	00 09	00 31		02 s00	06 27	07 13													
42	—	Cambuslang	225	d	00 14			02 s16	06 32	07 18													
47 1/4	57 1/4	Glasgow Central 15	225	a	00 26	00 55		01 s36	02 s32	06 42	07 29												

	SR	SR	SR	XC	TP	SR	SR	SR	SR	SR	XC	TP	SR	SR	SR	SR	SR	SR	XC	TP	SR	SR	SR
				◇ I	◇ I						◇ I	◇ I							◇ I	◇ I			
				I	H	J					K	H							L	H			
Edinburgh 10	230,238,242	d	10 20	10 26	10 55	11 11	11 26	11 52	11 57	12 27	12 58	13 13	13 26	13 53	13 58	14 27	14 57	15 12	15 27	15 49	15 57		
Haymarket	230,238,242	d	10 24	10 31	11 00	11 16	11 30	11 56	12 01	12 31	13 02	13 17	13 31	13 57	14 02	14 33	15 01	15 17	15 32	15 53	16 01		
Slateford		d	10 35			11 35			12 35				13 35		14 36				15 35				
Kingsknowe		d	10 39			11 39			12 39				13 39		14 40				15 39				
Wester Hailes		d	10 41			11 41			12 41				13 41		14 42				15 41				
Curriehill		d	10 45			11 45			12 45				13 45		14 46				15 45				
Kirknewton		d	10 52			11 52			12 52				13 52		14 53				15 52				
Livingston South		d	10 57	11 17		11 57			12 17	12 57	13 18		13 57		14 16	14 58			15 17				
West Calder		d	11 02	11 22		12 02			12 22	13 02	13 23		14 02		14 21	15 03			15 22				
Addiewell		d	11 06			12 06			13 06				14 06		15 06				16 06				
Breich		d	11 13			12 13			13 13				14 13		15 13				16 13				
Fauldhouse		d	11 18	11 35		12 18			12 35	13 18	13 36		14 18		14 34	15 19			15 35				
Shotts		d	11 21			12 21			13 21				14 21		15 22				16 21				
Hartwood		d	11 26			12 26			13 26				14 26		15 27				16 26				
Cleland		d	11 30			12 30			13 30				14 30		15 30				16 30				
Carfin		d	11 32			12 32			13 32				14 32		15 32				16 32				
Holytown		d	10 59			12 48			12 57				14 32		15 32				16 32				
Carstairs		d	11 10			12 57			13 03				14 41		15 41				16 41				
Carluke	225	d	11 18			13 03			13 54				14 49		15 49				16 49				
Wishaw	225	d	11 23			13 08			13 55	14 22			15 02		16 02				17 02				
Motherwell	225	a	11 30			13 09			13 55	14 22			15 06		16 06				17 06				
Bellshill	225	d	11 37	11 49		12 37			12 48	13 37	13 50		14 37		15 37				16 37				
Uddingston	225	d	11 42			12 41			13 41				14 41		15 41				16 41				
Cambuslang	225	d	11 55	11 57	12 09	12 12	12 42	12 56	13 23	13 10	13 56	14 10	14 12	14 40	14 56	15 24	15 09	15 56	16 10	16 12	16 41	16 55	17 10
Glasgow Central 15	225	a	11 55	11 57	12 09	12 12	12 42	12 56	13 23	13 10	13 56	14 10	14 12	14 40	14 56	15 24	15 09	15 56	16 10	16 12	16 41	16 55	17 10

- A from 26 March. From Edinburgh
- B until 22 March. From Edinburgh
- C From Edinburgh
- D From Manchester Piccadilly
- E From Dunbar
- F From North Berwick
- G From Leeds
- H From Manchester Airport
- I From Birmingham New Street
- J To Ayr
- K From Bath Spa
- L From Plymouth

Table T224-F

Mondays to Fridays

10 December to 17 May

Edinburgh - Shotts, Carstairs, Motherwell and Glasgow Central

	SR	SR	XC	TP	SR	SR	SR	SR	SR		SR	SR	XC	TP	SR	GR	XC	TP	SR	FO	SR	SR	SR	SR	SR	
			◊ A	◊ B									◊ A	◊ B			◊ E	◊ F	◊ B							
			⚡	⚡									⚡	⚡			⚡	⚡	⚡							
Edinburgh 100	230,238,242	d	16 26	16 58	17 12		17 27	17 43	17 49	17 55			18 28	18 55	19 11		19 27	20 17	21 14		21 25		21 25	21 26	21 26	22 56
Haymarket	230,238,242	d	16 31	17 02	17 18		17 33	17 48	17 55	18 02			18 33	19 00	19 16		19 32	20 22	21 19		21 30		21 31	21 47	21 47	23 17
Slateford		d	16 35				17 36			18 06			18 37				19 36				21 35		21 35		21 53	→
Kingsknowe		d	16 39				17 40			18 09			18 40				19 39				21 38		21 39		21 58	
Wester Hailes		d	16 41				17 42			18 12			18 42				19 42				21 41		21 41		22 06	
Curriehill		d	16 45				17 46			18 04			18 46				19 45				21 44		21 45		22 16	
Kirknewton		d	16 53				17 54			18 12			18 52				19 53				21 52		21 52		22 30	
Livingston South		d	16 57	17 17			17 59			18 16	18 24			19 17			19 57				21 57		21 57	22 23	22 46	
West Calder		d	17 02	17 22			18 04			18 21	18 30			19 22			20 02				22 02		22 02	22 39	23 02	
Addiewell		d	17 06				18 08				18 33						20 06				22 05		22 06		23 09	
Breich		d									18 38															
Fauldhouse		d	17 13				18 15				18 42						20 13				22 12		22 13		23 24	
Shotts		d	17 18	17 35			18 20			18 34	18 47			19 35			20 18				22 18		22 18	23 05	23 34	
Hartwood		d	17 21				18 23				18 50						20 21				22 21		22 21		23 42	
Cleland		d	17 26				18 28				18 55						20 26				22 26		22 26		23 50	
Carfin		d	17 29				18 32				18 59						20 30				22 29		22 30		23 56	
Holytown		d	17 31				18 34				19 01						20 32				22 31		22 32		00 04	
Carstairs		d					18 12				18 37		19 13													
Carluke	225	d					18 20				18 45		19 22													
Wishaw	225	d					18 27				18 58		19 27													
Motherwell	225	a			17 55		18 32				19 06		19 33		19 54		21 03	22 04								
		d			17 56	18 22	18 33						19 34		19 55	20 22	21 04	22 05	22 22							
Bellshill	225	d	17 35	17 48			18 38			18 46	19 05		19 49			20 37					22 36		22 36	23 36	00 15	
Uddingston	225	d	17 39				18 42				19 09					20 41					22 40		22 40		00 31	
Cambuslang	225	d	17 44							18 53	19 15															
Glasgow Central 105	225	a	17 56	18 09	18 11	18 41	18 57	18 53	19 07	19 28			19 54	20 10	20 15	20 42	20 56	21 27	22 21	22 38	22 55		22 55	00 06	00 55	

	SR	SR	SR	SR	SR	SR																			
	FX	J	FX	FX	FO	FX																			
	I		K	K																					
Edinburgh 100	230,238,242	d	22 56	22 57	←	←	23 14			23 14															
Haymarket	230,238,242	d	23 17	23 01	23 17	23 17	23 18			23 18															
Slateford		d	→	23 05		23 23	23 22			23 22															
Kingsknowe		d		23 09		23 28	23 25			23 25															
Wester Hailes		d		23 11		23 36	23 27			23 27															
Curriehill		d		23 15		23 46	23 31			23 31															
Kirknewton		d		23 22		00 01	23 37			23 37															
Livingston South		d		23 27	23 53	00 16																			
West Calder		d		23 32	00 09	00 32																			
Addiewell		d		23 35		00 39																			
Breich		d																							
Fauldhouse		d		23 42		00 54																			
Shotts		d		23 47	00 34	01 03																			
Hartwood		d		23 50		01 11																			
Cleland		d		23 55		01 19																			
Carfin		d		23 59		01 25																			
Holytown		d		00 02		01 33																			
Carstairs		d					23 57			23 57															
Carluke	225	d					00 07			00 07															
Wishaw	225	d					00 14			00 16															
Motherwell	225	a					00 20			00 21															
		d																							
Bellshill	225	d		00 05	01 05	01 44																			
Uddingston	225	d		00 09		02 00																			
Cambuslang	225	d		00 14		02 16																			
Glasgow Central 105	225	a		00 26	01 36	02 32																			

- A From Penzance
- B From Manchester Airport
- C To Ayr
- D From North Berwick to Ayr
- E From London Kings Cross
- F From Plymouth
- G from 25 March
- H until 21 March
- I until 21 March. To Glasgow Central
- J FO until 15 March, from 22 March
- K until 21 March. From Edinburgh

Table T224-F

Saturdays

15 December to 18 May

Edinburgh - Shotts, Carstairs, Motherwell and Glasgow Central

	SR	SR	SR	SR	XC		SR	TP	SR	XC	SR	SR	SR	SR	XC		TP	SR	SR	SR	SR	SR	XC	TP		
	A	A			◆			◆	◆	◆	C				◆		◆						◆	◆		
Edinburgh 10	230,238,242	d			05 51	06 27			06 40		06 55	07 27	07 54	07 57	08 27	08 59	09 14			09 26	09 56	10 23	10 26	10 56	11 13	
Haymarket	230,238,242	d			05 55			06 45		07 00	07 31	07 58	08 01	08 31	09 05	09 18			09 30	10 00	10 28	10 31	10 31	11 01	11 17	
Slateford		d			06 00					07 04				08 35					09 35			10 35				
Kingsknowe		d			06 04					07 08				08 38					09 38			10 39				
Wester Hailes		d			06 06					07 10				08 41					09 41			10 41				
Curriehill		d			06 10					07 14				08 44					09 44			10 45				
Kirknewton		d			06 17					07 21				08 52					09 52			10 52				
Livingston South		d			06 22			07 01		07 26			08 19	08 57	09 19				09 56	10 17		10 57	11 17			
West Calder		d			06 28			07 06		07 31			08 24	09 02	09 25				10 02	10 22		11 02	11 22			
Addiewell		d			06 32					07 34				09 06					10 05			11 06				
Breich		d																								
Fauldhouse		d			06 39					07 41				09 13					10 12			11 13				
Shotts		d			06 44			07 19		07 46			08 37	09 18	09 38				10 18	10 35		11 18	11 35			
Hartwood		d			06 48					07 49				09 21					10 21			11 21				
Cleland		d			06 53					07 54				09 26					10 26			11 26				
Carfin		d			06 56					07 58				09 30					10 29			11 30				
Holytown		d	00 02		06 58					08 04				09 32					10 33			11 32				
Carstairs		d			05 48					07 45			08 32									11 10				
Carlisle	225	d	00 07		05 57								08 41									11 20				
Wishaw	225	d	00 14		06 07								08 51									11 27				
Motherwell	225	a	00 20		06 16			07 05		07 59			08 13	09 00								11 32			11 53	
Bellshill	225	d	00 05		06 18			07 06		08 01			08 14	09 00								11 33			11 54	
Uddingston	225	d	00 09		06 24			07 06		08 09			08 49	09 37	09 50							11 37			11 49	
Cambuslang	225	d	00 14		06 33			07 18		08 13			09 41									11 42				
Glasgow Central 165	225	a	00 26		06 42			07 29		07 52			08 20	09 19	09 10	09 56	10 10	10 14				11 54	11 57	12 09	12 12	12 42

	SR		SR	SR	SR	SR	XC	TP	SR	SR	SR		SR	SR	XC	TP	SR	SR	SR	SR	SR		XC	SR		
			G				◆	◆							◆	◆							◆			
Edinburgh 10	230,238,242	d	11 25		11 51	11 57	12 27	12 56	13 13		13 27	13 53	13 56		14 25	14 57	15 13		15 27	15 49	15 55	16 26	16 58	17 13	17 23	
Haymarket	230,238,242	d	11 31		11 57	12 01	12 31	13 02	13 17		13 31	13 57	14 01		14 31	15 01	15 17		15 32	15 53	16 01	16 30	17 02	17 18	17 31	
Slateford		d	11 35				12 35				13 36				14 36				15 35			16 34			17 36	
Kingsknowe		d	11 39				12 39				13 39				14 40				15 39			16 39			17 39	
Wester Hailes		d	11 41				12 41				13 42				14 42				15 41			16 41			17 42	
Curriehill		d	11 45				12 45				13 45				14 46				15 45			16 45			17 45	
Kirknewton		d	11 52				12 52				13 53				14 53				15 52			16 53			17 53	
Livingston South		d	11 57				12 17	12 57	13 18		13 57		14 16		14 58	15 17			15 57		16 15	16 57	17 17		17 58	
West Calder		d	12 02				12 22	13 02	13 23		14 03		14 21		15 03	15 22			16 02		16 20	17 02	17 22		18 03	
Addiewell		d	12 06				13 06				14 06				15 06				16 06			17 06			18 06	
Breich		d																								
Fauldhouse		d	12 13				13 13				14 13				15 13				16 13			17 13			18 13	
Shotts		d	12 18				12 35	13 18	13 36		14 19		14 34		15 19	15 35			16 18		16 33	17 18	17 35		18 19	
Hartwood		d	12 21				13 21				14 22				15 22				16 21			17 21			18 22	
Cleland		d	12 26				13 26				14 27				15 27				16 26			17 26			18 27	
Carfin		d	12 30				13 30				14 30				15 30				16 30			17 29			18 31	
Holytown		d	12 32				13 32				14 32				15 32				16 32			17 31			18 33	
Carstairs		d			12 47						14 33								16 32							
Carlisle	225	d			12 56						14 41								16 41							
Wishaw	225	d			13 03						14 53								16 57							
Motherwell	225	a			13 09			13 54			15 03				15 54				17 04						17 54	
Bellshill	225	d	12 37				12 48	13 37	13 50		14 37		14 47		15 37	15 46			16 36		16 46	17 35	17 48		18 37	
Uddingston	225	d	12 41				13 41				14 41				15 41				16 40			17 39			18 41	
Cambuslang	225	d																				17 44				
Glasgow Central 165	225	a	12 56		13 24	13 10	13 56	14 10	14 12	14 40	14 56	15 25	15 09		15 56	16 10	16 12	16 41	16 55	17 23	17 10	17 56	18 09		18 11	18 56

	SR	SR	SR	SR	SR	XC	TP		SR	XC	SR	SR	SR												
	G					◆	◆			◆															
Edinburgh 10	230,238,242	d	17 42	17 53	17 56	18 28	18 55	19 12			19 26	21 14	21 26	22 57	23 13										
Haymarket	230,238,242	d	17 47	17 58	18 02	18 33	19 01	19 17			19 31	21 19	21 30	23 01	23 18										
Slateford		d			18 07	18 37					19 35		21 35	23 05	23 22										
Kingsknowe		d			18 10	18 40					19 39		21 39	23 08	23 25										
Wester Hailes		d		18 04	18 13	18 42					19 41		21 41	23 11	23 27										
Curriehill		d		18 07		18 46					19 45		21 45	23 14	23 31										
Kirknewton		d		18 14		18 52					19 52		21 52	23 22	23 37										
Livingston South		d	18 19	18 25		19 17					19 57		21 57	23 26											
West Calder		d	18 24																						

Table T224-F

Sundays

9 December to 12 May

Edinburgh - Shotts, Carstairs, Motherwell and Glasgow Central

	SR	SR	SR	SR	SR	SR	SR	XC	SR		SR	TP	SR	SR	XC	SR	SR	SR	XC		SR	TP	SR	SR
	A	A					B	◇			C	◇		B	◇		C	B	◇			◇		C
								⚡				⚡			⚡							⚡		
Edinburgh 100	230,238,242	d					08 39	10 23			10 26			10 49	12 17		12 26	12 49	13 13					14 26
Haymarket	230,238,242	d					09 00				10 30			11 10	12 21		12 30	13 10	13 18					14 30
Slateford		d									10 34						12 34							14 35
Kingsknowe		d									10 38						12 38							14 39
Wester Hailes		d									10 40						12 40							14 41
Curriehill		d									10 44						12 44							14 45
Kirknewton		d									10 52						12 51							14 52
Livingston South		d					09 36				10 57			11 46			12 56	13 46						14 57
West Calder		d					09 52				11 02			12 02			13 01	14 02						15 02
Addiewell		d					09 59				11 06			12 09			13 05	14 09						15 06
Breich		d																						
Fauldhouse		d					10 14				11 13			12 24			13 12	14 24						15 13
Shotts		d					10 24				11 18			12 34			13 17	14 34						15 19
Hartwood		d					10 32				11 21			12 42			13 20	14 42						15 22
Cleland		d					10 40				11 26			12 50			13 25	14 50						15 27
Carfin		d					10 46				11 30			12 56			13 29	14 56						15 30
Holytown		d	00 01				10 54				11 32			13 04			13 31	15 04						15 32
Carstairs		d																						
Carluke	225	d	00 07																					
Wishaw	225	d	00 15																					
Motherwell	225	a	00 20																					
Bellshill	225	d	00 05	08 41	09 11	10 00	10 26	11s04	11 26		11 36	12 31	13s14		13 26	13 35	15s14				14 27		15 27	15 36
Uddingston	225	d	00 09	08 45	09 15	10 04	10 30	11s20	11 31		11 43	12 35	13s30		13 31	13 39	15s30				14 31		15 31	15 41
Cambuslang	225	d	00 14	08 50	09 20	10 09	10 35		11 36			12 40			13 36						14 35		15 35	
Glasgow Central 165	225	a	00 26	09 01	09 31	10 20	10 46	11 45	11 28	11 47	12 01	12 46	12 51	13 55	13 19	13 47	14 00	15 55	14 14		14 46	14 42	15 46	16 00

	SR	XC	SR	TP	SR		SR	SR	XC	SR	TP	SR	SR	SR	XC		TP	SR	SR	SR	SR	XC	GR	SR				
	B	◇	H	◇	G		C	B	◇	I	◇	G		C	B	◇	J	◇	G		C	B	◇	J	K			
		⚡		⚡	⚡				⚡	⚡	⚡					⚡	⚡	⚡					⚡	⚡				
Edinburgh 100	230,238,242	d	14 49	15 10			16 26	16 49	17 11					18 26	18 49	19 18					20 26	20 49	21 12	21 22				
Haymarket	230,238,242	d	15 10	15 14			16 30	17 10	17 15					18 30	19 10	19 23					20 30	21 10	21 17	21 26				
Slateford		d					16 34							18 34							20 34							
Kingsknowe		d					16 38							18 38							20 38							
Wester Hailes		d					16 40							18 40							20 40							
Curriehill		d					16 44							18 44							20 44							
Kirknewton		d					16 52							18 51							20 52							
Livingston South		d	15 46				16 57	17 46						18 56	19 46						20 57	21 46						
West Calder		d	16 02				17 02	18 02						19 01	20 02						21 02	22 02						
Addiewell		d	16 09				17 06	18 09						19 05	20 09						21 06	22 09						
Breich		d																										
Fauldhouse		d	16 24				17 13	18 24						19 12	20 24						21 13	22 24						
Shotts		d	16 34				17 18	18 34						19 18	20 34						21 18	22 34						
Hartwood		d	16 42				17 21	18 42						19 21	20 42						21 21	22 42						
Cleland		d	16 50				17 26	18 50						19 26	20 50						21 26	22 50						
Carfin		d	16 56				17 30	18 56						19 29	20 56						21 30	22 56						
Holytown		d	17 04				17 32	19 04						19 31	21 04						21 32	23 04						
Carstairs		d																										
Carluke	225	d																										
Wishaw	225	d																										
Motherwell	225	a	15 55						17 52							19 59							21 55	22 04				
Bellshill	225	d	17s14	15 56	16 18	16 22	17 20		17 53	18 20	18 22	19 22		20 02		20 22	20 24	21 20				21 56	22 05	22 20				
Uddingston	225	d	17s30	16 25	16 25	17 27	17 36	19s14	18 26		19 28	19 35	21s14			20 30	21 26	21 36	23s14					22 27				
Cambuslang	225	d		16 35	16 29	17 31	17 40	19s30	18 30		19 32	19 39	21s30			20 34	21 30	21 40	23s30					22 31				
Glasgow Central 165	225	a	17 55	16 12	16 44	16 42	17 44		17 59	19 55	18 13	18 45	18 44	19 46	19 59	21 55	20 20				20 40	20 48	21 44	21 59	23 55	22 12	22 26	22 45

- A not 9 December. From Edinburgh
- B until 24 March
- C from 31 March
- D until 30 December, from 17 February until 24 March. From Manchester Airport
- E From Leeds
- F From Sheffield
- G From Manchester Airport
- H From Birmingham New Street
- I From Bristol Temple Meads
- J From Plymouth
- K From London Kings Cross

Table T224-R

Mondays to Fridays

10 December to 17 May

Glasgow Central, Motherwell, Carstairs and Shotts - Edinburgh

Miles	Miles		SR MX	SR MX	SR MX	SR	XC C	SR	SR	GR D	SR	SR	SR	XC C	SR	SR	XC F	SR	SR	SR	SR				
0	0	Glasgow Central 15	225	d			06 01		06 16	06 48	07 00	07 05	07 13	07 48	08 03	08 17	09 00	09 03		09 17	09 33	10 03	10 16		
5%	—	Cambuslang	225	d					06 25				07 25												
8%	—	Uddingston	225	d					06 30				07 30			08 29					09 29			10 28	
11%	—	Bellshill	225	d					06 36		07 16		07 36		08 20	08 34		09 19			09 34		10 18	10 34	
—	12%	Motherwell	225	a			06 16		07 00	07 03		07 20		08 03			09 14					09 56			
—	—	Wishaw	225	d			05 59	06 17	07 00	07 05		07 21		08 08			09 15					09 57			
—	—	Carluke	225	d					07 07			07 33										10 03			
—	28%	Carstairs	225	d					07 17			07 40										10 09			
—	—	Holytown		d		00 01	06 06		06 40				07 40			08 40						09 39		10 39	
13%	—	Carfin		d	00 09	06 09			06 42				07 43			08 43						09 41		10 41	
14%	—	Cleland		d	00 17	06 13			06 46				07 47			08 47						09 45		10 45	
15%	—	Hartwood		d	00 27	06 19			06 52				07 52			08 53						09 51		10 51	
19%	—	Shotts		d	00 34	06 23			06 56		07 28		07 56		08 33	08 57		09 32				09 56	10 31	10 55	
20%	—	Fauldhouse		d	00 44	06 29			07 02				08 02			09 03						10 02		11 01	
24%	—	Breich		d									08 06												
26%	—	Addiewell		d	00 59	06 35			07 08				08 10			09 09						10 08		11 07	
28%	—	West Calder		d	01 06	06 39			07 11		07 40		08 13		08 45	09 12		09 44				10 11	10 43	11 10	
30%	—	Livingston South		d	00 02	01 22	06 45		07 16		07 45		08 18		08 49	09 17		09 49				10 16	10 48	11 15	
33%	—	Kirknewton		d	00 07	01 38	06 50		07 22		07 50	08 07	08 23			09 22						10 21		11 22	
36%	46%	Curriehill		d	00 01	01 52	06 56		07 28		07 56	08 12	08 29			09 28						10 27		11 28	
40%	49%	Wester Hailes		d	00 10	01 17	02 02	07 00	07 32			08 15	08 32			09 32						10 31		11 32	
42%	52%	Kingsknowe		d	00 18	01 19	02 10	07 03	07 34			08 17	08 35			09 34						10 33		11 34	
43%	53%	Slateford		d	00 23	01 23	02 15	07 07	07 38			08 20	08 38			09 38						10 37		11 38	
44%	54%	Haymarket	230,238,242	d	00 29	00 28	02 21	07 12	06 57	07 43	07 48	08 05	08 28	08 43	08 51	09 06	09 44	09 57	10 05			10 42	10 49	11 04	11 43
46	56	Edinburgh 10	230,238,242	a	00 49	00 32	02 42	07 16	07 01	07 48	07 52	08 11	08 34	08 49	08 56	09 11	09 50	10 01	10 12			10 47	10 53	11 10	11 48

			XC F	SR	SR	SR	SR	SR	XC C	SR	SR	SR	SR	SR	XC H	SR	SR	SR	SR	SR	XC J	SR	SR	SR	
Glasgow Central 15	225	d	11 00	11 03	11 16	11 45	12 03		12 16	13 00	13 03	13 16	14 03	14 06	14 16	15 00	15 03		15 16	15 47	16 04	16 16	17 00	17 02	17 18
Cambuslang	225	d																							
Uddingston	225	d		11 28				12 28			13 28			14 28					15 28			16 29		17 30	17 59
Bellshill	225	d	11 19	11 34		12 19		12 34		13 19	13 34	14 19		14 34		15 18			15 34		16 23	16 35		17 17	17 36
Motherwell	225	a	11 14		12 03			13 15				14 25		15 15					16 02			17 15			18 11
Wishaw	225	d	11 15		12 04			13 16				14 25		15 16					16 03			17 16			18 12
Carluke	225	d			12 09							14 31							16 17						18 19
Carstairs	225	d			12 15							14 38							16 28						18 25
Holytown		d		11 39			12 39			13 39			14 38						15 39			16 39			17 41
Carfin		d		11 42			12 42			13 41			14 41						15 42			16 42			17 43
Cleland		d		11 46			12 46			13 45			14 46						15 46			16 46			17 48
Hartwood		d		11 52			12 52			13 51			14 52						15 52			16 52			17 53
Shotts		d	11 31	11 56	12 32		12 56	13 32	13 55	14 32		14 56		15 31		15 56		16 36	16 56		17 30	17 57			18 03
Fauldhouse		d		12 02			13 02			14 01			15 02						16 02			17 02			18 03
Breich		d																							
Addiewell		d		12 08			13 08			14 07			15 08						16 08			17 08			18 09
West Calder		d	11 43	12 11	12 44		13 11	13 44	14 11	14 44		15 12		15 43		16 12		16 48	17 11		17 42	18 12			18 12
Livingston South		d	11 47	12 16	12 48		13 16	13 48	14 16	14 48		15 17		15 48		16 16		16 53	17 16		17 47	18 17			18 17
Kirknewton		d		12 21			13 21			14 21			15 23					16 25			17 23				18 22
Curriehill		d		12 27			13 27			14 27			15 29					16 31			17 29				18 28
Wester Hailes		d		12 31			13 30			14 30			15 32					16 34			17 32				18 32
Kingsknowe		d		12 33			13 33			14 33			15 35					16 37			17 35				18 34
Slateford		d		12 37			13 37			14 37			15 38					16 41			17 38				18 38
Haymarket	230,238,242	d	11 54	12 03	12 43	12 50	13 04	13 43	13 55	14 05	14 46	15 04	15 19	15 47	15 56	16 04		16 46	17 04	17 11	17 44	17 56	18 07	18 46	
Edinburgh 10	230,238,242	a	11 58	12 07	12 48	12 54	13 10	13 48	13 59	14 13	14 51	15 09	15 25	15 51	16 02	16 11		16 51	17 11	17 18	17 48	18 01	18 12	18 51	

- A until 22 March. From Glasgow Central
- B from 26 March. From Glasgow Central
- C To Plymouth
- D To London Kings Cross
- E To North Berwick
- F To Penzance
- G From Ayr
- H To Bristol Temple Meads
- I From Ayr to North Berwick
- J To Birmingham New Street
- K From Anderston

Table T224-R

Saturdays

15 December to 18 May

Glasgow Central, Motherwell, Carstairs and Shotts - Edinburgh

		SR		SR	XC ◇ A	SR	SR	SR	SR	SR	XC ◇ C	SR		SR	SR	SR	SR	XC ◇ E	SR	SR	SR	SR	XC ◇	SR	
Glasgow Central 165	225 d	12 03		12 16	13 00	13 03	13 16	14 03	14 06	14 16	15 00	15 03		15 16	15 46	16 04	16 16	17 00	17 02	17 18	18 03	18 16		19 00	19 07
Cambuslang	225 d																								
Uddingston	225 d			12 28		13 28					14 28			15 28			16 29		17 30		18 28				
Bellshill	225 d	12 19		12 34		13 19	13 34	14 19			14 34	15 18		15 34		16 23	16 35		17 17	17 36	18 19	18 33			19 22
Motherwell	225 a				13 15					14 25	15 15				16 02			17 15						19 14	
	d				13 16					14 25	15 16				16 03			17 16						19 15	
Wishaw	225 d									14 31				16 09											
Carluke	225 d									14 38				16 24											
Carstairs	d									14 52				16 34											
Holytown	d			12 39		13 39				14 38				15 39			16 39			17 41		18 38			
Carfin	d			12 41		13 41				14 41				15 42			16 42			17 43		18 40			
Cleland	d			12 45		13 45				14 46				15 46			16 46			17 48		18 45			
Hartwood	d			12 51		13 51				14 52				15 52			16 52			17 53		18 51			
Shotts	d	12 32		12 55		13 32	13 55	14 32		14 56	15 31			15 56	16 36	16 56			17 29	17 57	18 32	18 55			19 35
Fauldhouse	d			13 01		14 01				15 02				16 02			17 02			18 03		19 01			
Breich	d																								
Addiewell	d			13 07		14 07				15 08				16 08			17 08			18 09		19 07			
West Calder	d	12 44		13 11		13 44	14 11	14 44		15 12	15 43			16 11		16 48	17 11		17 41	18 12	18 45	19 11			19 47
Livingston South	d	12 49		13 16		13 48	14 16	14 48		15 17	15 48			16 16		16 53	17 16		17 45	18 16	18 49	19 16			19 51
Kirknewton	d			13 21		14 21				15 22				16 21			17 23			18 21		19 24			
Curriehill	d			13 27		14 27				15 28				16 27			17 29			18 27		19 30			
Wester Hailes	d			13 31		14 30				15 32				16 31			17 32			18 31		19 33			
Kingsknowe	d			13 34		14 33				15 34				16 33			17 35			18 33		19 36			
Slateford	d			13 38		14 37				15 38				16 37			17 38			18 37		19 39			
Haymarket	230,238,242 a	13 09		13 43	13 55	14 04	14 47	15 04	15 18	15 44	15 56	16 04		16 44	17 05	17 09	17 43	17 55	18 03	18 42	19 05	19 45		19 53	20 09
Edinburgh 10	230,238,242 a	13 14		13 47	13 59	14 10	14 52	15 09	15 24	15 49	16 00	16 10		16 52	17 12	17 15	17 49	18 00	18 09	18 46	19 11	19 53		20 00	20 15

		SR	SR B	SR	SR																				
Glasgow Central 165	225 d	19 16	19 46	21 16	23 03																				
Cambuslang	225 d				23 12																				
Uddingston	225 d	19 28		21 29	23 17																				
Bellshill	225 d	19 34		21 34	23 23																				
Motherwell	225 a		20 03																						
	d		20 04																						
Wishaw	225 d		20 10																						
Carluke	225 d		20 16																						
Carstairs	d		20 25																						
Holytown	d	19 41		21 40	23 27																				
Carfin	d	19 43		21 43	23 29																				
Cleland	d	19 47		21 47	23 33																				
Hartwood	d	19 53		21 52	23 39																				
Shotts	d	19 57		21 56	23 43																				
Fauldhouse	d	20 03		22 02	23 49																				
Breich	d																								
Addiewell	d	20 09		22 08	23 55																				
West Calder	d	20 12		22 12	23 58																				
Livingston South	d	20 17		22 17	00 03																				
Kirknewton	d	20 23		22 25	00 10																				
Curriehill	d	20 29		22 31	00 16																				
Wester Hailes	d	20 32		22 35	00 19																				
Kingsknowe	d	20 35		22 37	00 22																				
Slateford	d	20 38		22 41	00 26																				
Haymarket	230,238,242 a	20 47	20 51	22 46	00 31																				
Edinburgh 10	230,238,242 a	20 52	20 55	22 50	00 35																				

Sundays

9 December to 12 May

		SR	SR	SR	SR	SR	XC ◇ I	XC ◇ A	SR	SR		SR	XC ◇ I	SR	SR	SR	SR	XC ◇ I	SR	SR	SR	SR	XC ◇ I	SR	SR	SR
		F	G	G	H	G	I	A	G	H		G	A	G	H	G	C	G	H	G		E	G	H	G	
Glasgow Central 165	225 d		08 16		10 16	10 16	10 55	12 02		12 16		12 16	13 48		14 16	14 16	14 55		16 16	16 16		16 55		18 16	18 16	
Cambuslang	225 d																									
Uddingston	225 d		08 41		10 28	10 41				12 29		12 41		14 29	14 41				16 28	16 41				18 28	18 41	
Bellshill	225 d		08 56		10 34	10 56				12 34		12 56		14 34	14 56				16 34	16 56				18 33	18 56	
Motherwell	225 a						11 13	12 17					14 02				15 12					17 12				
	d						11 14	12 18					14 03				15 13					17 13				
Wishaw	225 d																									
Carluke	225 d																									
Carstairs	d																									
Holytown	d	09 07		10 38	11 07					12 39		13 07		14 40	15 07				16 41	17 07				18 40	19 07	
Carfin	d	09 15		10 40	11 15																					

